

THE BFUU COMMUNICATOR

Berkeley Fellowship of Unitarian Universalists

June 2022



Worship Service Sundays at 10:30 AM*

*except as noted - **June 26** worship service starts at **9:30 AM**

reading this offline? please email worshiponline@bfuu.org for link



June 5: Unknown Blessings

Lea Morris (she/her)

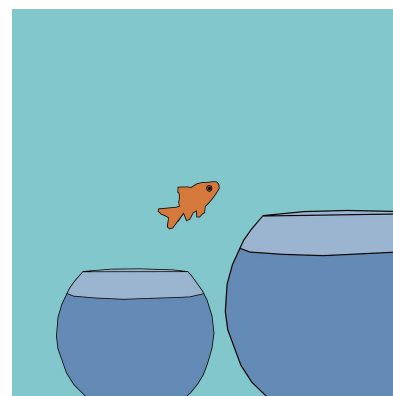
"I give thanks for unknown blessings already on their way." Lea Morris, a vibrant East Coast singer, songwriter, spiritual leader, and friend of UUs, will share her gifts with us today.

June 12: The Art of Spiritual Leadership Development

Rabbi Lynn Gottlieb (she/her)

Rabbi Lynn has been a congregational rabbi since 1973, and founded the inclusive Congregation Nahalat Shalom in Albuquerque, NM, in 1980. Now Rabbi Emerita and a resident of Berkeley, CA, Lynn engages in multifaith, intergenerational and multicultural organizing in solidarity with racial, indigenous, gender justice and Palestinian liberation struggles.

Doug Chambers will perform his original song lyrics, "Hey BFUU."



June 19: UU Spiritual Direction and Companionship

Paikéa Hwang Colligan M (she/her/any)

"Listening is a creative force. Something quite wonderful occurs when we are listened to fully. We expand, ideas come to life and grow, we remember who we are." — Kay Lindahl. This month we will explore the third Sphere in the UUA Tapestry of Faith "Spirit in Practice" series we are following this year.

June 26: GA 2022: Meet the Moment—Reimagining Radical Faith Community

The annual General Assembly of the Unitarian Universalist Association of Congregations will take place this year June 22-26 in Portland, OR. Parts of the GA gathering will be streamed live to the public, including Sunday morning worship! Rev. Gretchen Haley of the Foothills UU Church in Fort Collins, CO will lead the service, joined by Rev. Sean Neil-Barron, Rev. Shari Halliday-Quan, the GA Choir, and more! BFUUers are invited to view the worship stream live, from Portland OR, **starting at 9:30am.**

Please note the earlier start time!

Join at **9:30am** via your usual BFUU Worship Zoom link, or via:

www.uua.org/ga/2022 or www.youtube.com/c/UnitarianUniversalistAssociationBoston





Clergy & Staff

Reverend Dr. Carrie Knowles, *Minister*
Reverend Tom McAninley, *Community Minister*
Susan Macke, *Office Administrator*
Ed Keating, *Facilities Manager*
Shae Jewell, *Sexton*

Board of Trustees

Michael Gardner, *President*
Margaret Hurlbert, *Vice President*
Ben Burch, *Treasurer & Secretary*
David Makofsky
Jean Marie Stine
Phoebe Sorgen (Alternate)
Stephanie Doucette (Alternate)
Paikea Melcher, *Youth Member*
Lynn (Luna) Orlando, *Recording Secretary*

Committees

Aesthetics (Subcommittee of B&G)
Chair currently vacant
Building & Grounds Committee
Abbot Foote, *Co-Chair*
Ben Burch, *Co-Chair*
Caring Community
Kathy Riehle, *Chair*
Committee on Ministry
Jinky Gardner, Steve Ogden, Kathy Riehle
Finance Committee
Ben Burch, *Co-Chair*
Abbot Foote, *Co-Chair*
Hospitality Committee
Kathy Riehle, *Chair*
Membership Committee
Doug Chambers, *Chair*
Music Committee
Margaret Hurlbert, *Chair*
Nominating Committee
Virginia Hollins-Davidson, *Chair*
Personnel Committee
Kathy Riehle, *Chair*
Poetry Committee
Frances Hillyard, *Chair*
Gene Herman, *Poet Laureate*
Religious Education (RE) Committee
Sharon Colligan, *Convener*
Social Justice Committee (SJC)
Co-Chairs Phoebe Sorgen, Cynthia Johnson,
Gene Herman, and David Makofsky
SJM Task Force (Subcom of SJC)
Jeff Palmer, *Convener*
Worship Services Committee
Sharon Colligan, *Chair*

Disclaimer: The views and opinions expressed in The Communicator are those of individuals and are not necessarily those of BFUU, its officers, or its trustees.

Rev. Dr. Carrie Carries On!

The Board of Trustees would like to announce that we have re-hired our beloved Reverend Carrie Knowles for the upcoming year, July 1, 2022 through June of 2023. She is currently leading two small groups, is thinking about starting a third, and will continue to help us with pastoral care.

Thank you, Reverend Carrie, for all of your heartfelt work!

Board of Trustees May, 2022

BFUU Congregational Meeting

The BFUU Annual Congregational Meeting will be held after service on **Sunday, June 12th** at 12:30 pm via Zoom

Our agenda will be available soon, and we'll be electing new members to the Board of Trustees. There are three open seats for 2-year Board members, and two open seats for 1-year Board Alternates.

The Nominating Committee endorses Ben Burch, Stephanie Doucette, and Kathy Riehle for the 2-year seats, and Gene Herman and Phoebe Sorgen for the 1-year Alternate seats.

The Nominating Committee is deeply grateful on behalf of BFUU for the unusual number of highly qualified members who submitted their names for the committee's consideration.

Any member can run for an open Board seat by petition. Per Bylaw VI, E, "Additional nominees, who shall previously have agreed to serve if elected, may be placed on the ballot by written petition signed by at least ten (10) voting members of the Fellowship and filed with the Nominating Committee not later than the Saturday preceding the last Sunday before election." This year, the deadline for written petitions is Saturday, June 4. Petitions should be dropped in the mailbox at BFUU (please mask while in the yard) or mailed in time to be delivered by Saturday, June 4. Petitioners should also email office@bfuu.org or call 510-841-4824 ext. 1 and leave a message to advise that a petition has been submitted.

BFUU Board Nominees - 2-year seats



Ben Burch grew up in Davis, and attended a UU Sunday school at the Davis Fellowship (later Church) in the '60s, and was later involved in LRY (UU youth group) there as well.

After flirting with anthropology and East Asian studies (BA and MA), he got a library degree, and worked in that area until his retirement in 2009. He was already active in BFUU at that point (having joined around 1997).

He has served on the Board several times, and is currently Treasurer. He has also been involved with the Social Justice Committee, the Buildings & Grounds Committee, and the Finance Committee.



Better known as Eva's mom, Stephanie is a lifelong Unitarian Universalist. She grew up in the First Unitarian Church of Denver and was active in the UU Society of San Francisco as a young adult.

Stephanie served BFUU in the early 2000s as a board member and on the Religious Education and Sunday Services Committees. She currently serves as a Board Alternate.

She is delighted that BFUU continues to provide a loving and inspiring spiritual home for her and for twelve-year-old Eva. Stephanie lives in Berkeley where she practices acupuncture and Traditional Chinese Medicine professionally.



Kathy Riehle has been a member of BFUU since 2013. She has served on many committees, and is currently Chair of Caring, COM, Hospitality, and Personnel. She serves as Supervisor for the office staff. She has also served several times as BFUU delegate to GA.

Kathy also brings to BFUU her experience as a board member of a 2000+ association, for which she served as Secretary/Treasurer for 13 years. Before retiring, she had been Office Manager for a nursing home, and for a small appliance company.

Kathy has raised 4 children, she enjoys the outdoors, and loves music, books and being with people.

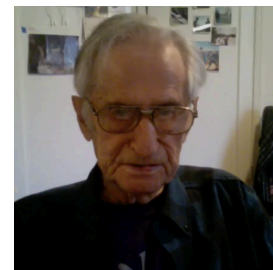
BFUU Board Nominees - 1-year Alternate seats



Phoebe Sorgen enrolled her boys in the RE program 27 years ago and became active in the Social Justice Committee (SJC.) She became a BFUU member, and has served on the Board and in the Personnel, Aesthetics, and Nominating Committees. She is currently Chair of SJC, and a BFUU Board Alternate because our beautiful BFUU community means the world to her.

For effective peace, democracy, and human rights advocacy, Phoebe was a 2005 Outstanding Woman of Berkeley and 2015 Tom Paine Courageous Spirit awardee. As a Peace & Justice Commissioner, she wrote many Resolutions that were adopted by the City of Berkeley. Some were adopted by other cities.

Phoebe is a Green Party County Councilor and state delegate to the GP-US National Committee (decision making body.) She serves on the Peace, International, and Conflict Resolution Committees, and is active in the Women's Caucus. She also serves on the Steering Committees of Move to Amend and Berkeley Citizens Action.

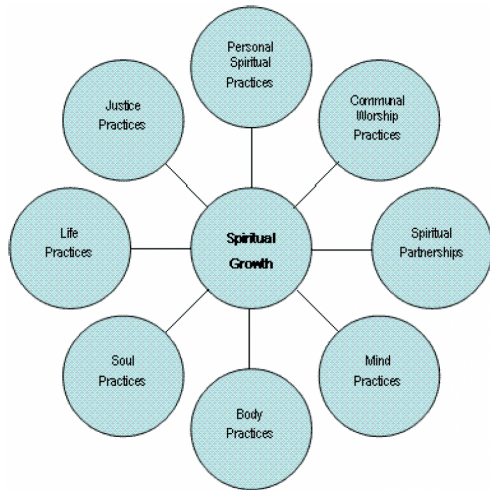


Gene Herman, AKA poppa green gene, has a BA in Political Science UNC-Charlotte, and an MA in Educational Psychology College of St. Rose. He is

currently serving as BFUU Poet Laureate, and is a Co-Chair of the Social Justice Committee. He is a member of Green New Deal.

Gene has served BFUU as a member for close to 30 years in many capacities. He had led BFUU Qigong/T'ai Chi for many years. He was twice the Board President, and was Chair of the Personnel Committee.

UUA Tapestry of Faith



BFUU 2022 Worship Theme: “Exploring BFUU as a Community of Spiritual Practice.” In 2022 we are engaging with the UUA Tapestry of Faith Spirit in Practice workshop series developed by Rev. Erik Walker Wikstrom, which focuses on eight “Spheres” of spiritual practice (inspired by the Eight Gates of Zen model developed by the Zen Mountain Monastery in Mount Tremper, New York.)

Our theme for June is “UU Spiritual Direction and Companionship.”

“Listening is a creative force. Something quite wonderful occurs when we are listened to fully. We expand, ideas come to life and grow, we remember who we are. Some speak of this force as a creative fountain within us that springs forth; others call it the inner spirit, intelligence, true self. Whatever this force is called, it shrivels up when we are not listened to and it thrives when we are.” — Kay Lindahl, sacredlistening.com

In the majority of the world’s religious traditions, spiritual practitioners seek out a teacher, a guru, a master, a guide —someone who has already traversed the spiritual terrain and who can, because of their own experiences, help another make the journey. In the West, the most common term for such a person is Spiritual Director.

Unitarian Universalists who are not familiar with the rich history of Spiritual Direction, or who have negative associations with the term, may not be immediately drawn to the concept. Today’s service helps explore Spiritual Direction and the role it might play in Unitarian Universalist spiritual growth.

As practiced today, Spiritual Direction helps people listen to the inner voice, the inner wisdom, the “inner director” that we all have within us. Directors, then, are not spiritual geniuses who lead the unenlightened, but sensitive companions who know something of the journey and can helpfully guide others by pointing out some of the signs and markers, the flora and the fauna, that might otherwise go unseen or unexamined.

The term “Spiritual Director” may then be misleading, because you direct yourself more than your Spiritual Director directs you. Other terms evolving to describe this relationship include “spiritual companion” and “soul friend.” The interfaith organization, Spiritual Directors International, now encourages the use of the title “Spiritual Companion” for this role.

Another emerging model of Spiritual Companionship draws on the example of the peer counseling movement. Peer counseling, which has been around since at least the mid-1960s, is most commonly found in high schools and colleges. Students trained primarily in listening skills offer counseling to their peers. Boundaries are clearly established, and giving advice is discouraged. Yet simply being deeply listened to by someone who knows what it’s like to be at your stage of life can be extremely powerful. Decades of experience have proven one of the foundational premises of the peer counseling movement: a great many people have a great many problems that do not require the advanced training and expertise of mental health professionals. There can be therapeutic benefits in nonprofessional relationships that are built with something approximating professional boundaries. The relationship is clearly defined, each person can have clear expectations of the other, and the relationship as a whole has a focus and an intent.

A UU congregation can be a place for members to explore the idea of finding a Spiritual Companion to deepen their spiritual journeys. Congregations can provide experiences of spiritual reflection, sharing, and listening that encourage the kind of discussions one might have with a Spiritual Companion or Director.

A UU congregation might choose to organize a peer-based Spiritual Companion program. It could be as simple and informal as one member getting together with another on a regular basis to discuss the demands and discoveries of their spiritual lives. This could be an open, mutual conversation, or each person could take turns listening and talking. Or a more formal network could be created. Once or twice a year the congregation could offer a workshop/training on both the intent of spiritual companionship and the necessary skills of active listening, boundary setting, focusing questions, and the like. People interested in the program could sign up and either pair themselves with someone else or be paired by the minister or lay leader who oversees the program. Each pair would establish their own expectations of when to meet, for how long, and how often, and whether their

UUA Tapestry of Faith

relationship will be for a set period of time or open ended. Then, periodically throughout the year, the person who is overseeing the program would check in with each pair of friends to see how the program is going.

In keeping with our Unitarian Universalist emphasis on shared ministry, Spiritual Companionship can be a powerful way to help keep a person “on track” with their journey.

If you are interested in having a Spiritual Director or Companion, think about what qualities you might want in that person. For example, you probably want the person to be a good listener and an ethical person. You might want someone who is a peer—perhaps someone who's already a friend, or someone in your congregation whom you're just getting to know. Or you might want someone with special training who could be a mentor and guide, such as a minister, therapist, spiritual director, or meditation teacher. If you approach someone about being a spiritual companion to you, make sure that the relationship is clearly defined, with each party having specific expectations of the other, and that the relationship as a whole has a specific intent.

BFUUsers might explore creating individual or group Spiritual Director/Companion relationships with the help of one of these organizations:

- [Spiritual Directors International](http://www.sdcompanions.org) - www.sdcompanions.org
- [Unitarian Universalist Spiritual Directors' Network](http://www.uusdn.org) - www.uusdn.org
- [Chaplaincy Institute](http://chaplaincyinstitute.org) - chaplaincyinstitute.org
- [Shalem Institute for Spiritual Formation](http://shalem.org) - shalem.org
- [Congregation-Based Spiritual Direction: An Online Certificate Program](http://congregationalspirituality.org) - for UU clergy and lay leaders. Begins with an introductory module on October 18, 2022, and ends with a closing virtual retreat on May 13, 2023. congregationalspirituality.org

Taking it Home

Explore in your journal, or in conversation with a friend.

- How and when do I experience the sacred?
- What mindsets and practices help me experience the sacred?
- What else would help me at this point in my spiritual development?
- What has been my greatest challenge on my spiritual journey?
- What am I wrestling with right now in my spiritual life?

Find Out More

Addison, Howard. *Show Me Your Way: The Complete Guide to Exploring Interfaith Spiritual Direction*. Skylight Paths Publishing, 2000. Rabbi Addison, who received spiritual direction from Catholic sisters and who studied with the ecumenical Shalem Institute, provided one of the first books on spiritual direction that truly comes from an interfaith perspective.

Lindahl, Kay. *The Sacred Art of Listening: Forty Reflections for Cultivating a Spiritual Practice*. Skylight Paths Publishing, 2002. Emphasizes the “three essential qualities of deep listening:” silence, reflection, and presence. Also offers instruction in sharing heartfelt emotions with clarity and compassion.

Wheatley, Margaret J. *Turning to One Another: Simple Conversations to Restore Hope to the Future*. Berrett-Koehler Publishers, 2002. This wonderful book explores the power of simple conversation. The first half reminds us why this is so important; the second offers ten “conversation starters.”

Starting Spiritual Direction: A Guide to Getting Ready, Feeling Safe, and Getting the Most Out of Your Sessions. Rev. Dr. John R. Mabry has been a spiritual director for nearly twenty years, and is the director of the interfaith spiritual direction certificate program at the Chaplaincy Institute in Berkeley, California.

Poor People's Campaign

On Monday, May 16th, Virginia Hollins-Davidson, BFUU's liaison to the Poor People's Campaign, was in Los Angeles with approximately one thousand other people gathered in front of Los Angeles City Hall for the Western Region Mobilization Tour stop, the next to the last one before the PPC and its allies head to Washington, D.C. on June 18th. People from all across the West chanted and sang as they marched past government buildings carrying bold gold and black banners.

Rev. Barber took the stage and cried, "Right now I'm hurting over this country, but I'm not going to let them steal my joy. Instead of quitting, we're going to keep fighting!" He noted that **51 percent of Californians are poor or low-income—some 20 million residents, which includes 62 percent of the state's children.** He invoked the country's 140 million poor and low-wealth people; bemoaned their higher rates of COVID death and the assault on voting rights, living wages, immigrant justice, and women's rights.

"What do we do with all of this?" he asked. "We have to keep on organizing and mobilizing...to put a face on these numbers, to call for a moral reset...to help save the heart and soul of this nation and democracy."

Lucia Torres, a leader with Los Angeles Tenants' Union and Union Vecinos, shared her moving story. Her husband lost his job during the pandemic and then fell ill with COVID-19 and was hospitalized. Doctors told the family that because he was undocumented he would have to go home to die as it was too expensive to treat him. During that time, in spite of her pain, Lucia helped organize a rent strike to help keep families in their homes. She proclaimed, "We know that immigrants are L.A., and we deserve respect and our rights."

Curtis Freeman from Sacramento told the crowd that he and others were to become homeless again on July 1, because there was no more funding for his temporary housing that was supposed to lead to permanent housing.

The final mobilization stop will take place Monday, May 23rd in Memphis, TN, which was Dr. King's final stop.

Then, at last, June 18—All roads lead to: **The Poor People's Campaign Mass Assembly and Moral March on Washington, D.C. and to the Polls in 2022**, a generationally-transformative declaration of the power of poor and low-wealth people and our moral allies to say that **we won't be silent anymore!**

End Global Fossil Fuel Addiction!

STAND FOR PEACE

**End Global Fossil Fuel Addiction!
It feeds wars and the climate crisis.**

<https://www.with-ukraine.org/>

Signed by 610+ organizations in 57 countries: UUA, BFUU-SJC, CODEPINK Golden Gate Chapter, Humboldt Unitarian Universalist Fellowship's Climate Action Campaign.

"...It is equally clear that this war machine has been funded, fed, and fueled by the coal, oil and gas industries that are driving both the invasion that threatens Ukraine and the climate crisis that threatens humanity's future.

And the world's fossil fuel addiction, in turn, is funding... warmongering...."

Note: At its May 15 meeting, the BFUU-Social Justice Committee voted to sign this petition. There were criticisms stated in discussion about excessive focus on Russia as the aggressor, leaving out the role of the US and NATO in threatening Russia. We all want wars to end. Diplomatic negotiations are needed.



Worship Service Teams!



Worship Service Team May 15
top: Frances, Paikea; 2nd row: Tom, Rabbi Lynn Gottlieb; 3rd row: Phoebe, Kathy & Doug



Worship Service Team May 8
top: Andy, Paikea & Eva, Lawrance; 2nd row: Ardys, Margaret, Barbara; 3rd row: Frances, Luna, Sarah; 4th row: Kathy & Doug, Tom, Virginia



Worship Service Team May 1
top: Paikea & Eva, Lawrance, Andy; 2nd row: Barbara, Frances, Ardys; 3rd row: Sharon, Virginia, Kathy & Doug; 4th row: Luna, Melissa, Bunny



Worship Service Team April 24
top: Lawrance, Paikea & Eva, Rev. Dr. Carrie Knowles, Elinor; 2nd row: Andy, Derek, Frances, Barbara; 3rd row: Luna, Ardys, Margaret, Sarah; 4th row: Tom, Kathy & Doug

Shared Plate Partner for June 2022: Coming to the Table



<https://comingtothetable.org/>

Coming to the Table provides leadership, resources, and a supportive environment for all who wish to acknowledge and heal wounds from racism that is rooted in the United States' history of slavery. The Coming to the Table vision for the United States is of a just and truthful society that acknowledges and seeks to heal from the racial wounds of the past—from slavery and the many forms of racism it spawned.

Offerings are split 50/50 by BFUU and our shared plate partner.
Pledge payments aren't a part of the plate collection.

Poetry Corner

JOURNEY

We are leaving everything,
landscape receding,
farther, higher, lower.
Apex and Zenith call.

Unknowing guides us
along scathing oceans,
among vine laced forests,
through wind blown meadows.

We become like cumulus clouds.

Frances Hillyard
BFUU Poet Laureate Emerita



*Happy
Birthday!*

Margaret Hurlbert

Ingrid Kepler-May

Steve Ogden

Jeff Palmer

Melissa R

Jack Sawyer

Community Voices

Andy Jamieson has Retired!

We are sad to announce that our beloved pianist and “choir wrangler,” Andy Jamieson, retired at the end of May, after many years of wonderfully filling the Hall and Zoom Room with beautiful music. Andy has decided to cut back on parts of his life to follow his “dharma.”

Of course we are heart-broken to hear this. Andy has been the glue that has kept the choir together, a mainstay for the Fellowship, and just an all-around great person to work with and have in our midst. He has been working non-stop since the pandemic threw us into a tizzy of Zooming and coordinating. He bent over backwards (maybe due to his Yoga?), helping the choir with all kinds of things, from making practice tracks to hand-delivering music. His support of the choir has been remarkable.

We owe Andy a huge “Thank You,” and we will miss his humor, kindness, and music, among other things. We wish him the best in the days ahead, and hope that he will come see us whenever he wishes.

We plan to have a going-away party in the near future. We will send out invitations as soon as we have a confirmed date.

Board of Trustees May, 2022

Regular Committee Meetings (via Zoom through Shelter In Place)

Aesthetics (subcom. of B&G)

Meets as needed

contact [Aesthetics Committee](#)

Buildings & Grounds (B&G)

Meets once per month,

contact [Ben and Abbot](#)

Caring

4th Sunday at 12:30 PM

contact [Kathy Riehle](#)

Committee on Ministry

meets as needed

contact [Kathy, Jinky, and Steve](#)

Finance

Meets as needed

contact [Ben and Abbot](#)

Hospitality

4th Sunday at 12:30 PM

contact [Kathy Riehle](#)

Membership

4th Sunday at 12:30 PM

contact [Doug Chambers](#)

Music

2nd Monday 2:00 PM

contact [Margaret Hurlbert](#)

Nominating

meets as needed

contact [Virginia Hollins-Davidson](#)

Personnel

odd months 3rd Thursdays 2:30 PM

Contact [Kathy Riehle](#)

Poetry

Meets as needed

contact [Frances Hillyard](#)

Religious Education

Meets as needed

contact [Sharon Colligan](#)

Social Justice Ministry

1st Sunday 12:30 PM

contact [Jeff Palmer](#)

Social Justice (SJC)

3rd Sunday noonish - after service

contact [Phoebe, Gene, and David](#)

Worship Services

1st Friday at 1:30 PM

contact [Sharon Colligan](#)

Community Voices

Ever Changing Garden

Our winter's rain was enough to put forth a lot of growth in many locations across California including the Fellowship's garden.

All the long-running, well established plants and trees needed a good soaking. I am sure the redwood, the tallest and broadest of them all, is a lot happier now.

From the small patch of evergreen, coral bells, to Jim's potted clivias rounding the corner, to several dainty ferns and miniature purple iris, and both aloes, large and small, were thrilled by the rains.

The yellow monkey flowers near the base of the curb on the east side are flourishing, although we might consider a few more.

Those crazy growing crocosmia plants are as extremely prolific as they are beautiful with their array of lobed orange flowers. Originally from Africa, they are considered a hummingbird's delight, drought tolerant and deer resistant.

Speaking of which, as the season progressed last year, there was a deer sleeping in a patch of crocosmias nightly by the herb garden box.

We are going to start thinning them straight away to expose the rocky stream that is hidden beneath.

It will also reveal the few remaining pollinators - yarrow, rosemary, planted a few years back.

The bush roses remain resilient with little splashes of water here and there.

A mallow which is topping off at a little over 3 feet along the parking strip across from this bed is being left for the painted lady butterflies, their eggs and food. Yipppee! (More on this later.)

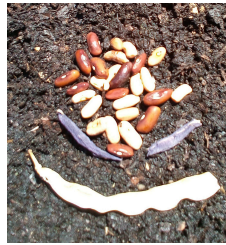
The tiny fennel seedlings are always being left for the swallowtails.

We are downsizing the herb bed because the lavender, lemon balm, and verbena have grown extraordinarily too large. I've been whittling away at the lemon balm to make it more manageable over the course of two yrs.

The verbena was just transplanted to its own barrel - yay! I gave it a little epsom salt with water to help with the shock of transplant. Keep your fingers crossed.

Into the herb bed will go smaller versions of culinary sage, perhaps savory, thyme, or tarragon, to accompany the preexisting oregano, and chocolate mint.

Last year's harvest from the veggie bed went fairly well. There were quite a lot of purple snap peas. I had fun creating a trellis for them and New School donated pipe cleaners for the teepee made from bamboo and random branches.



I gave the majority of those purple peas away to the little kids from New School who were very interested and inquisitive about them each time I was there working in the garden.

There were about 5 marigolds, mini calendula, strawberries, purple queen beans, chards, mint, beets, carrots, red onions, and collards last spring.

One of the beets made it. I just gave it to a youngster with his dad. Turns out he was a very happy jumping bean because he said he loved beets and wanted to peel it immediately.

I weeded the veggie bed thru the winter months Feb – April. It is currently overgrown with spearmint, and the ever-bearing strawberry plants.

With the addition of new soft soil and amendments, the following seedlings which are in the BCG green house will be planted; this will be the third year for purple queen beans, marigolds, calendulas, lettuce, kale and, as of mid-June, I hope to put in yellow squash and corn.

I'd like to put a shout out to the Sexton, who's been working diligently to keep the garden weeded and well-groomed for the last couple of years.

Thank you, Shae!

There is a lot of work to be done to dig up that clay soil, which is 2 inches below the top and one foot down. If anyone would like to help, please connect with me.

Aho & Ciao for now!

Christine D.



BFUU Online Meetings (mostly alphabetical)

Weekly Meetings

BFUU Choir Practice on Tuesdays at 7:00 PM

Choir members practice songs for worship service and fun!

Please contact Margaret at muscom@bfuu.org

Rev. Dr. Carrie's Reflection and Connection on Tuesday afternoons

Rev. Dr. Carrie Knowles invites BFUU members and friends to join her in a series of small meetings on zoom. Participation is limited. Email Rev. Dr. Carrie Knowles at revcarrie@bfuu.org and let her know of your interest.

Worship Service on Sundays at 10:30 AM

All are welcome to attend Worship Service!

Please contact Sharon at worshipservices@bfuu.org

Monthly Meetings

Board of Trustees Meeting 4th Thursday 6/23 at 3:00 PM

BFUU BOT meetings are open to all!

Caring Committee Meeting with Ministers on 3rd Tuesday 6/21 at 11 AM

Please contact Rev. Carrie at revcarrie@bfuu.org

Note that Caring Committee also meets with Hospitality and Membership on 4th Sundays.

Committee on Ministry Meeting 1st Thursday 6/2 at 2:00 PM

This committee is a communication channel between the ministers and the community.

Please contact Kathy, Jinky, and Steve at COM@bfuu.org

Elders Circle 1st Tuesday 6/7 at 11:00 AM

Come one, come all who are young at heart! Age does not matter! Join us for snacks and lively conversation. We may even solve some of the worlds problems... or not. We'll have fun trying. Please contact Rev. Marsh by text to 707-557-5707 (preferred) or email revmarsh@bfuu.org.

Hospitality, Membership, and Caring Committees Meetings

4th Sunday 6/26 at 12:30 PM on odd months.

Please contact Kathy at caring@bfuu.org

Men's Group 2nd Thursday 6/9 at 7:00 PM

We invite all men to this group. Our goal is to encourage each other as we build community.

Please contact [Jeff Palmer](#).

Music Committee Meeting 1st Monday 6/6 at 2:00 PM

Questions? Please contact Margaret at muscom@bfuu.org

Personnel Committee Meeting

3rd Thursdays on even months 6/16 at 2:30 PM

Please contact Kathy at personnel@bfuu.org

Social Justice Committee Meeting 3rd Sunday 6/19 after service (noonish)

Please contact Phoebe at sjc@bfuu.org

Social Justice Ministry Meeting *is on hiatus*

Worship Service Committee Meeting 1st Friday 6/3 at 1:30 PM

Please contact Sharon at worshipservices@bfuu.org

****some committees meet as needed - please see committee meeting list on page 3****

Fellowship Calendar June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>BFUU Annual Meeting</i> <i>Sunday June 12 at 12:30 PM</i> we will meet on the same link as Worship Service!			4 See page 6 or click here for info on UUCB drop-in support groups	2 2:00 pm COM Meeting*	3 1:30 pm Worship Svcs Committee Mtg*	4
5 10:30 am Worship Service* ¹	6 2:00 pm MusCom Meeting*	7 11:00 am Elders Circle* ¹ Reflection & Connection* 7:00 pm Choir Practice* ¹	8 See page 6 or click here for info on UUCB drop-in support groups	9 7 pm BFUU Men's Group*	10	11
12 10:30 am Worship Service* ¹ 12:30 PM BFUU Annual Meeting	13	14 Reflection & Connection* 7:00 pm Choir Practice* ¹	15	16 2:30 pm Personnel Committee*	17	18
19 10:30 am Worship Service* ¹ Noonish - after service SJC Meeting* ¹ Communicator Deadline	20	21 Caring meeting with ministers* Reflection & Connection* 7:00 pm Choir Practice* ¹	22	23 3 pm BFUU Board of Trustees Mtg* ¹	24	25
26 10:30 am Worship Service* ¹ 12:30 pm HMC- Hospitality, Membership and Caring-Cttees Mtgs* ¹	27	28 Reflection & Connection* 7:00 pm Choir Practice* ¹	29	30	 <i>Transforming Hearts Collective</i> Still Available! Contact the office - email office@bfuu.org or call 841-4824 ext 1 for information about Transforming Hearts Collective training!	

Please Plan Ahead: Direct links to meetings/registration have ¹ after the link. The remaining links send an email to the meeting organizer – please allow a few days for a reply.

If you have questions, please email office@bfuu.org or call the office at 510-841-4824 ext. 1.

* Fellowship event

¹meeting link

Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

BFUU OFFICE CLOSED - We are working from home

BFUU OFFICE

Susan Macke - Office Administrator

Phone: 510-841-4824, ext. 1

Working Days: Mon, Tue, Thu & Fri

Email: office@bfuu.org

SUBMISSION DEADLINE FOR JULY/AUGUST COMMUNICATOR:

June 20, 2022 at 11:00 AM

Please email newsletter@bfuu.org with submissions.

Address Correction Requested

Berkeley Fellowship of Unitarian Universalists

1606 Bonita Ave.

Berkeley, CA 94709

Berkeley Fellowship of Unitarian Universalists

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