

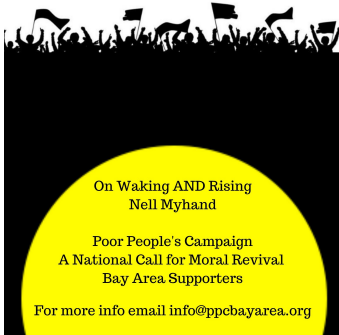
THE BFUU COMMUNICATOR

Berkeley Fellowship of Unitarian Universalists

March 2020

Upcoming Worship Services

Services at 10:30 a.m.



March 1: On Waking AND Rising

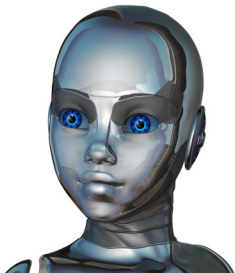
Nell Myhand (she/her), Guest Speaker

In these perilous political times we are admonished to wake up, if we are asleep and to stay woke if we are awake. But is woke enough? We will think together about what is required to bring about the changes that we need to have the society we want. One that values all of us and the planet.

March 8: Good Cop, Bad Cop? When Women Call for Help

Rev. Dr. Carrie Knowles (she/her), Worship Leader

On International Women's Day, Rev. Dr. Carrie examines the problematic experience of women with law enforcement when they take social action and when they seek protection in face of violence.



March 15: Building the Star Trek Future

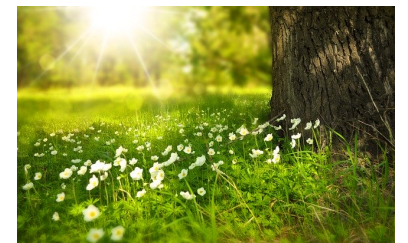
Laila Ibrahim (she/her), Worship Leader

The stories we tell about our past can help us more honestly understand our present – or keep reinforcing the myths that maintain the system of oppression and privilege we were born into. It takes humility and accountability to reveal the painful truth hidden in plain sight.

March 22: Spring Has Sprung!

Rev. Dr. Carrie Knowles (she/her), Worship Leader

The Spring equinox, celebrated in every faith, is a time of new life and new beginnings, as day and night come into balance.



March 29: The Mission Driven Fellowship

Rev. Sarah Schurr (she/her), Worship Leader

Keeping a Fellowship going is a lot of work. Why do we do it? What is purpose and mission of the Berkeley Fellowship and how does understanding that mission make a difference in our work? How does it help us live into our place in the world? Rev. Sarah Schurr, from the Pacific Western Region of the UUA, will be our speaker on the important topic of Mission.



Cleric's Corner

Clergy & Staff

Reverend Marsh Agobert, *Minister*
 Reverend Dr. Carrie Knowles, *Minister*
 Reverend Tom McAninley, *Community Minister*
 Dr. Susan T. Mashiyama, *Music Director*
 Deborah Hamouris, *Event Space Coordinator*
 Susan Macke, *Office Coordinator*
 Ed Keating, *Facilities Manager*
 Michael Simpkins, Jr., *IT Consultant*

Board of Trustees

Ira Armstrong, *President*
 Doug Chambers, *Vice President*
 Michael Gardner
 Jeff Palmer
 Judith Granada-Dewey
 Ben Burch, *Treasurer (Alternate)*
 Joanna Foley, *(Alternate)*

Committees

Aesthetics (Subcommittee of B&G)
 Joanna Foley, *Chair*
 Building & Grounds Committee
 Abbot Foote, *Co-Chair*
 Ben Burch, *Co-Chair*
 Caring Community
 Kathy Riehle, *Chair*
 Committee on Ministry
 Laura Knipmeyer, *Convener*
 Finance Committee
 Ben Burch, *Co-Chair*
 Abbot Foote, *Co-Chair*
 Hospitality Committee
 Elinor Roberts, *Co-Chair*
 Kathy Riehle, *Co-Chair*
 Membership Committee
 Doug Chambers, *Chair*
 Music Committee
 Margaret Hurlbert, *Chair*
 Personnel Committee
 Kathy Riehle, *Chair*
 Poetry Committee
 Frances Hillyard, *Chair*
 Marianne Robinson, *Poet Laureate*
 Religious Education (RE) Committee
 Sharon Colligan, *Convener*
 Social Justice Committee (SJC)
 Phoebe Sorgen, Cynthia Johnson,
 Gene Herman, and David Makofsky,
Co-Chairs
 SJM Task Force (Subcom of SJC)
 Jeff Palmer, *Convener*
 Worship Services Committee
 Joanna Foley, *Chair*

Disclaimer: The views and opinions expressed in The Communicator are those of individuals and are not necessarily those of BFUU, its officers, or its trustees.



Spring Forward

I'm going to do everything in my power to shift focus to a more upbeat channel for the next several months. For one, we are drawing close to the end of winter.

Whether noticeable or not, I am a person who is very tuned to the cycles in nature.

Winter is our long dark season, and though we have passed the longest night, the dark of the day is still quite long. I like the long nights. I do my work, including my spirit work, very well during the night and early morning. Yet, I do believe these dimmer days do affect all of us. The aggressive push and pulls of the impeachment and the debates have their impacts even on those of us who don't directly experience it through daily news reports. The nation does have a mood.

So I'm preparing to lift off soon and gain some altitude. Altitude is useful for broadening one's field of vision.

I still hold that our future is about taking to heart the ground of our covenant. And I can't imagine that the dream of the beloved community wouldn't be in our top hopes and goals for BFUU. Yet I find that my focus for reaching that is changing. I am currently attracted to the resonance of The Seven Principles of Unitarian-Universalism. These are the taproots that bind our two parent-denominations into a single-family.

I will not be digesting all seven at this seasonal setting. Here are the ones that have been speaking to me over the past few months. Let's see how much overlap you and I share.

- 2nd Principle: Justice, equity¹ and compassion in human relations;
- 3rd Principle: Acceptance of one another and encouragement to spiritual growth in our congregations;
- 4th Principle: A free and responsible search for truth and meaning;
- 7th Principle: Respect for the interdependent web of all existence of which we are a part.

I see the T3 small group as actively speaking into these principles. I love the small groups in large part because it gives me a chance to hear from you. Except for those people who may visit me on In-Office Wednesdays, I don't often get to hear from you. On the one day each month that I get to be involved with a more significant part of the whole community, I'm doing a great

¹**Equity** - the quality of being fair or impartial; fairness; impartiality:

Cleric's Corner (continued)

deal of the talking. It's not easy under such circumstances to hear from you for more than two or three minutes following. And I so want to hear from you. So the Springtime Small Groups are an excellent opportunity for that.

I hope many of you will take this opportunity of the T3 group to speak to your fellow congregants and me, as well, to share your thoughts on those things most important to you both in and around our community. Yes, national and world stage topics are all open in our responsible search for truth and meaning.

T3 will begin in April, and registration is currently open. Sunday and Newsletter Announcements will apprise you of their impending close. But don't put this off. It always happens that someone asks after the moment to join has ended. To be with us: email me at RevMarsh@BFUU.org with T3 in the subject line or text me at (707) 557-5707 with mention of T3 AND your email address. Easy. I will send you something in response.

Respond to this with anything you'd like to tell me; about anything. Please write to me or call the office to set time with me on Wednesdays. I look forward to hearing from you.

Rev. Marsh

President's Corner



Song for the month: Where Do We Come From

Dear BFUU,

Though Unitarians and Universalists have each been in existence for about 400 years, Unitarian Universalism is less than 100 years old.

BFUU, founded in 1959, is actually older than our joined association.

What have we done in the last 60 years? What do we want to do in the next 60?

This month we ask all BFUU friends and community to join us for a training weekend with the Reverend Sarah Schurr, our small congregations representative from the UUA. All BFUU leaders are invited to dinner on Friday for a small group breakout. All leaders, members and friends are invited to a timeline and training Saturday 9:30-3:30, and church service and brunch Sunday. Please see page 9 of this newsletter.

What will BFUU do? Who will we be? Let's get together and start our plans for the next 10 years in Beloved Community.

Warmly,

Ira X

Worship Service Teams



Worship Service Team Feb 2:

Back: Rev. Marsh, Doug, Marge;
Front: Andy



Worship Service Team Feb 9:

Back: Virginia, Kele, Doug, Dr. Susan;
Front: Ira, Minister Cherri, Francesca



Worship Service Team Feb 16:

Glen Iowaka, David Uyeno, Dr. Susan,
Alex Smith, Guy Gash (Bandleader), Ivo
Maringouin, Rev. Marsh

Poor People's Campaign Update

"In a fusion coalition, our most directly affected members would always speak on the issues closest to their own hearts. But they would never speak alone. When workers spoke up for the right to organize and engage in collective bargaining, the civil rights community would be there with them. And when civil rights leaders petitioned for the expansion of voting rights for people of color, white workers would stand with them."

William J. Barber II, The Third Reconstruction: Moral Monday's, Fusion Politics, and the Rise of a New Justice Movement.

People are rising and coming together to break every chain and to take back what has been stolen.

What: A NATIONAL CALL FOR MORAL REVIVAL: MASS POOR PEOPLE'S ASSEMBLY & MORAL MARCH ON WASHINGTON

When: 10 AM, Saturday, June 20, 2020

Where: Northeast corner of the National Mall, Washington, DC, Pennsylvania Avenue, NW extending west from 3rd St. NW.

What: We are marching to Washington, DC, to demonstrate the collective power of poor and low-wealth people. We demand that both major political parties address the interlocking injustices of systemic racism, poverty, ecological devastation, militarism and the distorted moral narrative of religious nationalism by implementing our Moral Agenda.

Why: To dramatize the pain and prophetic leadership of the poor and dispossessed and build power to enact our demands.



To wake the nation to the interlocking injustices facing 140 million poor and low-wealth people, 43% of the nation.

But it's not enough just to be awake. It's not the waking; it's the rising! On June 20, 2020, We Rise Together!

If the rejected millions – the poor without health insurance, without living wage, without clean water, without voting protections – unite, we can move the moral and political imagination of this country and revive the heart of the nation!

Who: The Poor People's Campaign, a National Call for Moral Revival is made up of people of all backgrounds: We are Black, Brown, White, Native, and Asian. We are old and young. We are Christian, Sikh, Jewish, Buddhist, Hindu, Muslim. We are people of faith and not of faith.

We are people of all sexual orientations and gender identities. We are led by poor people, and we are a cross-class movement. We are people of all abilities; and we live across this nation, from Alabama to Alaska, from Maine to California to Mississippi.

March, ride, bus, drive, fly, walk, run, train, bike, but get there! Be in that number!

Submitted by **Virginia Hollins-Davidson**, Bay Area Steering Committee Representative on PPC CA State Coordinating Committee, and **Rev. Tom McAninley**, BFUU Community Minister, Bay Area PPC Steering Committee.

Regular Committee Meetings

Aesthetics (subcom. of B&G) 2 nd Friday at 11:30 AM in Fellowship Hall	Finance Meets as needed contact Ben Burch or Abbot Foote	Personnel 3 rd Thursdays 2:30 PM Mike Gardner's house	Social Justice Ministry 1 st Sunday 12:30 PM in Fellowship Hall
Buildings & Grounds (B&G) Meets once per month, contact Ben Burch or Abbot Foote	Hospitality 4 th Sunday at 12:30 PM in Fellowship Hall	Poetry Meets as needed contact Frances Hillyard	Social Justice (SJC) 3 rd Sunday 12:30 PM in Fellowship Hall
Caring 4 th Sunday at 12:30 PM in Fellowship Hall	Membership 4 th Sunday at 12:30 PM in Fellowship Hall	Religious Education Meets as needed contact Sharon Colligan	Worship Services 2 nd Tuesday at 10:00 AM in Fellowship Hall
Committee on Ministry meets as needed contact Laura Knipmeyer	Music 2 nd Monday 2:00 PM Fatapples (1346 MLK)		

Musical Notes from Dr. Susan



“Hellooooooooooooo!” Jeff Palmer called from the mic on the stage, addressing the noisy crowd in the Fellowship Hall.

“Hellooooooooooooo!” echoed back the crowd and they quieted down a bit.

“Wow, that was so fun, let’s do it again!” said Jeff. “Hellooooooooooooo!”

“HELLOOOOOOOOOOO!” echoed the crowd louder, and this time, he had everyone’s attention.

“Let’s do it a third time!” shouted someone from the crowd. And so they did.

“Hellooooooooooooooooooooo!” sang Jeff.

“HELLLOOOOOOOOOOOoooooooooooo!” shouted back the audience.

Jeff Palmer, BFUU board member, was giving the introduction to the concert on January 25, 2020 with Emma’s Revolution and Annie Patterson, co-creator of the famous “Rise Up Singing” songbooks that we often use in our musical gatherings and Sunday service music. He told jokes and explained what UU was, and he was clearly eating it up, telling jokes, and eliciting a lot of laughter.

Margaret Hurlbert, the Music Committee (MusC) chair and I had been reminded awhile back that it’s expected of us to introduce the Fellowship and UU at events sponsored by BFUU committees. It’s actually a very important thing to do, or our events become just like ordinary events from outside groups. So we ask board members to do this as official representatives of our congregation if they are present, especially officers.

Many people have told us that they never knew what UU was until they heard an introduction like this, and that they didn’t realize we welcome people of all faiths where love is the basis, and also welcome atheists and agnostics. Jeff then invited the group to our Sunday services and our other activities.

The concert was an amazing success, and the band filled the hall with gorgeous social justice music. I had worked really hard on promoting the event with Margaret and other MusC folks, and everyone made the event run smoothly. Last time Emma’s Revolution was here, the band put a big effort into promoting it, but this time, it became clear early on that because they were on a tightly scheduled tour, they were doing very little promotion. So we stepped up and publicized it widely with additional help from others including Ben Burch, Phoebe Sorgen, and of course our wonderful office staff. The choir made two outreach visits to the Starry Plough local music pub, performing social justice songs there and handing out flyers.

But you never know if promotion will work until the day of the concert, so it was to our delight that we had a standing room only crowd, with 165 attendees!

Since the concert was in honor of Pete Seeger’s 100th birthday with sing-along “Songs of Resilience,” one of the highlights was to sing a song written by Pete and to perform it with the band at the front of the Hall. Choir members were joined by musicians from our ukulele classes, and we felt like rock stars singing in three-part harmony this beautiful song about hope for an end to war as the entire crowd joined in.

As often happens, the Fellowship was gifted with music book donations at the end of the evening. This time our thanks go to members Dolores Helman and Gene Herman, who attended the spirited event.



Social Justice Watch

Big Telecom v BFUU? *by Phoebe Sorgen, SJC co-chair and co-founder of WiRED*

Three houses down from BFUU on Cedar, a telephone pole sports a sign indicating that a so-called "small" cell Wireless Telecom Facility (WTF) is coming. That would be 5G, meaning 5th Generation, not 5 gigahertz. A small cell equals a macro cell tower in the strength of its wireless radiation emissions. Across the street are signs saying Verizon applied for a permit to install two 4G cell towers on the roof of the Lawrence Moore Manor where several BFUU members and friends live. Either WTF could adversely affect BFUU's revenue. Near antennas, savvy parents pull kids out of schools and property values plummet by 20-30%.

Draft telecom guidelines and laws will be on the **City Council agenda Tues**

March 17 (and March 24?) Please wear green to the meeting at 1231 Addison St.

near Bonar, speak for one minute just before the item comes up on the agenda, cede your minute to another, and/or hold a sign expressing support for the people's Recommendations which, thanks to Councilmember Davila, will be on the same agenda. Mill Valley banned cells from residential districts! We demand advance notice and hearings before telecom puts radiation-emitting antennas outside workplaces or schools, and 1500' setbacks. The City must require telecom to put ALL ancillary equipment underground and to reimburse the City for insurance, radiation spot testing by independent engineers, inspections, signage, etc.

Wireless radiation adversely affects health and the environment, but federal law, written by industry lobbyists, forbids local officials from basing regulations on those factors if WTF radiation is within FCC standards (but no one is measuring.) So oppose 5G's drastic **increase in energy use, surveillance, hacking and fire risks, interference with weather prediction, property devaluations, worker danger, industrial clutter, Fair Housing and ADA inaccessability, cost to cities and individuals.**



Telecom has captured the FCC and the press. Just before a 5G Crisis National Action Day, a NY Times science writer promoted 5G, dismissing its health effects, because:

- The survival of the Times depends on telecom advertising.
- Telecom mogul Carlos Slim, one of the world's richest men, was its largest shareholder.
- In addition to owning Yahoo & AOL, Verizon has lucrative deals with the Times.

An Irish tribunal ruled that the Times article violated Ireland's Truth & Accuracy Code. The court based its decision on over 1,000 peer-reviewed studies (from the National Institutes of Health, Yale, UCLA, etc.) which link cell phone and cell tower radiation to health problems. (MDsafeTech.org, AmericansForResponsibleTech.org, bioinitiative.org)

Whether to purchase a \$1300 5G phone is a personal choice. The real argument is whether private big biz may involuntarily expose the public to wireless radiation 24/7 with no escape so a neighbor can stream video all day on a phone in the bathroom or "drive" a car while on social media. There's no real need for more WTFs. Most coverage is fine for real needs. For trivial entertainment addiction or Big Telecom profit, is having ugly wireless antennas on every block worth the risks? Some people suffer no ill effects, fortunately, just as some smokers never get cancer, but emf radiation sickness caused two BFUU friends to become homeless. Big Telecom's planned 5G rollout would drench humanity and the planet in radiation a million times greater than natural background levels. Berkeley needs to be brave and lead!

Public Works handles permits for utility poles: PWUtilityFeedback@cityofberkeley.info The Zoning Adjustment Board will handle the permit for the Manor: ZAB@cityofberkeley.info The Mayor and City Council decide appeals: Clerk@CityOfBerkeley.info

To get a ride to the 3/17 Council meeting, receive updates, donate towards an attorney, or volunteer (many options), **email Wireless Radiation Education & Defense (WiRED) at: 5GfreeBerkeley@gmail.com**

Community Voices/Poetry Corner

On Yolo Street

Small birds shrill hunger
from empty branches –
leaves crispcurled

Wingrush

Hunger brushed into joy –
Seed-SEED seed-SEED seed

Frances Hillyard
BFUU Poet Laureate Emerita



BFUU was the “perfect venue” for the
Himawari-Kai New Year’s Celebration at
BFUU on Saturday January 25!



Jean Lieber



(right) Joanna Foley and Phoebe Sorgen, who rallied and marched with BFUU members Rev. Tom McAninley, Virginia Hollins-Davidson, and Tom Luce in the Poor People’s Campaign contingent (left) on MLK Day in Oakland 1/20/2020.



Featured BFUU Events



The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.



Nancy Schimmel’s Birthday Concert Benefit

Saturday March 7 at 7:30 PM in Fellowship Hall

Singer/songwriter/activist Nancy Schimmel and her friends are doing a birthday benefit concert for **RAICES**, which provides legal help for refugees at our borders. With Marianne Barlow, Marcie Boyd, Bonnie Lockhart, and Alisa Peres, plus Candy Forest & Wolf Party, Occupella, and the Organic Women’s Chorus. We’ll sing our own songs and a couple by Nancy’s mom, Malvina Reynolds.

Sliding Scale \$10-\$25 No one turned away for lack of funds.

Tickets at nancybirthdayshow.brownpapertickets.com

Sponsored by Nancy Schimmel and friends and the BFUU Social Justice Committee.

Featured BFUU Events

Bay Area PPC Faith Leaders Convening

Saturday March 14 from 1 - 3 PM in Fellowship Hall

Learn about the Poor People's Campaign, enjoy a sneak preview of the documentary "We Cried Power," and learn how we can mobilize together towards the June 2020 Poor People's Assembly and March on Washington.

The Poor People's Campaign: A National Call for Moral Revival, led by Rev. William J. Barber II and Rev. Liz Theoharis, is uniting people nationwide to challenge the evils of racism, poverty, the war economy, and ecological devastation.

For more information, please email revtom@bfuu.org



You are cordially invited to Patricia's Fund Raiser!

PATRICIA BULITT

Sunday March 15 at 3:30 PM in Fellowship Hall

Beginning in 2016 when diagnosed with an incurable, but treatable cancer, Patricia has had no employment and has experienced long periods of immobility. Most recently with nearly 9 months of immobility, Patricia currently celebrates walking with a walker! Your kind contributions assist with medical and living expenses. Hosting great performers, we hope you will attend. Thank you!



CONCERT	Bryan Dyer, Musician, Educator Stephen Kent, Musician, Didgeridoo Player Evie Ladin's MoToR/dance	Chris Olander, Poet Laureate, Nevada City, CA Keith Terry, Body Musician Mahealani Uchiyama
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Sponsored by the BFUU Social Justice Committee

Cost: Suggested Contribution: \$20.00-\$250.00 *No one turned away for lack of funds*

Advance Tickets <https://patriciabulittfundraiser.brownpapertickets.com>

What's in Your Water? Exposing The Pentagon: Hidden Polluter of Water



Saturday March 21st doors at 6:30, program at 7-9pm in Fellowship Hall

Pat Elder's 20-city California Military Poisons Tour calls attention to the military's role in contaminating land and water on bases and in nearby communities with PFAS "forever chemicals" linked to chronic and life-threatening illnesses. Former residents of California's George Air Force Base will tell of the toxic legacy across generations of exposure while serving there. We'll discuss what California is doing about this crisis and Next Steps for Action. Help us build a movement for human rights, environmental and health justice, and peace for present and future generations.

Pat Elder, investigative journalist with *Civilian Exposure* and Board Member of *World BEYOND War*.

Patricia Hynes, retired Professor of Environmental Health, Boston University School of Public Health, and Director of the Traprock Center for Peace and Justice.

Gar Smith, award-winning investigative journalist for *Project Censored*, author, editor, co-founder of *Environmentalists Against War* and a board member of *World BEYOND War*.

Lisa McCrea and **Denise Torri** served at George Air Force Base and Lauren Coletrain who was born there. Liz Rosenbaum, an organizer of Fountain Valley Clean Water Action Coalition, in Colorado that has one of the largest and most contaminated populations in the country.

Forum details and speaker bios at www.militarypoisons.org

Sponsored by Women, Money & Democracy Committee of the Women's International League for Peace and Freedom, Civilian Exposure, Code Pink, WorldBeyondWar, Veterans for Peace, and the BFUU Social Justice Committee

Suggested donations of \$5 - \$20. No one turned away for lack of funds.



Featured BFUU Events



Where do we come from, what are we, where are we going?

Friday March 27, Saturday March 28, and Sunday March 29

Fellowship Hall



BFUU, with the help of our UUA Small Congregations representative, the **Reverend Sarah Schurr**, is holding a training and planning together session from Friday, March 27th - Sunday, March 29th.

Friday, March 27 evening *RSVP: <https://www.facebook.com/events/206446537143338/>*
All BFUU leaders are welcome to come to a Leadership Training with Rev. Schurr. Dinner is available. Please RSVP by Thursday, March 19th so we can have enough food. (Please note that Vintage Invasion Old Fashioned Dance Party will be on Saturday March 28.)

Saturday, March 28 daylong *RSVP: <https://www.facebook.com/events/843873332759879/>*
10 am - 3:30 pm; Continental Breakfast at 9:30 am and lunch midday. Please RSVP by Thursday, March 19th, so we can have enough food. Rev Schurr will help us make a community timeline to see where we have come from, where we are now, and where we want to go.

Sunday, March 29 morning through early afternoon *no RSVP necessary*



Sunday Service at 10:30 AM, and luncheon with Rev Schurr afterward. A brief **Special Congregational Meeting** to elect the nominating committee and affirm the Committee on Ministry will take place from **1-1:30 pm**. No RSVP necessary, however please do bring potluck items to add to what is provided as you are able.



Weekly BFUU Events



The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.



Qi Gong & T'ai Chi with Gene Herman

Mondays, 4-5 PM in Fellowship Hall | Wednesdays, 3-4 PM in Fellowship Hall

This practice improves health and well-being at any age.

Ministerial Office Hours with Rev. Dr. Carrie

Tuesdays from 2 PM - 6 PM in the Ministers Office

Contact Rev. Dr. Carrie at revcarrie@bfuu.org for an appointment. You can also leave a voicemail for Rev. Carrie on ministerial as well as pastoral care subjects at 510-841-4824 x2.

Weekly BFUU Events

Ministerial Office Hours with Rev. Marsh

Wednesdays from 10 AM - 3 PM in the Ministers Office

Contact Rev. Marsh at revmarsh@bfuu.org or 510-841-4824 x 2 for an appointment.



BFUU Choir Practice

Wednesdays at 7-8:30 PM in Fellowship Hall

We practice songs for the worship services, learn melodies, and work on musicality and harmonies. Everyone who practices with us is invited to sing with the choir at the front of the hall on Sundays, but no pressure! Everyone is also welcome to just join in on

Wednesday practice for fellowship and/or to be able to sing more confidently and joyously in the congregation on Sundays. Please invite your friends and neighbors. These gatherings are offered by BFUU as a service to build community. Folks are also welcome to come to the meditative tea from 6:30 - 7 pm right before the singing practice.

Monthly/BiMonthly BFUU Events



The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.

Orientation for Newcomers

1st Sunday - March 1 after service in the lobby of Fellowship Hall

There is an orientation for newcomers after the service on the first Sunday of each month. All are welcome, whether you are considering membership or not.

Elders Circle

1st Tuesday - March 3 at 11 AM in Fellowship Hall

Come one, come all who are young at heart! Age does not matter! Join us for snacks and lively conversation. We may even solve some of the worlds problems... or not. We'll have fun trying.

BFUU Second Sundays Potluck*

2nd Sunday - March 8 after service (12:30 PM) in Fellowship Hall

Come one, come all! Whether you have a dish to share* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome!



**If you bring a dish, please also bring a printed list of all ingredients so those with differing tolerances.*



BFUU Writers Group

2nd Sunday - March 8 at 1 PM in the Preschool Room - no animals

Wheelchair accessible. Beginners welcome! Our group includes all levels – beginner to advanced, and all genres – including fiction, short story, poetry and more. After a 7-minute writing exercise, we write for an agreed-upon period of time. Then we read our work aloud and give each other positive feedback.

Monthly/BiMonthly BFUU Events

Board President Ira Armstrong Office Hours

2nd & 4th Tuesdays March 10 & 24 at 1:30-3:30 PM in the RE Office

Please contact Ira via email BOTIra@bfuu.org or phone 510-841-4824 ext. 4 to make an appointment.



Women's Voices 2

Tuesdays March 10 & 24, April 14 4:30-6:00 pm in the Fireside Room

a group for women in the BFUU community (members, friends, all who enter our doors)

- * to share spiritual community and support
- * to put forth our truths where we can be truly heard
- * to find our own inner voices as we hear our siblings speak

Lifting up our voices together!

Facilitated by: Rev. Dr. Carrie Knowles, BFUU Minister/Pastoral Care, and

Joanna Foley, Chair, Worship Services Committee; Alternate, Board of Trustees

For more information or to sign up, please contact: revcarrie@bfuu.org | (510) 841- 4824 ext 5



Women's Voices Alumnae

Thursdays March 12 & 26

4:30 pm - 6:00 pm in the Fireside Room

Welcoming all who have participated in the Women's Voices groups!

For more information or to sign up, please contact: BOTJudith@bfuu.org | (510) 841- 4824

BFUU Men's Group

2nd Thursday - March 12 at 7-9 PM in Fireside Room

We would like to invite all men to a Men's Group on the second Thursday of the month. Our goal is to encourage each other as we build community. Hope to see you there next time.



The Hardly Strictly Acoustic Jam

2nd Friday - March 13 at 7 PM in Fellowship Hall

Join us for BFUU's new jam session format. Come sit in our circle, share music, songs, poetry, excerpts from your new book, jokes and stories. We

welcome all entertainers and entertainees to fill the Hall with performance, connection, and appreciation for all forms of art. Sponsored by the BFUU Music Committee.

Suggested donations of \$5 – \$20 No one turned away for lack of funds! Volunteers appreciated!



Uke Jam

3rd Friday - March 20 at 7 PM in the Fireside Room

BFUU holds a uke jam for those who want to experience more music in their lives.

First-time players are welcome and if you need to borrow a ukelele, let us know – we might be able to loan you one. If you have questions or want to let us know you're attending, please send your name and email address to jeffpalmer123@comcast.net. Otherwise, please just drop in and join us!

BFUU Board Meeting

4th Thursday - March 26 at 7:15 PM in Fellowship Hall

Monthly/BiMonthly BFUU Events



Vintage Invasion Old Fashioned Dance Party

Saturday March 28 at 7 PM in Fellowship Hall (Note date: on **Saturday** this month!)

7 – 8 pm Beginning waltz lesson

8 – 11 pm DJ dance party with some live music

Full of waltz songs new and old, swing dance, and other ballroom dances

\$10, \$6 students with ID No one turned away for lack of funds. Class free with dance

www.facebook.com/groups/VintageInvasion/ Sponsored by BFUU Music Committee

Other Community Events held at BFUU



The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.



Our Revolution East Bay

Meetings are held at BFUU on the first Sunday of each month from 4-6pm in the Connie Barbour Room. Doors open at 3:45 PM

Pizza will be provided and feel free to bring something to share!

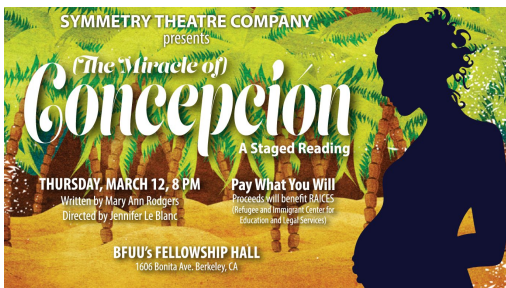


Women & Song, a women's singing group

Directed by Deborah "DJ" Hamouris

2nd & 4th Thursdays 7 - 8:30pm in the Preschool Kitchen

Women & Song is looking for a few good women to sing & laugh with us! At each rehearsal we learn songs & rounds, including some originals. If you can hold your own on a round and read a bit of music, join us! \$20-\$10, sliding scale Reserve your space: 510/910-2574 or deborahj@djhamouris.com



Symmetry Theatre Company presents

The Miracle of Concepción

Thursday March 12 at 8PM in Fellowship Hall

Please join us for the first of two staged readings we will be presenting in March. Concepcion will be directed by Jennifer Le Blanc and feature a cast of U.S. and Mexican actors.

Cost: Pay What You Will – All proceeds will benefit **RAICES** (Refugee and Immigrant Center for Education and Legal Services)



Mountain Dulcimer Jam with Deborah Hamouris

2nd Saturdays from 2:30 - 4:30 PM in the Preschool Kitchen

NO-TAB JAM!! Bring tunes you know by heart to share/teach/lead with the group. DJ will help you lead. Donation of \$5-\$20, sliding scale. No one turned away for lack of funds.

Email djh@berkeleydulcimergathering.com

Fellowship Calendar March 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:30 am Choir Rehearsal* 10:30 am Worship Service* 12 noon Newcomer Orientation* 12:30 pm SJM Mtg* 4 pm Our Revolution East Bay 8 pm AA Mtg	2 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	3 7:30 am Augustine Fellowship 11 am Elders Circle* 2 pm Rev. Carrie office hours* 7 pm AA Men's Mtg	4 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T'ai Chi* 6:15 pm Choir Practice* 7 pm NA Men's Mtg	5 11 am Women's Voices Alumnae meet at BAMPFA* 11:45 am AA Meditation 8 pm AA Dignitaries	6	7 9 am ASCA 2:30 pm Mountain Dulcimer Jam 6 pm Augustine Fellowship 7:30 pm Nancy Schimmel Birthday Benefit*
8 9:30 am Choir Rehearsal* 10:30 am Worship Service* 12:30 pm 2nd Sunday Potluck* 1 pm BFUU Writers Group (no animals)* 8 pm AA Mtg	9 2 pm MusCom Meeting (Fatapples)* 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	10 7:30 am Augustine Fellowship 10 am Worship Svcs Cttee Mtg* 1:30 pm BOT Pres. Ira Armstrong office hours* 2 pm Rev. Carrie office hours* 4:30 pm Women's Voices* 7 pm AA Men's Mtg	11 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T'ai Chi* 6:15 pm Choir Practice* 7 pm NA Men's Mtg	12 11:45 am AA Meditation 4:30 pm Women's Voices Alumnae* 7 pm Women & Song 7 pm BFUU Men's Group* 8 pm AA Dignitaries 8 pm The Miracle of Concepción	13 11:30 am Aesthetics Subcttee Mtg* 7 pm The Hardly Strictly Acoustic Jam*	14 9 am ASCA 1 pm PPC Faith Leaders Convening* 6 pm Augustine Fellowship
15 9:30 am Choir Rehearsal* 10:30 am Worship Service* 12:30 pm SJC Meeting* 3:30 pm Patricia Bulitt Fund Raiser* 8 pm AA Mtg	16 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	17 7:30 am Augustine Fellowship 2 pm Rev. Carrie office hours* 7 pm AA Men's Mtg	18 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T'ai Chi (in CB)* 6:15 pm Choir Practice* 7 pm NA Men's Mtg	19 11:45 am AA Meditation 2:30 pm Personnel Committee (at Mike Garder's house)* 8 pm AA Dignitaries	20 7 pm Uke Jam* Communicator Deadline	21 9 am ASCA 6 pm Augustine Fellowship 7 pm What's in Your Water*
22 9:30 am Choir Rehearsal* 10:30 am Worship Service* 12:30 HMC-Hospitality, Membership and Caring-Cttees Mtgs* 8 pm AA Mtg	23 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	24 7:30 am Augustine Fellowship 1:30 pm BOT Pres. Ira Armstrong office hours* 2 pm Rev. Carrie office hours* 4:30 pm Women's Voices* 7 pm AA Men's Mtg	25 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T'ai Chi (in CB)* 6:15 pm Choir Practice* 7 pm NA Men's Mtg	26 11:45 am AA Meditation 4:30 pm Women's Voices Alumnae* 7 pm Women & Song 7 pm BFUU Board of Trustees Mtg* 8 pm AA Dignitaries	27 BFUU Planning Weekend with Rev. Schurr*	28 BFUU Planning Weekend with Rev. Schurr* 7 pm Vintage Invasion Dance Party*
29 9:30 am Choir Rehearsal* BFUU Planning Weekend with Rev. Schurr* 10:30 am Worship Service* 1 pm BFUU Special Congregational Meeting* 8 pm AA Mtg	30 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	31 7:30 am Augustine Fellowship 1:30 pm BOT Pres. Ira Armstrong office hours* 2 pm Rev. Carrie office hours* 4:30 pm Women's Voices* 7 pm AA Men's Mtg				

* denotes Fellowship event

Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

BFUU OFFICE HOURS

Monday - Friday: 11 a.m. to 5 p.m.

BFUU OFFICE STAFF

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SUBMISSION DEADLINE FOR April *COMMUNICATOR*: March 20

Please email newsletter@bfuu.org with submissions.

Address Correction Requested

Berkeley Fellowship of Unitarian Universalists

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