

# THE BFUU COMMUNICATOR

## Berkeley Fellowship of Unitarian Universalists

January 2016

## **Upcoming Sunday Services**

Services at 10:30 a.m.

#### **January 3: Gratitude**

Marsh Agobert, Guest Worship Leader

Gratitude is among the highest and most exquisite experiences we human beings can have. Yet it can provide far greater depth than we allow ourselves. Take a moment, at any time before the service to consider a few of those people, things or moments for which you feel grateful, and perhaps even why. We will have a gratitude ritual to honor and celebrate all the wonderful contributions made to our beloved spiritual home of BFUU.



### January 10: Death, Destruction, and Dumbledore

Satya Tabachnick, Guest Worship Leader

Death is something that we all have in common. As we enter into magical realms where maybe Death isn't permanent or necessary, let's consider what a world without death might look like and whether we would like it. Taking inspiration from Harry Potter and related works, we will delve into different perspectives on death from atheist scientists and mystical old wizards.

## January 17: Beyond Imperialism: Dr. King on War and Peace

Paul Rockwell, Guest Worship Leader

Are the teachings of Dr. King relevant to an age of climate change, a time of corporate globalization and blowback? Paul Rockwell, who was at Riverside Church when America's greatest peacemaker delivered his anti-imperialist, soul-searing address, April 4, 1967, will share his thoughts.





### January 24: Between Melting and Freezing

Rev. Dr. Jeanne Foster, Guest Worship Leader

We often feel buffeted between crisis and crisis, problem and problem, issue and issue. How do we find moments of rest, times of peace, in a

fast-paced, crisis-torn world? In a passage from the Four Quartets, T. S. Eliot writes: "Between melting and freezing / The soul's sap quivers. / The dumb spirit stirs." This poet, who is part of our UU tradition, has wisdom to offer us about living in the "between" times.

## January 31: Songs of Leonard Cohen sung by The Conspiracy of Beards



The male choir, The Conspiracy of Beards, performs dynamic, original, a cappella arrangements of the poetic songs of Leonard Cohen. Drawing on influences ranging from jazz and gospel to barbershop and doo-wop, the unique arrangements that choir members create capture all of the emotion and humor of Leonard

Cohen's original music and inspire audiences to ponder common human experiences. Some of the songs in the service will be Suzanne, Hallelujah, Come Healing and If It Be Your Will.

## Board of Trustees Report



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Reverend Earl Koteen
Community Minister

Susan Macke
Office Coordinator
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#### **Board of Trustees**

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Ben Burch, *Treasurer*Doertlis (Lis) Schultz-Allen
Sylvia Scherzer, *Recording Sec'y* 

Nanci Armstrong-Temple (alternate) Frankie Hill (alternate)

What is the Purpose of the Church? Rev. Dr. Jonipher Kwong

Wednesday January 6, 2016 | 6:30-7:30 pm PT

What Makes a Compelling Mission Statement?

Rev. Robert Latham

Friday February 12, 2016 | 6:30-7:30 pm PT

#### Dear BFUUers,

I hope your holiday season was warming, communing, and joyful.

#### **Process of Discernment**

Our upcoming Process of Discernment workshop weekend dates have been defined. Please mark your calendars for the following

weekends:

February 5 – February 7 March 11 – March 13 April 8 – April 10

While Fridays will most likely be workshops for leaders from the Board and various Committees, workshops on Saturdays and Sundays will be directed toward the whole congregation. Sundays of each weekend will include a sermon by either Jared Finkelstein or Gregory Rouillard.

It just so happens that the Pacific Western Region is putting on a series of four webinars next month that dovetail nicely with some of our goals for the Process of Discernment workshops starting in February.

#### Strategic and Healthy Congregation Webinar Series

The first webinar series is entitled: *Thinking Strategically: Exploring Mission, Vision, and Ends.* For one nominal fee, the whole congregation (or as many as are willing and able) can attend the live series here at our Fellowship on the following dates:

Breaking Through Barriers with Joy!

Rev. Katie Kandarian-Morris

Thursday March 3, 2016 | 6:30-7:30 pm PT

Heaven Knows Where We Are Going, But Do We?

Rev. Dr. Jonipher Kwong

Thursday March 24, 2016 | 6:30-7:30 pm PT

A second series entitled **Developing Healthy Congregations** will screen on the following dates:

Introduction to Conflict Dynamics

Janine Larsen

Thursday | January 7, 2016 6:30-7:30 pm PT

Revisiting Committees on Shared Ministry

Rev. Nancy Bowen

Thursday January 28, 2016 | 6:30-7:30 pm PT

Untangling the Triangles PNWD Healthy Congregations Team

Date to be determined

Living Out the Covenant of Right Relations

PNWD Healthy Congregations Team

These webinars will be free to all BFUU members and friends. If we have enough interest for each series (at least 8 people), we will schedule a location to screen the webinar on site. Please let Pam Norton, Board of Trustees president, know ASAP if you are interested, either by email (pcnorton@yahoo.com) or by contacting the BFUU office staff (office@bfuu.org / 510-841-4824).

I'm very much looking forward to our journey together into the New Year!

With faith and hope (and perseverance),

Pam Norton

President, BFUU Board of Trustees

## Process of Discernment Report

Dear BFUU Family,

We are so looking forward to the first of three Beloved Community weekends focused on our church discernment process. Mark your calendars for the dates included in our President's Report-1st weekend in February; 2nd weekends in March and April. (Dates on page 2 of this newsletter.)

As most of you know, we have contracted with Jared Finkelstein and Gregory Rouillard of Living Seven Principles (http://www.livingsevenprinciples.com/). Their role is to help facilitate BFUU in our process of becoming more clear about what we want to be and do in our congregation and in the world. During the course of the weekends, we will craft the following:

- a. Vision Statement: A clear articulation of the congregation's dream of itself as the members want it to be.
- b. Mission Statement: What congregants do among themselves to accomplish this vision; the congregation's internal focus, structures and processes.
- c. Aim Statement: The products or services the congregation provides to itself and to the world; the congregation's external focus.
- d. A clear decision about ministerial strategies for the next five years (or other meaningful time period).
- e. Characteristics of the ideal Minister for BFUU, articulated as a Ministerial Profile for direct inclusion in any future Ministerial Search Process.

Their facilitation style incorporates many different modalities, and this particular process was designed with and for us using a traditional Buddhist Ground-Path-Fruition sequence. The description of the phases, from Gregory and Jared, are:

- Phase I: Ground. Aim: Gather information; create an environment of safety, trust and respect; establish relational norms for the process.
- Phase II: Path. Aim: Deepen connection and skills; develop effective structures and processes; surface challenges and obstacles to progress.
- Phase III: Fruition. Aim: Refine and finalize outcome documents; establish ongoing structures and processes; celebrate achievements and determine next steps.

We encourage all members and friends who consider themselves part of this community to carve out the time to attend as much of the weekend as possible. If you consider yourself a BFUU leader, please make sure to attend the Friday night leaders workshops/mixer. And all members and friends are invited to all weekend events.

More details are to come, and if you'd like to help plan please contact me, the Discernment Task Force Chair. This first weekend is being planned both by the DTF and the IRRC, with input from other committees and members.

For now, here is the schedule for weekend one (Feb 5-7), "Ground" Phase:

- Friday 6pm-9 pm: Dinner and Mixer and Leadership Pre-Workshop
- Saturday 10am-6 pm with a lunch break
- Sunday 10:30am-3:30pm: Sunday service with Gregory and Jared as an integral part. Lunch and workshop following the service

Childcare and lunch will be included for everyone who RSVPs.

Please let me know by January 30th if you plan on attending the first weekend so that we can order enough food and have enough childcare. If you RSVP after January 30th you are welcome to attend but you may need to bring your own food. And please include dietary restrictions and allergies for yourself (and any children you plan on bringing) in your RSVP.

In community,

Nanci Armstrong-Temple
Discernment Task Force Chair
Fraggle94@gmail.com / 510-301-5073

## Social Justice in the Heart of Berkeley Playlists!

Explore our YouTube "SOCIAL JUSTICE IN THE HEART OF BERKELEY" Playlists! The Social Justice Committee's YouTube video project has new playlists! We have a lot more for you to explore! Go to https://www.youtube.com/user/bfuusocialjustice/playlists and check them out!

We have over 40 documentary playlists that you may enjoy at your convenience at home - everything from "The Politics of Trees" to the latest problems coming out of Fukushima, Japan. If a documentary is posted to YouTube, we can add it to a playlist, so recommendations are welcome!

We also have 20 videos in our "Tom Paine: Courageous Revolutionary Writer" Playlist

Our latest playlist is being posted as people put songs up on YouTube from our latest music event: "Berkeley Phil Ochs 75th Birthday Tribute." The entire four hour concert is posted there among the posts of individual songs performed. Much of the set up time of the 16 performers and photos and text are added to the YouTube version saved from the Vic Sadot Concert Window live stream.

Vic Sadot

## View From Rooms@bfuu.org



In the past few months we've had some terrific new tenants come in to rent space with us for ongoing events, due to losing their previous homes.

StressCare's mission is to give people the tools they need to reduce stress and pain and to live a full, rewarding life through mindfulness-based stress reduction techniques (MBSR). MBSR is a low cost, evidence based behavior health intervention for stress and main management pioneered by Jon Kabat-Zinn, Ph.D., author of "Full Catastrophe Living", among other titles. David Weinberg is offering a discount to BFUU members, as well as a partial scholarship to BFUU staff members. Ongoing classes will be on Tuesday nights and Wednesday mornings starting in January. More info at http://stresscaretraining.org/

The beloved Bay Area Nonviolent Communication will begin holding both weekly classes and twice monthly workshops at BFUU. Starting in January they have scheduled two classes per week on Empowered Communication, Tuesday and Monday nights, plus two monthly Saturday workshops. This is a terrific, incredibly local resource available to the BFUU community! You can get more information about their specific offerings here at their website, http://baynvc.org/

These two organizations join with all our heartful, educated, and insightful ongoing rental clients here at the Fellowship. Please say hi and introduce yourselves as members when you are sharing the buildings with them.

May you and yours enjoy a peaceful and joyful holiday season together and I'll see you in 2016!

Deborah Hamouris Event Space Coordinator

## **Regular Committee Meetings**

Buildings & Grounds Meets once per month, contact Ben Burch

Finance
3rd Thursday at 4:30 PM
in the Fireside Room

Hospitality, Caring and Membership 4th Sunday at 12:30 PM in Fellowship Hall

Religious Education
3rd Sunday after services
in the Courtyard

Social Justice
1st & 3rd Sunday 12:30 PM
in the Preschool Room

Sunday Services
1st Tuesday at 7 PM
in the Preschool Room

### Featured BFUU Events

The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall. The Preschool rooms are only reservable by BFUU groups and are accessible on the ground level of our Religious Education Building(1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms on the second floor of our Religious Education Building (1606 Bonita Ave.) are not wheelchair accessible.

### **Transition Berkeley Presents: "Climate Action Now"**

Thursday, January 7 at 6:30 PM refreshments, 7 PM program in Fellowship Hall-1924 Cedar St.



What really happened at the Paris Climate Talks and what does it mean now that they are over? Hear first hand from Kathy Dervin, 350 Bay Area, Andy Katz, Sierra Club, Tom & Jane Kelly, representing CCA (community choice energy.)

Why does local action matter? Learn about the City of Berkeley's progress in reaching its climate action goals and how YOU can take action now through the Transition Streets program and the Berkeley Climate Action Coalition.

**Bring your questions and ideas** on how we're going to transition to a lower carbon, more equitable and connected future. Please feel free to bring a snack to share (ditching plastics if you can).

This event is co-sponsored by Transition Berkeley, the BFUU's Social Justice Committee, the Ecology Center and the Berkeley Climate Action Coalition. For info: www.transitionberkeley.com

Cost: Suggested Donation \$5-20. No one turned away for lack of funds!

#### **BFUU Open Mic featuring Lawson Barnes**

Friday, January 8 at 7 PM in Fellowship Hall—1924 Cedar St.

Join us for BFUU's monthly Open Mic night! First come, first choice of 10-minute slots, available all evening or until the slots fill up. Featured Artist performs around 8:30 PM.

Lawson Barnes is the music minister at Grace North Church in Berkeley. He is a singer/songwriter/guitar player who dabbles with the banjo, mandolin and ukulele and is intrigued by the Autoharp.



January's Host Lauren Renée Hotchkiss is a singer/ songwriter/composer/arranger, multi-instrumentalist, writer, and playwright. She is a MA Div student at PSR, and plays music and leads services at a handful of local churches.



Suggested donation \$5 – \$20. No one turned away for lack of funds! Volunteers welcome!

#### 2016 New Beginnings: Activating for The Best Year Ever!

Sunday, January 10 at 4:30 - 9 PM (potluck\* 6-7 PM) in Fellowship Hall — 1924 Cedar St.



Shut Gitmo; Prosecute Torture Now!

Guantanamo 14th Year Anniversary Program will feature speakers and legal, justice, human rights and peace group efforts to shut Guantanamo Prison and push for prosecution of torture policy makers, including Berkeley's own John Yoo and 9th Circuit Judge Jay Bybee.

Sponsors: Codepink Women for Peace, BFUU SJC, Veterans for Peace, No More Guantanamos, Meiklejohn Civil Liberties Institute, Center for Constitutional Rights, ACLU, National Religious Campaign Against Torture, others being added.

\*Vegetarian or Vegan preferred, please provide list of ingredients.

### Featured BFUU Events

#### Conscientious Projector Film Series: "Pray the Devil Back to Hell"

Thursday, January 14 at 7 PM in Fellowship Hall-1924 Cedar St.

A film by Abigail E. Disney and Gini Reticker

The untold story of the everyday women who brought a warring nation to its senses, armed only with the courage of their convictions is an uplifting and inspiring as well as enraging story of a group of Muslim and Christian women, rich and poor, urban and rural, who bring peace to their beloved but war-torn Liberia. This unsung ac hievement is gripping suspenseful and ultimately incredibly satisfying. Touching and

even funny this film will stay with you for years. In the words of Archbishop Tuttu it "captures the power each of us innately has within our souls to make the world a far better, safer, more peaceful place." A wonderful way for our Congregation to being the New Year.

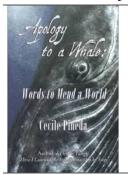
Suggested Donation \$5 - \$20. No one turned away for lack of funds.



Tuesday, January 19 at 6 PM potluck\*, 7 PM Forum in Fellowship Hall-1924 Cedar St.

At the BFUU event on October 30, 2015, Escalating Inequality Forum: Police Responsibility and Accountability, a motion was made and seconded, then passed by majority acclaim by approximately 50 attendees, calling for the Berkeley City Council to address nine specific points. There were no objections to four amendments that were proposed, moved, and seconded. Many thanks to our distinguished panel: Ms. Richie Smith, Ms. Andrea Pritchard, Ms. Amanda Weatherspoon and Mr. Jessie Arreguin for their significant contribution in this endeavor. Great big kudos and hugs to our very own Phoebe Sorgen for putting the above motion together and helping get it to the Berkeley City Council for their December 15th meeting. The next forum will address WHO enters the Police Academy, in the first place; and adding teeth to the Police Review Commission. Addressing these issues should help wrap up Police Accountability concerns.

\*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can and avoid those they can't.



## Apology to a Whale: Words to Mend a World

Newly Published Work by Cecile Pineda Sunday January 24 at 7 PM in Fellowship Hall – 1924 Cedar St.

Cecile Pineda will talk about how she came to write Apology to a Whale: Words to Mend a World, and how her message relates to all those speaking English and other European languages in terms of our cultural and technological impacts on the planet.

### The 2016 Tom Paine Courageous Spirit Celebration

Friday, January 29 at 6 PM in Fellowship Hall—1924 Cedar St.

Annual Fellowship gathering for the reading of quotations from Common Sense, The Crisis Papers, The Rights of Man, The Age of Reason, and Paine's many letters of correspondence. It is always inspiring! Every year we put Tom Paine quotations in a hat or a basket. Audience members pick them at random and then take turns reading them over the microphone. We have relevant music, and we discuss how Paine's writings ring true today.



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## Recurring/Ongoing BFUU Events

#### T'ai Chi & Qi Gong with Gene Herman

Mondays, 4-5 PM in the Connie Barbour Room – 1606 Bonita Ave. Wednesdays, 4-5 PM in the Connie Barbour Room – 1606 Bonita Ave.

This practice improves health and well-being at any age.



#### **Elders Circle**

Tuesday January 5, 11 AM in Fellowship Hall-1924 Cedar St.

The BFUU Elders Circle meets at 11:00 AM on First Tuesdays in Fellowship Hall.

#### Wind Song West Cafe - Cancelled for January

Will resume in February

#### **BFUU Second Sundays Potluck**

Sunday January 10, after service (around 12:30 PM) in Fellowship Hall-1924 Cedar St.



Come one, come all! Whether you have a dish to share\* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome to join us.

\*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can and avoid those they can't.

### **Pub Theology**

Friday January 15 at 7:00 PM at Au Coquelet (2000 University Ave., Berkeley)
BFUU's young adult group meets monthly at Au Coquelet. Please contact
Nanci Armstrong Temple or Dominic Jeffries for more information.





#### **BFUU Game Night**

Monday January 18 at 7 PM in Preschool Kitchen - 1606 Bonita Ave.

Please join us for board games and conviviality! All ages - children are welcome! This space is wheelchair accessible.

### BFUU SpiritUUal Contemporaries (Note: moving to 3rd Thursdays in January 2016)

Thursday January 21, 7 PM in the Benjy Room-1606 Bonita Ave.

SpiritUUal Contemporaries at BFUU, an open covenant group for self-defined middle adults, welcomes those who would like to experience open covenant small-group worship. Please contact Nanci Armstrong-Temple, fraggle94@gmail for more information.

### **BFUU Board Meeting**

Thursday January 28 at 7:00 PM in the Preschool Room – 1606 Bonita Ave.

## Other Community Events held at BFUU

#### **Empowered Communication**

In this 5-week course, you'll learn to:

- \* Communicate clearly and effectively
- \* Build stronger relationships with others (and with yourself!)
- \* Navigate even difficult conversations

Useful at work, at school, with your family, in line at the grocery store, and wherever you interact with people!

Empowered Communication, Tuesdays, January 5th, 6pm-9pm

http://baynvc.org/event/empowered-communication-a-5-week-series-with-meganwind-eoyang-tuesdays/

Empowered Communication, Mondays, January 25th, 6pm-9pm

http://baynvc.org/event/empowered-communication-a-5-week-series-with-meganwind-eoyang-mondays/

TO REGISTER contact Meganwind Eoyang with your name, phone/s, email and date of class: meganwind @baynvc.org, or 707-775-7178. No class on 2/15/2015, Presidents Day.



"IMPROMPTU" Album Release Concert

Friday, January 22 at 8 PM in Fellowship Hall – 1924 Cedar St.

Tim White began study of the sitar with Ali Akbar Khan in 1975 and was an instructor at the Ali Akbar College of Music for many years. As a solo sitarist, White has performed in India, Europe, Canada and the U.S., and has composed for and accompanied classical dancers of India, including Chitresh Das, Mytili Kumar, Vijay Shankar, Anuradha Nag, Anjani Ambegaokar, and Sandhya Desai.

The musical career of guitarist Jack Gates includes live performance, recording, composition and music production in Northern California. From early studies with masters of Jazz, Classical, Latin and North Indian music, Jack has developed a broad range of guitar styles.

Tickets \$15 advance / \$20 day of show available at www.acousticmusicberkeley.com

#### Acoustic Music Berkeley presents Josh Gallup and Friends - My Wolf & I

A Concert Benefiting M.J.F.F. (the Michael J. Fox Foundation for Parkinson's Research) Saturday January 30 at 8 PM in Fellowship Hall – 1924 Cedar St.

Josh Gallup was diagnosed with Parkinson's disease (PD) in 1987 at the age of 44. The songs in this concert are about his experience with PD including the difficult issues as well as the inspiration that has come from this time in his life. With the assistance of good friends and excellent musicians he's able to put together a concert to benefit the foundation that provides hope and inspiration for many.

Tickets \$15 advance available at www.acousticmusicberkeley.com



www.FirecrackerMath.org

Firecracker Math offers an extra-curriculum program that will help your child to build a solid foundation and understanding of mathematics. Students will learn and explore math concepts and problem-solving techniques. Theoretical instruction is combined with practical exercises and group discussions that employ games, puzzles, and paradoxes.

- · Grades K-10
- · Small groups and individual approach
- · Experienced and enthusiastic teachers
- · Intellectually stimulating environment



Fellowship Calendar January 2016						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					January 1, 2016 NEW YEAR'S DAY OFFICE CLOSED	9 am ASCA 6 pm Augustine Fellowship
3 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm SJC Mtg* 8 pm AA Mtg	4 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6:30 pm Soul Motion	5 7:30 am Augustine Fellowship 11 am Elders Circle* 6 pm Empowered Communication 7 pm AA Men's Mtg 7 pm Sun Svc Committee Mtg*	6 7:30 am Soul Motion Mornings 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg	7 11:45 am AA Meditation 7 pm Film: Climate Action Now*	8 7 pm BFUU Open Mic: TBD*	9 9 am ASCA 6 pm Augustine Fellowship
10 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm 2nd Sunday Potluck* 4:30 pm Gitmo Anniv*	11 4 pm Tai Chi/ Qigong* 6 pm AA Men's Mtg 6 pm Tai Chi Chuan 6:30 pm Soul Motion 6:30 pm Empowered Intro	7:30 am Augustine Fellowship 4:30 pm Sunflower Alliance 6 pm Empowered Communication 7 pm AA Men's Mtg	13 7:30 am Soul Motion Mornings 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Core Connexion	14 11:45 am AA Meditation 4:30 Finance Committee Mtg* 7 pm Film: Pray the Devil Back to Hell*	15 7 pm Pub Theology at Au Coquelet*	16 9 am ASCA 6 pm Augustine Fellowship
17 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm SJC Mtg* 12:30 RE Mtg* 8 pm AA Mtg	18 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6:30 pm Soul Motion 7 pm Game Night*	19 7:30 am Augustine Fellowship 6 pm Empowered Communication 7 pm AA Men's Mtg 7 pm CSAI Accountability 2*	20 7:30 am Soul Motion Mornings 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg  February Communicator Deadline!	21 11:45 am AA Meditation 7 pm SpiritUUal Contemporaries*	22 8 pm Acoustic Music Berkeley	23 9 am ASCA 6 pm Augustine Fellowship
9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 Hospitality, Caring and Membership Mtg* 8 pm AA Mtg	25 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm Empowered Communication 6 pm AA Men's Mtg 6:30 pm Soul Motion	26 7:30 am Augustine Fellowship 4:30 pm Sunflower Alliance 7 pm AA Men's Mtg	27 7:30 am Soul Motion Mornings 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Core Connexion	28 11:45 am AA Meditation 7 pm BFUU Board Meeting*	29 6 pm Tom Paine Celebration*	30 9 am ASCA 6 pm Augustine Fellowship 8 pm Acoustic Music Berkeley
24 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 7 pm Apology to A Whale/Cecile Pineda 8 pm AA Mtg		В	i HAPAY.	AY Elino	Harwood or Roberts ley Taylor	



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<sup>\*</sup> denotes Fellowship event

## Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

#### **BFUU OFFICE HOURS**

Monday - Friday: 11 a.m. to 5 p.m.

#### **BFUU STAFF**

Deborah Hamouris - Event Space Coordinator

Phone: 510-841-4824, ext. 3 Office Days: Tue, Wed, Fri Email: rooms@bfuu.org

Tue, Wed, Fri

Susan Macke - Office Coordinator Phone: 510-841-4824, ext. 1 Office Days: Mon, Tue, Thu, Fri

Email: office@bfuu.org

#### SUBMISSION DEADLINE FOR NEXT COMMUNICATOR: January 20

Please email newsletter@bfuu.org with submissions.

### **Address Correction Requested**

Berkeley Fellowship of Unitarian Universalists 1606 Bonita Ave. Berkeley, CA 94709