

# THE BFUU COMMUNICATOR

### Berkeley Fellowship of Unitarian Universalists

April 2016

# **Upcoming Sunday Services**

#### Services at 10:30 a.m.

#### **April 3: How to Dance in a Hurricane**

Andy Chirch, Guest Worship Leader

In all our lives, there are but a few constants: Death, Taxes, and Change. Though we mostly frown on all three, what is it about change that sometimes feels so scary? What if there were a way to acknowledge the potential for loss that change brings, while also honoring the newness and promise that it allows?



# I live my life in widening circles that reach out across the world. I may not complete this last one but I give myself to it: Ranier Maria Rilke

# **April 10: Taking Our Place in the Circle: Embodying Connection & Interdependence**

Gregory Rouillard, Guest Worship Leader

Our Unitarian Universalist faith calls us to recognize and embody interdependence within our congregations, with our surrounding communities, and indeed with the whole of existence. How well do we do this in our personal and congregational lives? Take

your place in this circle as we bring to life the values of connection, inclusion, and wholeness to which we aspire.

## April 17: The Awesome Being You Were Born to Be

Moses Channels, Worship Leader

Within each of us lives a wonderful human being of awesome spirit: full of life; full of love - to give and to receive; ready to forgive and share with others; to see ourselves in each other lovingly; and thus sustain a zest for life. It is that person inside



we were born to be. I will share with you surprisingly simple and easy ways to re-engage that loving, caring person inside of you - and inside each of us - using impactful stories and motivational music in a new celebration of our fellowship.



#### **April 24: Two Dogs**

Rev. Marsh Agobert, Guest Worship Leader

Each of us is a keeper of twin dogs. Both are from the same litter, yet they are VERY different.

Relationships seem complicated, yet truly they're simple...

They're just not easy.



#### Clergy & Staff

Reverend Carolyn Knowles Pastoral Care Minister

Reverend Earl Koteen Community Minister

Susan Macke
Office Coordinator

Deborah Hamouris

Event Space Coordinator

Ed Keating Facilities Manager

Richard Sandling Custodian

#### **Board of Trustees**

Pam Norton, President

Doug Chambers, Vice President

Ben Burch, Treasurer

Doertlis (Lis) Schultz-Allen, Recording Sec'y

Nanci Armstrong-Temple

Frankie Hill (alternate)

Michael Gardner (alternate)

#### Committees

Aesthetics Committee Virginia Hollins-Davidson, Chair

Building & Grounds Committee Abbot Foote, Co-Chair Ben Burch, Co-Chair

Caring Community
Virginia Hollins-Davidson, Coordinator

Finance Committee Ben Burch, Chair

Hospitality Committee
Jean Marie Stine, Co-Chair

Membership Committee Doug Chambers, Chair

Personnel Committee Kathy Riehle, Chair

Religious Education (RE) Committee Doug Chambers, Chair

Social Justice Committee (SJC)
Rotating Chair

Sunday Services Committee Tom McAninley, Chair

# **Board of Trustees Report**

#### Dear BFUUers,

We are midway through our process of discernment, designed to guide us through our understanding about who we want to be and how we want to express that internally and outwardly over the next five to ten years. We have explored and practiced non-violent communication with careful guesses and expression of needs and sociocracy as a new way of decision-making in an inclusive and thoughtful way. There has been great turnout of almost half of our membership at each weekend, with energy, focus and courage for trying new things.

We are only just at the beginning of this new path and as we continue we need determination to keep on keeping on – practicing new behaviors with patience and meeting challenges with perseverance for the love of the community that is BFUU. How many of us felt that to practice non-violent communication requires inner awareness, outer awareness of the other, and skillfulness to express needs and desires accurately and with care? Was it worth the effort? Most important to me is that we practice what we profess to believe on principle: the inherent dignity of every human being. Growing our capacity to see the "other" as another human being, not the enemy, if we disagree or make mistakes. This is not always easy.

A whole other level of challenge has to be faced to maintain inner and outer awareness, express ourselves clearly, AND attend to the elements of decision-making using a new process! We have so many opportunities to use the Circle Meeting and other sociocractic processes in our many committee, task force, and Board meetings! No time like the present. As with any new skill set, having a beginner's mind, self-compassion, empathy for others, and a willingness to step into the Unknown will be our greatest allies.

Our Working Groups – Structural Transitions, Vision/Mission/ Aims and Beloved Community – will continue to work individually this month, but also in a new structure called the Integration Council. Each group informs and draws on the experience and decisions of the others. Having this integration increases our chances of making fruitful, effective, and inclusive moves forward, while building community. They will make their proposals to the group-at-large at our next weekend together, April 8-10.

## Board of Trustees Report, continued

There are several things about our process of discernment I am very excited about: while we continue to show up, try new things, and be kind to ourselves and others, we are connecting ever more, stretching our ability to communicate, and finding better ways of making decisions. This adds up to growing into a more cohesive community, growing as leaders, and stretching ourselves spiritually. Please join us!

May all be well.

Pam Norton
President
BFUU Board of Trustees

# Process of Discernment Report

Dear BFUU friends and members,

This past weekend we had our second of three planned Discernment Process/Beloved Community weekends.

Our next planned weekend is **April 8th-10th**; please let Pam **(pcnorton@yahoo.com)**, Nanci or Frankie know if you plan to attend and inform us of any dietary restrictions or allergies, or you can tell Susan in the BFUU office and she will pass along the info to us.

Many of you were able to attend and get the benefit of the training and space-holding of our facilitators, Gregory and Jared of Living Seven Principles.

Many of you who were unable to attend the Saturday workshop were present at the **Friday night** open mic night, where the discernment Beloved Community weekend began with a community dinner and attendance at the open mic night.

And still more of us attended the Sunday service led by Gregory and members of the Discernment Task Force.

Thank you to everyone who came, participated, or sent their warm regards to those who could come.

We have a few actionable steps which we decided upon. These are:

- 1) the creation of working groups (which happened at the first weekend).
- 2) the creation of an integration council to collect the work of the working groups (which was decided this past weekend).
- 3) the continued communication between the working groups, the BFUU board, and the wider community.

Our next proposal is to form the integration council, which will meet at least once between now and the next Discernment Process/Beloved Community weekend.

If you'd like to know more about the working groups, the integration council, or any of the work we are doing, you can read more below this message.

# Process of Discernment Report continued

Also – one of the working groups is collecting members' feelings about whether BFUU should have a minister or not, why or why not, and how. If you have not spoken to someone about this, please let me know and I will pass along your info.

It is the intention of the BFUU Board and the Discernment Task Force that all members and friends of our community are represented in this community process. Please feel free to reach out, speak up, and lean in.

BFUU has an amazing history of contributing to the worthy work of the Bay Area and of the world. We intend that this fellowship is around for many more hundreds of years and that the work we are doing as part of the discernment process makes this more possible and more joyful.

Warmly,
Nanci Armstrong-Temple
Discernment Task Force Chair
BFUU Board Member
On behalf of the task force and working groups

Proposed next steps for formation of the Working Groups Integration Council:

1. For an initial meeting of the Integration Council (IC) a temporary committee will assemble for the purpose of determining HOW the IC will function. Specifically, what authority it will have, what processes it will use, and how it will be inclusive and representative of all the working groups.

This committee will be made up of:

- 1-2 people from each Working Group,
- 1 Discernment Task Force Member
- 1 Member of the Board.
- 2. Working Groups within a week will determine which members they wish to send to this initial (IC) meeting
- 3. Within 2 weeks of the Working Groups determining which members they are sending, the Council of Integration will gather to decide its structure, process, and authority.

#### **Regular Committee Meetings**

Buildings & Grounds Meets once per month, contact Ben Burch

Finance
3rd Thursday at 4:30 PM
in the Fireside Room

Hospitality, Caring and Membership 4th Sunday at 12:30 PM in Fellowship Hall

Religious Education
3rd Sunday after services
in the Courtyard

Social Justice
1st & 3rd Sunday 12:30 PM
in the Preschool Room

Sunday Services
1st Tuesday at 7 PM
in the Preschool Room

## **Community Voices**



# Happy Birthday!

Deena Andrews

Ben Burch

Pam Norton

Jean Marie Stine



#### Singing on the Journey

"So high you can't get over it So low you can't get under it So wide you can't get around it You must come in at the door"

Words of wisdom in the old songs sung by people together in groups in communities singing truth seeking solace on the shared journey through life to a better world they see though they may never get there said Martin Luther King

The vision of that world is a force more powerful than the might of armies the possession of property the wealth of a few

The vision, the dream of that world keeps people together on the path of life as they gather in communities of many faiths sing together in the search for meaning,

for strength, for the journey towards a world where no one will go hungry and there will be food and water and blessed rest on the long, winding road of life.

Marianne Robinson

## Memo from the BFUU Office

#### Welcome to the office, Lynn Orlando!

Lynn will be working part-time temporary for the next few months, primarily focused on event space management. You can reach Lynn through Deborah's contacts (510-841-4824 ext. 3 and rooms@bfuu.org.) She is in training right now and soon will be ready to manage all of BFUU's room use needs. Deborah Hamouris is expected to return to the office in June.

# Social Justice Watch

Members of the SJC have been active in trying save Berkeley's rich diversity and unique architectural heritage.

At risk of destruction are the Shattuck Cinema, Ace Hardware, and historical buildings all over Berkeley, which are threatened by development projects that are changing the look of Berkeley. Kelly Hammergren, one of our BFUU SJC 2016 Thomas Paine Awardees, is suing the City of Berkeley to stop the Harold Way Project, which will destroy the Shattuck Cinema and the Habitot children's center, and allow an 18-story luxury condominium to be built on an historical landmarked block. The building, which in addition to not being very "green", is not affordable for anyone other than the wealthy. This highrise, right in the heart of Berkeley, will shadow our beautiful public library and disrupt the learning environment at Berkeley High School for the several years it is under construction. The sound of pile drivers, clouds of asbestos dust, traffic gridlock and congestion, and huge trucks, cranes, and construction materials will be our reward for the Berkeley City Council and Mayor voting to allow the developers to build this huge project. There doesn't seem to be any benefit to the Berkeley community in the Harold Way Project.

To contribute to Kelly's lawsuit, please send your check to Landmark Legal Action, P.O. Box 12111, Berkeley, CA 947012.

Cynthia Johnson and Cynthia Papermaster, members of the BFUU Social Justice Committee

#### Featured BFUU Events

Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side. The Preschool rooms are only reservable by BFUU groups and are accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms on the 2nd floor of our Religious Education Building are not wheelchair accessible.

# The NorCal Community Resilience Network and Transition Berkeley Present The Community Resilience Challenge and RECLAIMING COMMUNITY

Thursday April 7 at 6:30 pm in Fellowship Hall – 1924 Cedar St.



Lights, camera, action! This month's Screening the Green will be an action-packed evening designed to inspire you to participate in projects that build resilience in your community.

6:30 PM Potluck snacks and Meet and Greet

**7:00 PM** Community Organizer Susan Silber leads a lively discussion about organizing to build resilient communities and the upcoming Community Resilience Challenge. Local eco-heroes Wanda Stewart, Catherine Sutton, Dave Drummond, and Carole Bennett-Simmons will also share stories and secret organizing ingredients of their successful projects.

**7:30 PM** - Get fired up to organize your own project! Join the ProAction Café, a structured conversation that will get you excited to plug into existing community projects or organizing a new project. **8:30 PM** - The short film "Reclaiming Community," takes place in Oakland and Toronto and demonstrates that it only takes a few brave souls who refuse to give up on community to take back public spaces to use for the benefit of all.

This event is wheelchair accessible and cosponsored by Transition Berkeley, the NorCal Community Resilience Network and BFUU's Social Justice Committee.

Donation \$5-\$20. No one turned away for lack of funds! For info contact: www.transitionberkeley.com

## Featured BFUU Events

#### **BFUU Discernment Weekend!**

Friday, April 8- Sunday April 10 in various rooms—1924 Cedar St. and 1606 Bonita Ave.

Jared Finkelstein and Gregory Rouillard of Living Seven Principles (www.livingsevenprinciples.com) will lead our Discernment workshops, where we are clarifying what we want BFUU to be and do—for our congregation and in the world. We encourage all members and friends who consider themselves part of this community to carve out the time to attend as much of the weekend as possible. If you consider yourself a BFUU leader, please make sure to attend the Friday night leaders' workshops/mixer. If you have attended any of the Discernment Weekends, please bring your packet with you!

Please RSVP by April 4 if you plan on attending the weekend, so that we can coordinate food and childcare. Please include dietary restrictions and allergies for yourself and any children you plan on bringing in your RSVP. To RSVP or for information, please contact Nanci or Frankie:

Nanci Armstrong-Temple, Discernment Task Force Chair / Fraggle94@gmail.com / 510-301-5073

Frankie Hill / frankie.hill@gmail.com, or Pam Norton

#### **BFUU Open Mic featuring William Ryan**

Friday, April 8 at 7 PM in Fellowship Hall-1924 Cedar St.

Join us for BFUU's monthly Open Mic night! First come, first choice of 10-minute slots, available all evening or until the slots fill up. Featured Artist performs around 8:30 PM.



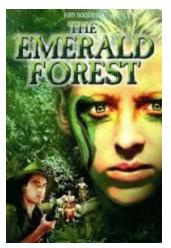
Will Ryan is a bay area tenor saxophonist. He started playing playing in his hometown, San Jose, and is currently attending the California Jazz Conservatory. April Host **Dominic Jeffries** is the choir conductor at the Berkeley Fellowship of Unitarian Universalists. He is currently working on his BA as a guitarist in Jazz Studies at the California Jazz Conservatory and will most likely be the first openly transgender student to get his degree there.



Suggested donation \$5 - \$20. No one turned away for lack of funds! Volunteers welcome!

#### **Conscientious Projector Presents "EMERALD FOREST"**

Tuesday, April 14, 7pm in Fellowship Hall-1924 Cedar St.



The film "Emerald Forest" is an amazing adventure and environmental drama for the whole family. The film is based loosely on a true story of a young child who is raised by an indigenous tribe in the Amazon. It is a film from decades back that somehow was under the radar, though many to this day consider it one of their favorite films. You may look up Rotten Tomatoes and see that this is a beloved ecological film that you might want every youngster to see as they look at the values of our U.S. "empire" and others that may not value consumerism and extreme greed as acceptable values. This film is appropriate for Earth Day month, even though one of our treasured late members Hal Carlstad liked to say that every day is earth day and we the homo sapiens species are just one part of this beautiful earth. Also this film is beautifully filmed in the rain forest which gives us so much.

Suggested donation \$5 – \$20. No one turned away for lack of funds!

#### Featured BFUU Events

#### **People's Life Fund Award Ceremony**

Friday April 15 at 6:00 PM in Fellowship Hall – 1924 Cedar St. Potluck 6:00 PM Potluck- Please bring a Vegetarian Dish to Share for the Potluck!

Every year on April 15th, The Northern California War Tax Resistance/ People's Life Fund honors organizations who make the connection between our war taxes and the violence and oppression our bloated military budget causes. The People's Life Fund is an opportunity for all those who resist militarism. Essentially, it is War Tax Redirection.



The Fund is part of the Northern California War Tax Resistance which is part

of the National and Worldwide Organization of Resistance to Taxes for war and repression. Further info: NWTRCC or locally http;//www.nowartax.org or call 510-842-6124.

This event is sponsored by the BFUU Social Justice Committee and the Northern California War Tax Resistance/People's Life Fund. Urge you not to miss this special event as one of finest events the SJC sponsors.

Suggested donation \$5 - \$20. No one turned away for lack of funds.



# APRIL 22<sup>ND</sup> IS EARTH DAY!

#### **Active Hope: Going Forward**

Friday, April 29, 6-9PM in Fellowship Hall – 1924 Cedar St.



This is the second in the 2016 series on "Active Hope" to bring issues and activists together in one room, to work together, share information, plan and strategize for real and lasting change. Join us for conversation, music, potluck dinner, fun. "Active Hope: Going Forward," will include Ray McGovern, Joanna Macy, activist leaders from peace, environment, social justice campaigns, including Codepink, Berkeley Progressive Alliance, Berkeley Peace and Justice

Commission, Sunflower Alliance, No Fracking/No Nukes, Black Lives Matter, Bill of Rights Defense Committee, End Mass Incarceration, Sustainable Berkeley, Electronic Frontier Foundation, Occupy the Farm, Postal Banking, Move to Amend, Divestment from Fossil Fuels, Save the East Bay Forest, Stop Destruction of Ace Hardware, BARC (Barkers Agitating for Reactor Closures/Shut Diablo Canyon), more.

\$5-\$20 suggested donation. No one turned away for lack of funds.



# Recurring/Ongoing BFUU Events



#### T'ai Chi & Qi Gong with Gene Herman

Mondays, 4-5 PM in the Connie Barbour Room – 1606 Bonita Ave. Wednesdays, 4-5 PM in the Connie Barbour Room – 1606 Bonita Ave.

This practice improves health and well-being at any age.

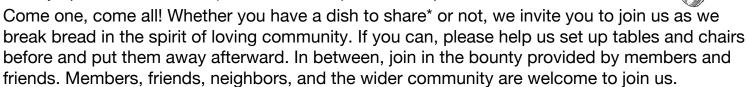
#### **Elders Circle**

Tuesday April 5 at 11 AM in Fellowship Hall-1924 Cedar St.

The BFUU Elders Circle meets at 11:00 AM on First Tuesdays in Fellowship Hall.

#### **BFUU Second Sundays Potluck\***

Sunday April 10, after service (around 12:30 PM) in Fellowship Hall-1924 Cedar St.



\*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can eat and avoid those they can't.

#### **Pub Theology**

Friday April 15 at 7:00 PM at Au Coquelet (2000 University Ave., Berkeley)
BFUU's young adult group meets monthly at Au Coquelet. Please contact
Nanci Armstrong Temple or Dominic Jeffries for more information.



#### **BFUU SpiritUUal Contemporaries**

Thursday April 21, 6:45 PM in the Preschool Room-1606 Bonita Ave.

SpiritUUal Contemporaries at BFUU, an open covenant group for self-defined middle adults, welcomes those who would like to experience open covenant small-group worship. Please contact Nanci Armstrong-Temple, fraggle94@gmail for more information.

#### **Good Grief Group**

Wednesday April 27 at 7:00 PM in the Minister's Office - 1606 Bonita Ave.

A gathering place to share the experience of grief and loss. To join, call BFUU at 510-841-4824.

#### **BFUU Board Meeting**

Thursday April 28 at 7:00 PM in Fellowship Hall – 1924 Cedar St.

# Other Community Events held at BFUU



Firecracker Math offers an extra-curriculum program that will help your child to build a solid foundation and understanding of mathematics. Students will learn and explore math concepts and problem-solving techniques. Theoretical instruction is combined with practical exercises and group discussions that employ games, puzzles, and paradoxes.

- · Grades K-10
- Small groups and individual approach
- · Experienced and enthusiastic teachers
- · Intellectually stimulating environment

(510) 488-4556 www.FirecrackerMath.org

# Other Community Events held at BFUU

#### **Empowered Communication Series at BFUU**

Come for 5 Tuesdays, starting April 5 or 5 Mondays, starting May 2

- · I keep getting stuck doing what I always do
- · My boss isn't a good communicator
- I wish people would stop being so judgmental



Nonviolent Communication can give you new ways to talk and listen so you get your point across without conflict. And you'll learn how to be gentler with yourself, too.

If you want to dig in and start changing things, you can join the 5-week Empowered Communication series starting **Tuesday**, **April 5th**, 6-9pm http://baynvc.org/event/empowered-communication-5-week-series-tuesdays/ or **Monday**, **May 2nd**, 6-9pm http://baynvc.org/event/empowered-communication-5-week-series-mondays/. You're welcome to bring along someone you care about who might like to experience being fully heard without judgments! Come for a taste of NVC at an Introductory Evening on Monday, April 18th, 6:30-8:30pm http://baynvc.org/event/introductory-evening-monday/. Just copy and paste the links into your browser to learn more and register.

Special \$50 discount on Empowered Communication series for BFUU community members only. Call me if you have any questions.

Love and blessings, Meganwind Meganwind Eoyang 707-775-7178 / meganwind@baynvc.org

#### **Acoustic Music Berkeley presents TBD**

Friday, April 22, 2016 at 8 PM in Fellowship Hall - 1924 Cedar Street

#### **The John Santos Sextet**

Saturday April 23 at 8:00 PM in Fellowship Hall – 1924 Cedar St.



Seven-time Grammy nominee, SFJAZZ Resident Artistic Director (2013 & 2014), 2012 San Francisco Latino Heritage Arts Awardee, and USA Fontanals Fellow, John Santos, and his highly acclaimed Sextet are one of the premier Afro-Latin Jazz musical groups in the United States. They illuminate the aesthetic characteristics of Latin Jazz pertaining to instrumentation, rhythm, interpretation and improvisation through live

performance and recording. They also create harmony on and off the stage by emphasizing and musically documenting our common working-class histories, consistently presenting new projects and collaborations that speak to issues of cultural and social significance. Their repertoire consists of original compositions and exciting original arrangements of classic rhythms, styles and songs from Latin America and the US. Equally at home with a dance or concert repertoire, The John Santos Sextet presents a wide range of styles and rhythms for audiences of all ages.

Saul Sierra - bass, composer, arranger

Dr. John Calloway - flute, piano, percussion, composer, arranger Melecio Magdaluyo - saxes, flute, clarinet, composer, arranger Marco Diaz - piano, trumpet, composer, arranger

David Flores - drums

John Santos - percussion, composer

Information/tickets: see jazzintheneighborhood.org

	Fellowship Calendar April 2016					
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	BFUU T'ai Chi/Qigong Wednesday class time may be changing! If you attend this class, be sure that Gene Herman has your contact information!				1 7 pm Soul Motion	2 9 am ASCA 6 pm Augustine Fellowship
9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm SJC Mtg* 8pm AA Mtg	4 4 pm Tai Chi/ Qigong* 6 pm Empowered Communication 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6:30 pm Soul Motion	5 7:30 am Augustine Fellowship 11am Elders Circle 4:30 pm Sunflower Alliance 6 pm Empowered Communication 7 pm AA Men's Mtg 7 pm Sunday Svcs Committee Meeting	7:30 am Soul Motion Mornings 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Core Connexion	7 11:45 am AA Meditation 7 pm Transition Berkeley Presents "Reclaiming Community"*	8 6:30 pm BFUU Discernment Weekend* 7 pm BFUU Open Mic: Will Ryan*	9 9:30 am BFUU Discernment Weekend* 9 am ASCA 6 pm Augustine Fellowship
10 10:30 am BFUU Discernment Weekend* 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm 2nd Sunday Potluck* 8 pm AA Mtg	11 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6 pm Empowered Communication 6:30 pm Soul Motion	12 7:30 am Augustine Fellowship 6 pm Empowered Communication 7 pm AA Men's Mtg	13 7:30 am Soul Motion Mornings 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Core Connexion	14 11:45 am AA Meditation 7 pm Conscientious Projector "Emerald Forest"*	15 7 pm Pub Theology at Au Coquelet* 7 pm People's Life Fund Award Ceremony*	16 9 am ASCA 6 pm Augustine Fellowship
9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm SJC Mtg* 12:30 RE Mtg* 8 pm AA Mtg	18 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6 pm Empowered Communication 6:30 pm Soul Motion	7:30 am Augustine Fellowship 4:30 pm Sunflower Alliance 6 pm Empowered Communication 7 pm AA Men's Mtg	20 7:30 am Soul Motion Mornings 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Core Connexion  April Communicator Deadline!	21 11:45 am AA Meditation 7 pm SpiCon*	22 8 pm Acoustic Music Berkeley	23 9 am ASCA 6 pm Augustine Fellowship 8 pm Jazz in the Neighborhood
9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 Hospitality, Caring and Membership Mtg* 8 pm AA Mtg	25 4 pm Tai Chi/ Qigong* 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6:30 pm Soul Motion	26 7:30 am Augustine Fellowship 6 pm Empowered Communication 7 pm AA Men's Mtg	27 7:30 am Soul Motion Mornings 4 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Core Connexion 7 pm Good Grief Group*	28 11:45 am AA Meditation 7 pm BFUU Board of Trusttees Mtg	29 7 pm Active Hope: Going Forward*	30 9 am ASCA 6 pm Augustine Fellowship

<sup>\*</sup> denotes Fellowship event

#### Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

#### **BFUU OFFICE HOURS**

Monday - Friday: 11 a.m. to 5 p.m.

#### **BFUU STAFF**

Deborah Hamouris - Event Space Coordinator

Phone: 510-841-4824, ext. 3

Office Days: Returning in April 2016

Email: rooms@bfuu.org

Susan Macke - Office Coordinator

Phone: 510-841-4824, ext. 1

Office Days: Mon - Fri Email: office@bfuu.org

#### SUBMISSION DEADLINE FOR NEXT COMMUNICATOR: April 20

Please email newsletter@bfuu.org with submissions.

#### **Address Correction Requested**

Berkeley Fellowship of Unitarian Universalists 1606 Bonita Ave. Berkeley, CA 94709