

THE BFUU COMMUNICATOR

Berkeley Fellowship of Unitarian Universalists

February 2016

Upcoming Sunday Services

Services at 10:30 a.m.

February 7: Embodied Compassion

Gregory Rouillard, Guest Worship Leader

What does the word “compassion” mean to you? How do you experience compassion in your life? Join guest worship leader Gregory Rouillard, M.Div., for an embodied exploration of the practice of compassion in everyday life and everyday encounters. This “sermon” will get you out of your seat and interacting with other people in a deep and meaningful way.



February 14: Agape, A Butterfly Story

Rev. Meg Whitaker-Greene, Guest Worship Leader

“Valentine’s Day” also known as “V-Day” has many aspects. This story is of an experience in nature between seemingly “different” creatures. The sermon explores unconditional love, an instrumental presence in Unitarian Universalist Fellowship and in respect for the Universal Web of All Existence. Susannah Wood who is a community theater activist, actor, director and will sing during this service.



February 21: Two Francises and Creation

Sarah Hennessey, Guest Worship Leader

Francis of Assisi had an experience in the 1200s that turned his life upside down and led him to live radical poverty and joy. We will tell some stories of the man who set the world on fire. Why did he really talk to birds? What happened when he went to Jerusalem? How did he convert a wolf to peace? This summer another man has followed in his footsteps. Pope Francis says that Francis of Assisi is the model of “the inseparable bond between concern



for nature, justice for the poor, commitment to society, and interior peace.” We will explore basic principles from Pope Francis’ document on ecology and just living, “On Care for Our Common Home,” and what are the implications for us today.

February 28: For All That Is, I Am Grateful

Rev. Matthew McHale Guest Worship Leader

Cultivating gratitude is one of the simplest and most transformative spiritual practices. Being grateful leaves us happier, healthier, improves our relationships, and helps us feel connected to something larger than ourselves. But how can we find gratitude when life isn’t going well? In the face of widespread suffering, can gratitude help us be a force for healing and justice in the world?





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Board of Trustees Report

Dear Fellow/Sister BFUU's,

Reflecting on what we have said we wanted manifested in our UU fellowship, I am impressed by how much we have accomplished over the last 9 months. We said we needed more ministering of those who are sick, isolated, and/or struggling with difficult issues, and Rev. Carrie Knowles has come on board, creating a holding space and a listening ear for all members in need every Tuesday. We said we wanted more diverse music in our services and our choir director Dominic Jeffries and multiple talented musicians have provided us with a widening range of music with energy and joy. We said we needed a regular minister twice a month to provide continuity and Rev. Marsh Agobert has provided that anchoring presence with humor and creative engagement while helping us to reflect on some deep philosophical perspectives. We have had fantastic lay leaders providing sermons twice a month, some from Starr King and some from our own ranks, on a great diversity of topics, all of which touch our hearts and minds. We said we wanted a minister in the future and were very explicit about what qualities we would like to have and the Board is in the process of working on the search process for an interim minister. We wanted healing and increased community and we are poised on the brink of an exciting engagement of all congregational members in Beloved Community where we will redefine our mission, refocus our vision, and direct our aims both within and beyond our walls over the next three months. We need all hands on deck for this important defining process. We can't say for certain where are headed but we are certainly not standing still. We are living into our principles, one step at a time.

In love and service,

Pam Norton

BFUU Board of Trustees President

Regular Committee Meetings

Buildings & Grounds

*Meets once per month,
contact Ben Burch*

Finance

*3rd Thursday at 4:30 PM
in the Fireside Room*

Hospitality, Caring and Membership

*4th Sunday at 12:30 PM
in Fellowship Hall*

Religious Education

*3rd Sunday after services
in the Courtyard*

Social Justice

*1st & 3rd Sunday 12:30 PM
in the Preschool Room*

Sunday Services

*1st Tuesday at 7 PM
in the Preschool Room*

Process of Discernment Report

Dear BFUU Family,

We are so looking forward to the first of three Beloved Community weekends focused on our church discernment process. Mark your calendars for the dates included in our President's Report: the 1st weekend in February (2/5–2/7); 2nd weekends in March (3/11–3/13) and April (4/8–4/10).

As most of you know, we have contracted with Jared Finkelstein and Gregory Rouillard of Living Seven Principles (www.livingsevenprinciples.com). Their role is to help facilitate BFUU in our process of clarifying what we want to be and do in our congregation and in the world.

During the course of the weekends, we will craft the following:

- a. *Vision Statement*: A clear articulation of the congregation's dream of itself as the members want it to be.
- b. *Mission Statement*: What congregants do among themselves to accomplish this vision; the congregation's internal focus, structures and processes.
- c. *Aim Statement*: The products or services the congregation provides to itself and to the world; the congregation's external focus.
- d. A clear decision about ministerial strategies for the next five years (or other meaningful time period).
- e. *Ministerial Profile*: Characteristics of the ideal Minister for BFUU, articulated for direct inclusion in any future Ministerial Search Process.

We may also work on (re)consideration of our Budget and Covenant, as time and planning allows.

Jared and Gregory's facilitation style incorporates many different modalities, and this particular process was designed with and for us using a traditional Buddhist Ground-Path-Fruition sequence. The description of the phases, from Gregory and Jared, are:

Phase I—Ground. Aim: Gather information; create an environment of safety, trust and respect; establish relational norms for the process.

Phase II—Path. Aim: Deepen connection and skills; develop effective structures and processes; surface challenges and obstacles to progress.

Phase III—Fruition. Aim: Refine and finalize outcome documents; establish ongoing structures and processes; celebrate achievements and determine next steps.

We encourage all members and friends who consider themselves part of this community to carve out the time to attend as much of the weekend as possible. If you consider yourself a BFUU leader, please make sure to attend the Friday night leaders' workshops/mixer. And all members and friends are invited to all weekend events.

More details are to come, and if you'd like to help plan please contact me, the Discernment Task Force Chair. This first weekend is being planned both by the DTF and the IRRC, with input from other committees and members.

Here is the schedule for weekend one (Feb 5-7), "Ground" Phase:

- Friday 6pm-9pm: Dinner and Mixer; Leadership Pre-Workshop
- Saturday 10am-6pm: Daylong workshops with a lunch break, as well as several breaks for snacks, stretching, singing, etc.
- Sunday 10:30am-3:30pm: Sunday service with Gregory: "Embodied Compassion". Lunch and workshop following the service.

Childcare and lunch will be included for everyone who RSVPs.

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CSAI Escalating Inequality: Accountability Forum Resolution

Passed by consent on Tuesday January 19, 2016 at the CSAI Accountability Forum 2, held at Fellowship Hall, presented to the Berkeley City Council at their meeting on Tuesday Jan. 26, 2016.

Resolution for Police Reform

WHEREAS, Unitarian Universalist congregations covenant by our Principles to honor the inherent worth and dignity of all persons, to affirm and promote justice, equity and compassion in human relations, to uphold the use of democratic process, the goal of peace, justice, and world community, and respect for the interdependent web of existence; and

WHEREAS we the citizens of the City of Berkeley in order to attain an educated, responsible, accountable, and non-militarized Police Department, acknowledge the need for Community Policing, and hereby present this Resolution to the Berkeley City Council;

THEREFORE BE IT RESOLVED:

- * That the City of Berkeley give preference to hiring Berkeley residents for our Police Department.
- * All recruits, prior to entering the Police Academy, be tested for [working] knowledge of the rights of citizens and residents enshrined/acknowledged in the U.S. Constitution and the Bill of Rights.
- * That all recruits undergo and pass an independent psychological evaluation regarding previous emotional history, especially in regard to violent military experiences, including PTSD trauma, as well as, bigotry and or bullying tendencies. The test should be done on an initial and periodic basis.
- * Mental health counseling by independent professionals should be available and required for officers who display antisocial uncivilized behavior towards residents.
[oversight of this process by the Police Review and Peace and Justice Commissions]
- * That all recruits be trained in and acknowledge the requirement to **respect the rights** of all persons, with special attention to persons of color, the poor, the homeless, the LGBTQ community, and those with mental health and other disability issues. Said training must include detailed instruction in all methods of de-escalation and crisis intervention.
- * The Academy and the Department train all recruits and officers to use their words to de-escalate the situation before taking their gun out of their holster.
- * That the BPD not accept any transfers from other Police Departments who have a history of violence, bullying or bigotry.
- * There is absolutely no need for the purchase or acquisition of military weapons or equipment or military-type surveillance in Community Policing.
- * The Police Department must re-evaluate its philosophy that orders all officers to “shoot to kill”.
- * That the Police Department acquire and consistently use body cameras that stream continuously.
- * That the Police Review Commission be given the authority to terminate officers for violation of Police Department procedures.
- * The Police Department ban the indiscriminate use of tear gas, sound cannons, or other dangerous “crowd control” devices.
- * The BPD have and maintain total control when utilizing outside Police units.

Gene Herman

Process of Discernment Report continued from P2

These workshops will be free of charge, but we may be collecting donations to offset their cost. Please let me know ASAP if you plan on attending the first weekend, so that we can finalize food and childcare. If you arrive without having RSVPed, you are more than welcome to attend but we may ask you to bring your own food (or a dish to share). And please include dietary restrictions and allergies for yourself (and any children you plan on bringing) in your RSVP.

In community,
 Process of Discernment/Beloved Community Task Force
 For further information, please contact
 Nanci Armstrong-Temple, Discernment Task Force Chair
 Fraggie94@gmail.com / 510-301-5073
 or Frankie Hill (frankie.hill@gmail.com)

Social Justice Watch

SJC remains strong and active. We invite you to join us at our monthly meetings every 1st and 3rd Sundays at 12:30 in the Preschool Room, which is accessible, and take on your own project. With the temporary absence of our dear Chair Holly Harwood, we have been rotating our officers and hope some of our members and younger folks who come to our events will step up. I am gratified that at our last event of Police Accountability, led by the tireless Gene Herman, we had mostly BFUU members who came up with the final document to be spread far and wide to change our Police system and training.

SJC member Cynthia Papermaster organized an inspiring program called "2016 New Beginnings Active Hope" with Joanna Macy and Harvey "No Nukes" Wasserman among many others who spoke of clean elections, shutting down Diablo Canyon, privacy rights and surveillance, public banking, U.S. wars of Occupation, Police Accountability and the Progressive Berkeley Alliance to get accountable representatives in Berkeley government, among other causes. Joanna spoke eloquently about not being mindlessly optimistic but recognizing the huge dangers for human survival and becoming involved with something larger than one's own individuality gives us the meaning we yearn for as mortal humans.

SJC is also doing traditional events like the Protest Fest initiated by our friends Country Joe, Hali Hammer, and Vic Sadot (next one August 20, 2016: Save the Date), Open Mic every 2nd Friday, Conscientious Projector on 2nd Thursdays, Transition Berkeley on 1st Thursdays and our Annual Tom Paine Event held this year on January 29, the 279 Birthday of U.S. Revolution's greatest founder. This year, based on the Principles of Thomas Paine, we awarded Kelly Hammargren for Housing Rights, Save Shattuck Cinema, Sustainable Berkeley and co-founding the Berkeley Progressive Alliance for new representation among others compatible with Tom Paine's principles; Toby Blome for her tireless advocacy for Drone Whistleblowers, a reasonable people's budget for security; Pierre La Bossierre for his stance against colonialism and co-founding Hait Action; Dave Welsh, cultural worker musician, composer and labor activist; our own BFUU Religious Education leader Nanci Armstrong-Temple for her activism in Black Lives Matter and other issues. Paine was basically a deist and Unitarian who believed in the inalienable rights of man.

We all need to strategize creatively as it is "GONNA TAKE US ALL" in the words of the great, late activist, composer Jon Fromer!

Cynthia Johnson

Community Voices



Jim Beatty
Eva Doucette
Margaret Hamilton

Dolores Helman
Tom Ross
Syl Scherzer

Reborn: Justice Reinvestment Campaign

Note: During the holidays all the Alameda County social justice groups began meeting with each other to create a new coalition for "justice reinvestment". Our BFUU Social Justice Committee and the BFUU BOCA (Berkeley interfaith org) officially endorsed what was called The Justice Reinvestment Campaign that had been carried on for a year after AB 109 and Prop 47 passed. Now there has been formed "The Justice Reinvestment Coalition of Alameda County" (JRCAC). You can see the organizations below.

So hooray, Happy New Year! We can again take up the work for reforming the criminal justice system in Alameda County as before and as a fulfillment of our UUA Black Lives Matter Action of Immediate Witness. Look for rallies, meetings lobbying jobs. Check out handouts at BFUU. Contact Tom Luce if you want to do regular work. tomfluce@gmail.com

Announcement, 1/19/16 from Charlie Eddy, Volunteer, Coordinator, JRCAC

AC3JR Distribution List:

The AC3JR Coalition has joined with the Prop 47 Table to create the new "Justice Reinvestment Coalition of Alameda County". The goal of the merger is to strengthen our capacities for planning and implementing strategic reforms in local adult and juvenile justice systems.

1. At AC3JR's November 19 meeting, a proposal to unite with the Prop 47 Table was approved by all representatives present from organizations with AC3JR voting rights. Prop 47 Table members had also decided to move forward with a merger. Several CBOs active with both organizations supported the merger, recognizing a shared commitment to criminal justice reform and the potential benefits of uniting efforts and resources. CBOs active with both organizations that supported the merger include: East Bay Community Law Center, Ella Baker Center for Human Rights, Communities United for Restorative Youth Justice (CURYJ) and Oakland Community Organizations (OCO).
2. Since early December, a joint steering committee has been meeting to address organizational details, including developing an updated mission statement, membership guidelines, committee structures and meeting schedules. The goal is to complete as much of this work as possible by the end of January.
3. The new coalition will have a primary focus on advocacy and action, so membership will involve a commitment to advocacy, not just in theory, but with a readiness to support campaigns and actions. Membership guidelines are still being developed, and are expected to include endorsement of the new mission statement and a commitment to advocacy.
4. In mid-February the steering committee hopes to convene the first general meeting for members of the merged organizations. Also, they are planning for a Saturday, February 20 launch for the new coalition. That event will include a justice innovation forum and a Prop 47 registration and resource fair. Details on the meeting and launch event will be forwarded soon.
5. The old AC3JR monthly meeting cycle on third Thursdays is suspended. You will be informed of new meeting times and locations as they are developed.

Tom Luce

Community Voices

ACTION REPORT: MLK DAY PROTEST

BFUU's own Nanci Armstrong-Temple was in the news in the Honolulu Star Advertiser, photographed as she was arrested for her participation in the Black.Seed demonstration that closed the Bay Bridge on January 18 - Martin Luther King Jr. Day. To see the AP photo and read the story, copy this URL into your browser: <http://www.staradvertiser.com/breaking-news/mlk-day-protesters-block-1-span-of-sf-oakland-bay-bridge>



Featured BFUU Events



The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side. The Preschool rooms are only reservable by BFUU groups and are accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms on the 2nd floor of our Religious Education Building are not wheelchair accessible.

Transition Berkeley Presents: "Share the Love!"

A Celebration of Community Leaders & Transition Berkeley's 5th Anniversary Party!

Thursday, February 4 at 6:30 PM in Fellowship Hall—1924 Cedar St.

*Potluck, BHS Jazz & "Share Croppers" Music & More!

Potluck —6:30-7:30 pm with music from the "Share Croppers".

Also featuring Berkeley High Jazz trio – award-winning musicians!

Recognize our fabulous Community Leaders their great works! This event is co-sponsored by Transition Berkeley and the BFUU SJC.

Cost: Suggested Donation \$5-20. No one turned away for lack of funds!

Bring: Something yummy for the *potluck! Local and plastic-free if possible!

For info: www.transitionberkeley.com , email: caroleannbs@yahoo.com

*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can and avoid those they can't.



BFUU Discernment Weekend!

Friday, February 5 - Sunday February 7 in various rooms—1924 Cedar St. and 1606 Bonita Ave.

Jared Finkelstein and Gregory Rouillard of Living Seven Principles (www.livingsevenprinciples.com) will lead our Discernment workshops, where we will clarify what we want BFUU to be and do—for our congregation and in the world. We encourage all members and friends who consider themselves part of this community to carve out the time to attend as much of the weekend as possible. If you consider yourself a BFUU leader, please make sure to attend the Friday night leaders' workshops/mixer.

Friday 6pm-9pm: Dinner and Mixer; Leadership Pre-Workshop

Saturday 10am-6pm: Daylong workshops with lunch, snack, stretching & singing breaks

Sunday 10:30am-3:30pm: Sunday service with Gregory and Jared. Lunch and workshop afterward.

Childcare and lunch will be included for everyone who RSVPs. There is no cost to attend, but we will be taking donations to offset our expenses.

Please RSVP by January 30th if you plan on attending the first weekend, so that we can coordinate food and childcare. Please include dietary restrictions and allergies for yourself and any children you plan on bringing in your RSVP. To RSVP or for information, please contact Nanci or Frankie:

Nanci Armstrong-Temple, Discernment Task Force Chair / Fraggle94@gmail.com / 510-301-5073

Frankie Hill / frankie.hill@gmail.com

Featured BFUU Events

Conscientious Projector Film Series: Salute to Sylvia McLaughlin Segments of "Saving the Bay: The Story of San Francisco Bay"

Thursday, February 11 at 7 PM in Fellowship Hall—1924 Cedar St.

Sylvia McLaughlin, who died recently at age 99, was a most gracious friend of our BFUU and her daughter and granddaughter were treasured and active members for some years in the 1990's.

We will honor Sylvia by showing Episode 3: "Miracle Workers"; and Episode 4: "Bay in the Balance" of the film "Saving the Bay." This is a film by Ron Blatman and KQED Public Television, narrated by Robert Redford. It shows how Sylvia was one of the "miracle workers" in the 1960's who saved this beautiful and magical bay on which every human inhabitant (originally the Miwoks and Ohlones) of the Bay has depended. From the earliest inhabitants 5,000 years ago through the Mexican colonization and missionary period, the Gold Rush, the 1906 Earthquake and Fire, the corporate privatizations, the Free Speech, environmental and anti-war movements, to Silicon Valley, this mighty bay, which drains a third of California highlands, has endured. Suggested Donation \$5-20. No one turned away for lack of funds!



BFUU Open Mic featuring Karl Pascal

Friday, February 12 at 7 PM in Fellowship Hall—1924 Cedar St.

Join us for BFUU's monthly Open Mic night! First come, first choice of 10-minute slots, available all evening or until the slots fill up. Featured Artist performs around 8:30 PM.

Karl Pascal is a Bay Area singer/songwriter who has enjoyed folk music all of his life. Karl been an acolyte of Phil Ochs since the day after Phil died, when a savvy, tearful high school social studies teacher played the "Phil Ochs in Concert" record in class. Most recently, Karl has been vigorously vociferating against the advancing "Vaccinocracy" at Anti-SB 277 mandatory vaccine law rallies from the steps of the California State Capitol, to the Golden Gate Bridge, to the front door of KPFA after



Bonnie Faulkner was censored while the oppressive legislation was not yet passed by the CA State Legislature. Karl was an Event Team Organizer & MC for the recent "Celebration of Phil Ochs' 75th Birthday".

April's host, Vic Sadot, is a singer-songwriter in the Broadside Balladeer tradition of Phil Ochs and Woody Guthrie.

Suggested donation \$5 – \$20. No one turned away for lack of funds! Volunteers welcome!

MECA & AROC Present: An Evening with Palestinian Poet Remi Kanazi

Tuesday, February 23 at 7 PM in Fellowship Hall—1924 Cedar St.



The Middle East Children's Alliance & the Arab Resource and Organizing Center present AN EVENING WITH PALESTINIAN POET **REMI KANAZI**, celebrating his new book "Before the Next Bomb Drops: Rising Up from Brooklyn to Palestine." Sharif Zakout from AROC will MC. Tickets \$15, \$10 low-income, info at 510-548-0542, www.mecaforpeace.org, www.araborganizing.org. Benefit for AROC & MECA.

MARK YOUR CALENDARS!

BFUU Annual Luncheon

Sunday February 28, noon - 3PM in Fellowship Hall-1924 Cedar St.

Join us for community, yummy food and fun!

Recurring/Ongoing BFUU Events

T'ai Chi & Qi Gong with Gene Herman

Mondays, 4-5 PM in the Connie Barbour Room – 1606 Bonita Ave.

Wednesdays, 4-5 PM in the Connie Barbour Room – 1606 Bonita Ave.

This practice improves health and well-being at any age.



Elders Circle

Tuesday February 2 at 11 AM in Fellowship Hall-1924 Cedar St.

The BFUU Elders Circle meets at 11:00 AM on First Tuesdays in Fellowship Hall.

Wind Song West Café

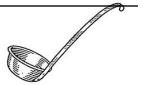
Friday, February 5 at noon in the Fireside Room – 1606 Bonita Ave.

BFUU Second Sundays Potluck

Sunday February 14, after service (around 12:30 PM) in Fellowship Hall-1924 Cedar St.

Come one, come all! Whether you have a dish to share* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome to join us.

*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can and avoid those they can't.



BFUU Game Night

Monday February 15 at 7 PM in Preschool Kitchen – 1606 Bonita Ave.

Please join us for board games and conviviality! All ages - children are welcome! This space is wheelchair accessible.

BFUU SpiritUUal Contemporaries

Thursday February 18, 7 PM in the Benjy Room-1606 Bonita Ave.

SpiritUUal Contemporaries at BFUU, an open covenant group for self-defined middle adults, welcomes those who would like to experience open covenant small-group worship. Please contact Nanci Armstrong-Temple, fraggleg94@gmail.com for more information.

Pub Theology

Friday February 19 at 7:00 PM at Au Coquelet (2000 University Ave., Berkeley)

BFUU's young adult group meets monthly at Au Coquelet. Please contact Nanci Armstrong Temple or Dominic Jeffries for more information.



BFUU Board Meeting

Thursday February 25 at 7:00 PM in the Preschool Room – 1606 Bonita Ave.

Other Community Events held at BFUU

Empowered Communication

In this **5-week** course, you'll learn to:

- * Communicate clearly and effectively
- * Build stronger relationships with others (and with yourself!)
- * Navigate even difficult conversations

Useful at work, at school, with your family, in line at the grocery store, and wherever you interact with people!



TO REGISTER contact Meganwind Eoyang with your name, phone/s, email and date of class: [meganwind @baynvc.org](mailto:meganwind@baynvc.org) , or 707-775-7178. No class on 2/15/2015, Presidents Day.

Acoustic Music Berkeley presents Laura Benitez and the Heartache with Loretta Lynch

Friday, February 26, 2016 at 8 PM in Fellowship Hall - 1924 Cedar Street



Laura Benitez and the Heartache use the three chord tools of country music to tell the simple, unvarnished truth about love, too much whiskey, and the call of the road. Their songs range from honky-tonk shuffles to rock 'n' roll numbers to sweet old time waltzes. Their twangy honesty shines through in straightforward arrangements, crystalline harmonies, and spare instrumentation.

Loretta Lynch believes in having the right regrets. With lush three-part harmonies, raucous surf-tinged guitar and tongue in cheek, the East Bay Area's own alt-country outfit Loretta Lynch's stirring songs reach the shady grove in all of us.

Tickets \$15 advance available at www.acousticmusicberkeley.com



Jazz in the Neighborhood presents

Terrence Brewer's *Friends of Mine* Quartet

Saturday February 27 at 8 PM in Fellowship Hall – 1924 Cedar St.

Guitarist Terrence Brewer is joined by musicians on his new album *Friends of Mine*—Tim Campbell, keyboard; Doug Ebert, acoustic bass; and Greg German, drums.

For more information, see www.jazzinthenighborhood.org



Firecracker Math offers an extra-curriculum program that will help your child to build a solid foundation and understanding of mathematics. Students will learn and explore math concepts and problem-solving techniques. Theoretical instruction is combined with practical exercises and group discussions that employ games, puzzles, and paradoxes.

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Fellowship Calendar February 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6 pm Empowered Communication 6:30 pm Soul Motion	2 7:30 am Augustine Fellowship 11 am Elders Circle* 7 pm AA Men's Mtg 7 pm StressCare 7 pm Sun Svc Committee Mtg*	3 7:30 am Soul Motion Mornings 10 am StressCare 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg	4 11:45 am AA Meditation 7 pm Transition Berkeley Presents*	5 6:30 pm BFUU Discernment Weekend* 7 pm Soul Motion	6 8 am BFUU Discernment Weekend* 9 am ASCA 1 pm Empowered Communication 6 pm Augustine Fellowship
7 8 am BFUU Discernment Weekend* 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm SJC Mtg* 8pm AA Mtg	8 4 pm Tai Chi/ Qigong* 6 pm AA Men's Mtg 6 pm Tai Chi Chuan 6:30 pm Soul Motion 6:30 pm Empowered Communication	9 7:30 am Augustine Fellowship 4:30 pm Sunflower Alliance 7 pm StressCare 7 pm AA Men's Mtg	10 7:30 am Soul Motion Mornings 10 am StressCare 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Core Connexion	11 11:45 am AA Meditation 7 pm Film: "Saving The Bay" ep. 3 & 4	12 7 pm BFUU Open Mic: Karl Pascal*	13 9 am ASCA 6 pm Augustine Fellowship
14 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm 2nd Sunday Potluck* 8 pm AA Mtg	15 Presidents Day OFFICE CLOSED 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6:30 pm Soul Motion 7 pm Game Night*	16 7:30 am Augustine Fellowship 6 pm Empowered Communication 7 pm StressCare 7 pm AA Men's Mtg	17 7:30 am Soul Motion Mornings 10 am StressCare 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg	18 11:45 am AA Meditation 4:30 Finance Committee Mtg* 7 pm SpiritUUal Contemporaries*	19 7 pm Pub Theology at Au Coquelet*	20 9 am ASCA 6 pm Augustine Fellowship March Communicator Deadline!
21 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm SJC Mtg* 12:30 RE Mtg* 8 pm AA Mtg	22 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm Empowered Communication 6 pm AA Men's Mtg 6:30 pm Soul Motion	23 7:30 am Augustine Fellowship 4:30 pm Sunflower Alliance 7 pm AA Men's Mtg 7 pm MECA & AROC - Poet Remi Kanazi Event*	24 7:30 am Soul Motion Mornings 10 am StressCare 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Core Connexion	25 11:45 am AA Meditation 7 pm BFUU Board Meeting*	26 8 pm Acoustic Music Berkeley	27 9 am ASCA 10 am StressCare 6 pm Augustine Fellowship 8 pm Jazz in the Neighborhood
28 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 Hospitality, Caring and Membership Mtg* BFUU Annual Luncheon!* 8 pm AA Mtg	29 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm Empowered Communication 6 pm AA Men's Mtg 6:30 pm Soul Motion	The BFUU Office will be CLOSED on Feb 15th, Presidents Day. 				

* denotes Fellowship event

Deborah will be out of the office until April. For all event space needs, please contact Susan Macke, Office Coordinator at office@bfuu.org or 510-841-4824 ext.1

Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

BFUU OFFICE HOURS

Monday - Friday: 11 a.m. to 5 p.m.

BFUU STAFF

Deborah Hamouris - Event Space Coordinator
Phone: 510-841-4824, ext. 3
Office Days: Tue, Wed, Fri
Email: rooms@bfuu.org

Susan Macke - Office Coordinator
Phone: 510-841-4824, ext. 1
Office Days: Mon, Tue, Thu, Fri
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