

THE BFUU COMMUNICATOR

Berkeley Fellowship of Unitarian Universalists
November 2019

Upcoming Worship Services

Services at 10:30 a.m.

November 3: An Unsettling Force, the Revival of Class Organizing

Millie Phillips (she/her), Guest Worship Leader



photo: Anita Hart/Flickr

The past several years have demonstrated an enthusiastic revival of organizing on the basis of class. From teachers unable to afford to live where they work to the new Poor Peoples Campaign reintroducing the spirit and tactics of the Civil Rights Movement, more and more of us are realizing that economic injustice is entwined at the roots of all our social problems. Frankly, many UUs have been a bit slow to engage in this “new” approach. Millie will discuss why UUs need to get on board practically, ethically, and spiritually.



November 10: Patience & Kelly visit BFUU for a Zimbabwean themed service

Kelly Takunda Orphan (she/her), Guest Speaker

Kelly will tell us about her musical journey and how it moved her spirit to embrace Zimbabwean music and how it transformed her and the music community here in the Bay Area.

We have the honor of meeting Patience Mujeri who is visiting here from Zimbabwe. Patience will share her Zimbabwean culture and music.



November 17: Joy in the Darkness

Claire Eustace (she/her), Worship Leader

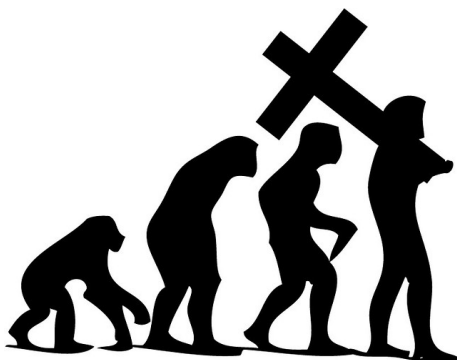
It is said that joy and sorrow are two sides of the same coin. In this service we will delve into the mystery of what brings us joy and how to access it in our lives. We will move, sing, and be still as we contemplate joy in the short days of this season.



November 24: Why Can't Religion and Evolution Just Get Along?

Rev. Dr. Carrie Knowles (she/her), Worship Leader

One hundred and sixty years ago today, Charles Darwin's world-changing book, “On the Origin of Species,” was published in England. Rev. Dr. Carrie Knowles surveys the almost endless struggle over time between conservative religious doctrine and the careful, caring science that upended old assumptions with the power of truth.



President's Corner

Clergy & Staff

Reverend Marsh Agobert, *Minister*
 Reverend Dr. Carrie Knowles, *Minister*
 Reverend Tom McAninley, *Community Minister*
 Dr. Susan T. Mashiyama, *Music Director*
 Deborah Hamouris, *Event Space Coordinator*
 Susan Macke, *Office Coordinator*
 Ed Keating, *Facilities Manager*
 Guy Colwell, *Sexton*
 Michael Simpkins, Jr., *IT Consultant*

Board of Trustees

Ira Armstrong, *President*
 Doug Chambers, *Vice President*
 Michael Gardner
 Jeff Palmer
 Judith Granada-Dewey
 Ben Burch, *Treasurer (Alternate)*
 Joanna Foley, *(Alternate)*

Committees

Aesthetics (Subcommittee of B&G)
 Joanna Foley, *Chair*
 Building & Grounds Committee
 Abbot Foote, *Co-Chair*
 Ben Burch, *Co-Chair*
 Caring Community
 Kathy Riehle, *Chair*
 Committee on Ministry
 Jeff Palmer, *Convener*
 Finance Committee
 Ben Burch, *Co-Chair*
 Abbot Foote, *Co-Chair*
 Hospitality Committee
 Elinor Roberts, *Co-Chair*
 Kathy Riehle, *Co-Chair*
 Membership Committee
 Doug Chambers, *Chair*
 Music Committee
 Margaret Hurlbert, *Chair*
 Personnel Committee
 Kathy Riehle, *Chair*
 Poetry Committee
 Frances Hillyard, *Chair*
 Marianne Robinson, *Poet Laureate*
 Religious Education (RE) Committee
 Sharon Colligan, *Convener*
 Social Justice Committee (SJC)
 Phoebe Sorgen, *Cynthia Johnson,*
 Gene Herman, and David Makofsky,
Co-Chairs
 SJM Task Force (Subcom of SJC)
 Jeff Palmer, *Convener*
 Worship Services Committee
 Joanna Foley, *Chair*

Disclaimer: The views and opinions expressed in The Communicator are those of individuals and are not necessarily those of BFUU, its officers, or its trustees.

Please join us in welcoming our new Community Minister to BFUU, the Reverend Tom McAninley! Tom is a longtime BFUU member, an ordained minister, and the first participant of our 3-year community minister incubator.

Tom, we look forward to the next three years and beyond in this wonderful community partnership. So much love and admiration for your contribution to BFUU and to the world.

We are also pleased to acknowledge Simone Chiodini as an Aspirant and proud to be part of her path to ministry.

With gratitude and excitement,
 Ira Armstrong on behalf of the BFUU Board

Committee News

Aesthetics Subcommittee

Butterfly Effect: Migration is Beautiful



BFUU is displaying a social justice artwork in the foyer of Fellowship Hall. The Butterfly Effect: Migration is Beautiful project is an art and activism project led by youth in the Bay Area. They are leading a movement to create a visual representation that will raise awareness about the 15,000 immigrant children who have been and are currently in US detention and to inspire our community to take action to end child detention permanently. They are working with the community to make butterflies out of recycled and upcycled materials. Butterflies will be displayed on strings hanging from old bike wheels, and displayed in public institutions including libraries, hospitals, schools, and city halls to raise awareness of children in detention.

Please join them at Lake Merritt Amphitheater on Saturday, November 16th, from 3-4 pm for a youth led rally to stand in solidarity with migrant children in detention. If you can attend, and have made them, please bring your butterflies! Check out their Facebook event for additional details!

<https://www.facebook.com/events/1000021020340277/>

Their key partners are the Alphabet Rockers, Destiny Arts Center, The Center for Cultural Power (formerly CultureStrike) and Tsuru for Solidarity. The line "migration is beautiful" comes from the Center for Cultural Power. Please see more information about this organization at: <https://butterflyeffectmigration.org/>



Committee News

Worship Services Committee



Worship Service Team Sep 29:

back: Eva, Jeff, James, Tom, Dr. Susan;
front: Doug, Rev. Leela Sinha



Aug 25: Margaret, Melissa
and Sue sing Kirtan



Aesthetics Subcommittee Youth Spirit Artwork Exhibit



Omar Scott



Mary Stackiewicz

A wonderful, thought-provoking variety of artworks are currently exhibited in Fellowship Hall, thanks to Youth Spirit Artworks' talented and creative artists!



Worship Service Team Oct 13:

Sue, Margaret, Doug, Tom, and
Roland, a visitor



Worship Service Team Oct 20:

back: Doug, Rev. Marsh, Jeff;
Front: Joanna, Gael, Andy

Regular Committee Meetings

Aesthetics (subcom. of B&G)

2nd Friday at 11:30 AM
in Fellowship Hall

Buildings & Grounds (B&G)

Meets once per month,
contact Ben Burch or Abbot Foote

Caring

4th Sunday at 12:30 PM
in Fellowship Hall

Committee on Ministry

meets as needed
contact Jeff Palmer

Finance

Meets as needed
contact Ben Burch or Abbot Foote

Hospitality

4th Sunday at 12:30 PM
in Fellowship Hall

Membership

4th Sunday at 12:30 PM
in Fellowship Hall

Music

2nd Monday 2:00 PM
Fatapples (1346 MLK)

Personnel

3rd Thursdays 2:30 PM
Mike Gardner's house

Poetry

Meets as needed
contact Frances Hillyard

Religious Education

Meets as needed
contact Sharon Colligan

Social Justice Ministry

(subcom of SJC)

1st Sunday 12:30 PM
in Fellowship Hall

Social Justice (SJC)

3rd Sunday 12:30 PM
in Fellowship Hall

Worship Services

2nd Tuesday at 10:00 AM
in Fellowship Hall

Poetry Corner

Yom Kippur connections

Suddenly I'm reading Jack Micheline's poem
"Souls"

to his Grandpa Louie
found the tiny handmade booklet
hidden between big hard-backed tomes
an exquisite work of art
rough-textured and wildly colored
signed by Jack

#48 in an edition of 200
pieces of his paintings inside
a bumpy, tawny-colored cover
like Jacob's coat of many colors.

There lay Jack's passionate poem to Grandpa Louie
written on Yom Kippur in 1957

which is this week, but without the calendar
I would not have remembered
and my long-lost half-brother Jaymie
son of our father Henry Smolens
grandson of Ozer Smolenskin
called me this week to say "Remember me?
I'm your brother by Henry's third marriage."

And I found myself weeping with memories
of the long lost
the barely known

Ozer and Henry and Jaymie
three generations of my Jewish family
and Jack Micheline
another Russian Jew

who pushed a truck in New York's garment center
when he was Harvey Silver
a radical activist worker before he morphed into
Micheline the poet and painter.

And I wept for myself and my Jewish heritage
on Yom Kippur when I picked up
Jack Micheline's tiny handmade book
his passionate poem "Souls"
dedicated to his Grandpa Louie
wanderer, lover of life, lost soul
like all of us.

Marianne Robinson
Poet Laureate 2019

Community Voices



Norman Frank
Christine Dickson
Nancy Reynolds
Gordon Waugh

Bike & Build

Warms hearts, cool
socks! Thank you
Bike & Build for the
sweet thank-you
note and socks! We
were happy to help!



Music Travels!



While BFUU's Music Director Dr. Susan was away on vacation, she went to see family in Hawaii and while she was there also visited the First Unitarian Church of Honolulu (UU Honolulu) that was originally founded as a fellowship in 1952. During the Sunday service, she played a song by Kate Wolf about nature and California on her ukulele and was warmly greeted with an orchid lei. Such island hospitality!

Coming Up at BFUU!

Thanksgiving Potluck

Sunday December 1
after service
in Fellowship Hall



Roy Zimmerman: RiZe Up

Saturday, December 14
at 7:30 PM
in Fellowship Hall



photo: DC Anderson

Tibetan Festival of Light

Saturday, December 21
at 7 PM - 10 PM
in Connie Barbour Room



Emma's Revolution and Annie Patterson

Saturday, January 25
at 7:30 PM
in Fellowship Hall



*Emma's Revolution photo
by Irene Young*

Featured BFUU Events



The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.



Zimbabwean Song Workshop

Wednesday November 6 at 7:30 - 8 PM in Fellowship Hall

Learn Zimbabwean songs in this workshop with Kelly Takunda Orphan, who is a vibrant presence in the Bay Area world music scene. Kelly studied music in Zimbabwe and was honored by a music teacher there with the name "Takunda" which means "success in all you do." After a brief warmup and introductions, Kelly will be teaching some call-and-response songs. Be ready to sing and move a bit!

We'll also sing these joyous songs during the Sunday service on November 10, where Kelly will tell us about her musical journey and how it moved her spirit to embrace African music and incorporate it into her life and community. Folks are invited to come to the Sunday service as well! Suggested donation: \$5-20. No one turned away for lack of funds.

Weekly BFUU Events



Qi Gong & T'ai Chi with Gene Herman

Mondays, 4-5 PM in Fellowship Hall

Wednesdays, 3-4 PM in Fellowship Hall

This practice improves health and well-being at any age.

Ministerial Office Hours with Rev. Dr. Carrie

Tuesdays from 2 PM - 6 PM in the Ministers Office

Contact Rev. Dr. Carrie at revcarrie@bfuu.org or 510-841-4824 x 5 for an appointment.

Weekly BFUU Events

Ministerial Office Hours with Rev. Marsh: *Rev. Marsh out of office until 11/27*

Wednesday November 27 from 10 AM - 3 PM in the Ministers Office

Contact Rev. Marsh at revmarsh@bfuu.org or 510-841-4824 x 2 for an appointment.



BFUU Choir Practice *Choir Practice 11/6 - Zimbabwean Song Workshop!*

Wednesdays at 6:15-8:30 PM in Fellowship Hall

We practice songs for the worship services, learn melodies, and work on musicality and harmonies. Everyone who practices with us is invited to sing with the choir at the front of the hall on Sundays, but no pressure! Everyone is also welcome to just join in on

Wednesday practice for fellowship and/or to be able to sing more confidently and joyously in the congregation on Sundays. Please invite your friends and neighbors. These gatherings are offered by BFUU as a service to build community.

Women's Voices

Tuesdays November 5 & 12 4:30-6:00 pm in the Fireside Room

a group for women (BFUU members and friends, seminarians, and other local UU's)

*to find our own inner voices as we hear our siblings speak

*to put forth our truths where we can be truly heard

*to share spiritual community and support

Lifting up our voices together!

Facilitated by: Rev. Dr. Carrie Knowles, BFUU Minister/Pastoral Care, and

Joanna Foley, Chair, Worship Services Committee

For more information or to sign up, please contact: revcarrie@bfuu.org | (510) 841- 4824 ext 5



Monthly/BiMonthly BFUU Events

Orientation for Newcomers

1st Sunday - November 3 after service in the lobby of Fellowship Hall

There is an orientation for newcomers after the service on the first Sunday of each month. All are welcome, whether you are considering membership or not.

Elders Circle

1st Tuesday - November 5 at 11 AM in Fellowship Hall

Come one, come all who are young at heart! Age does not matter! Join us for snacks and lively conversation. We may even solve some of the worlds problems... or not. We'll have fun trying.

Board President Ira Armstrong Office Hours

2nd & 4th Tuesdays - November 12 & 26 at 1:30-3:30 PM in the RE Office

Please contact Ira via email BOTIra@bfuu.org or phone 510-841-4824 ext. 4 to make an appointment.

BFUU Men's Group - Please note new days/location

2nd Thursday - November 14 at 7-9 PM in the Fireside Room

We would like to invite all men to a Men's Group on the first Thursday of the month. Our goal is to encourage each other as we build community. Hope to see you there next time.

Monthly/BiMonthly BFUU Events



The Hardly Strictly Acoustic Jam

2nd Friday - November 8 at 7 PM in Fellowship Hall

Join us! Come sit in our circle, share music, songs, poetry, excerpts from your new book, jokes and stories. We welcome all entertainers and fans to fill the Hall

with performance, connection, and appreciation for all forms of art.

Sponsored by the BFUU Membership Committee.

Suggested donations of \$5 – \$20 No one turned away for lack of funds! Volunteers appreciated!

BFUU Second Sundays Potluck*

2nd Sunday - November 10 after service (12:30 PM) in Fellowship Hall

Come one, come all! Whether you have a dish to share* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome!

**If you bring a dish, please also bring a printed list of all ingredients for those with differing food tolerances.*



BFUU Writers Group

2nd Sunday - November 10 at 1 PM in the Preschool Room - no animals

Wheelchair accessible. Beginners welcome! Our Writers Group includes all levels – beginners to advanced, and all genres – including fiction, short story, poetry, etc. After a 7-minute writing exercise, we write for an agreed-upon period of time. Then we read our work aloud and give positive feedback.



Uke Jam

3rd Friday - November 15 at 7 PM in the Fireside Room

BFUU holds a uke jam for those who want to experience more music in their lives. First-time players are welcome and if you need to borrow a ukelele, let us know because we might be able to loan you one. If you have questions or want to let us know you're attending, please send your name and email address to jeffpalmer123@comcast.net for details on next meeting. Otherwise, please just drop in and join us!

BFUU Board Meeting *(Note: 3rd Thursday in Nov & Dec due to holidays)*

3rd Thursday - November 21 at 7 PM in Fellowship Hall

Vintage Invasion Old Fashioned Dance Party

4th Friday - November 22 at 7 PM in Fellowship Hall



7 – 8 pm Beginning waltz lesson

8 – 10 pm DJ dance party

10 – 11 pm Dance to live music!

Full of waltz songs new and old, swing dance, and other ballroom dances

\$10, \$6 students with ID No one turned away for lack of funds. Class free with dance

www.ViDanceParty.com Sponsored by the BFUU Music Committee

Other Community Events held at BFUU



The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benji Rooms are not wheelchair accessible.



Our Revolution East Bay

Meetings are held at BFUU on the first Sunday of each month from 4-6pm in the Connie Barbour Room. Doors open at 3:45 PM

Pizza will be provided and feel free to bring something to share!

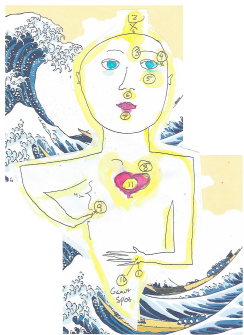


Women & Song, a women's singing group

Directed by Deborah "DJ" Hamouris

2nd & 3rd Thursdays 7 - 8:30pm in Preschool Kitchen (note change - back to 2nd & 4th in Jan '20)

Women & Song is looking for a few good women to sing & laugh with us! At each rehearsal we learn songs & rounds, including some originals. If you can hold your own on a round and read a bit of music, join us! \$20-\$10, sliding scale Reserve your space: 510/910-2574 or deborahj@djhamouris.com



Emotional Freedom Techniques Intensive Workshop

Saturday November 23 11:00 AM-5:30 PM in the Connie Barbour Room

Hosted by Sadaya Zimmerle LCSW

EFT is self applied acupressure for mental health & scientifically proven to help w/ pain, trauma, anxiety, stress and more, as well as promote relaxation and clarity of mind freeing us up for all good things.

Asking price is \$65 w/ no one turned away for lack of funds/ pay what you can pay by cash/check at the event or paypal to Sadaya9 @gmail.com

Please RSVP by emailing Sadaya9@gmail.com to reserve your space and receive updates.



Mountain Dulcimer Jam with Deborah Hamouris

Third Saturdays from 2:30 - 4:30 PM in the Preschool Kitchen

NO-TAB JAM!! Bring tunes you know by heart to share/teach/lead with the group. DJ will help you lead. Donation of \$5-\$20, sliding scale. No one turned away for lack of funds.

Email djh@berkeleydulcimergathering.com

Indian Summer Book Release Concert & Party

Sunday, 11/10, 3-5:30pm, Fellowship Hall



Deborah "DJ" Hamouris

Performing music from the book, recordings, + new music with Buffalo, Mimi Fox, Steve Eulberg, Michael Smolens, & Jon Berger. Plus Kalia Kliban will call English Country Dances. Everyone is invited to dance!

Bubbly & tasty snacks will be served!

\$30 includes book; \$15 without book

<https://indiansummerparty.brownpapertickets.com/>

<http://indiansummerbook.com>

Fellowship Calendar November 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BFUU OFFICE WILL BE CLOSED THU NOV 28 AND FRI NOV 29 FOR THANKSGIVING DAY HOLIDAYS					1 6 pm Soul Motion	2 9 am ASCA 6 pm Augustine Fellowship
3 9:30 am Choir Rehearsal* 10:30 am Worship Service* 12 noon Newcomer Orientation* 12:30 pm SJM Mtg* 4 pm Our Revolution East Bay 8 pm AA Mtg	4 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion 7 pm ASCA	5 7:30 am Augustine Fellowship 11 am Elders Circle* 2 pm Rev. Carrie office hours* 4:30 pm Women's Voices* 7 pm AA Men's Mtg	6 3 pm BFUU Qigong/ T'ai Chi* 6:15 pm Choir Practice* 7 pm Zimbabwean Song Workshop* 7 pm NA Men's Mtg	7 11:45 am AA Meditation 8 pm AA Dignitaries	8 11:30 am Aesthetics Subcttee Mtg* 7 pm The Hardly Strictly Acoustic Jam*	9 9 am ASCA 6 pm Augustine Fellowship
10 9:30 am Choir Rehearsal* 10:30 am Worship Service* 12:30 pm 2nd Sunday Potluck* 1 pm BFUU Writers Group (no animals)* 3 pm Indian Summer Book Release 8 pm AA Mtg	11 2 pm MusCom Meeting (Fatapples)* 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion 7 pm ASCA	12 7:30 am Augustine Fellowship 10 am Worship Svcs Cttee Mtg* 1:30 pm BOT Pres. Ira Armstrong office hours* 2 pm Rev. Carrie office hours* 4:30 pm Women's Voices* 7 pm AA Men's Mtg	13 3 pm BFUU Qigong/ T'ai Chi* 6:15 pm Choir Practice* 7 pm NA Men's Mtg	14 11:45 am AA Meditation 7 pm Women & Song 7 pm BFUU Men's Group* 8 pm AA Dignitaries	15 7 pm Uke Jam*	16 9 am ASCA 2:30 pm Dulcimer Jam 6 pm Augustine Fellowship
17 9:30 am Choir Rehearsal* 10:30 am Worship Service* 12:30 pm SJC Meeting 8 pm AA Mtg	18 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion 7 pm ASCA	19 7:30 am Augustine Fellowship 2 pm Rev. Carrie office hours* 7 pm AA Men's Mtg	20 3 pm BFUU Qigong/ T'ai Chi (in CB)* 6:15 pm Choir Practice* 7 pm NA Men's Mtg Communicator Deadline	21 11:45 am AA Meditation 2:30 pm Personnel Committee (at Mike Garder's house)* 7 pm Women & Song 7 pm BFUU Board of Trustees Mtg* 8 pm AA Dignitaries	22 7 pm Vintage Invasion Dance Party*	23 9 am ASCA 11 am Emotional Freedom Techniques 6 pm Augustine Fellowship
24 9:30 am Choir Rehearsal* 10:30 am Worship Service* 12:30 HMC-Hospitality, Membership and Caring-Cttees Mtgs* 8 pm AA Mtg	25 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion 7 pm ASCA	26 7:30 am Augustine Fellowship 1:30 pm BOT Pres. Ira Armstrong office hours* 2 pm Rev. Carrie office hours* 7 pm AA Men's Mtg	27 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T'ai Chi* 6:15 pm Choir Practice* 7 pm NA Men's Mtg	28 Thanksgiving BFUU Office CLOSED 11:45 am AA Meditation 8 pm AA Dignitaries	29 BFUU Office CLOSED	30 9 am ASCA 6 pm Augustine Fellowship

* denotes Fellowship event

Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

BFUU OFFICE HOURS

Monday - Friday: 11 a.m. to 5 p.m.

BFUU OFFICE STAFF

Deborah Hamouris - Event Space Coordinator
Phone: 510-841-4824, ext. 3
Office Days: Tue, Wed & Fri
Email: rooms@bfuu.org

Susan Macke - Office Coordinator
Phone: 510-841-4824, ext. 1
Office Days: Mon, Tue, Thu & Fri
Email: office@bfuu.org

SUBMISSION DEADLINE FOR DECEMBER *COMMUNICATOR*: November 20

Please email newsletter@bfuu.org with submissions.

Address Correction Requested

Berkeley Fellowship of Unitarian Universalists

1606 Bonita Ave.
Berkeley, CA 94709