

# THE BFUU COMMUNICATOR

Berkeley Fellowship of Unitarian Universalists

March 2019

## **Upcoming Worship Services**

Services at 10:30 a.m.

### March 3: International Women's Day

Melanie DeMore, Guest Speaker

On this, the first Sunday of Women's History Month, Vocal Activist Melanie DeMore will return to BFUU as we sing songs of life and celebration. When women sing, when women rise together, when



women of all sizes, shapes, religions, sexual orientations, ethnicities and classes raise our voices together, we are so powerful that we can interrupt injustice anywhere. Join us as we rise up singing a joyful song that will ring throughout Berkeley and, quite possibly, the whole world.



## **March 10: Sound Healing Meditation**

Melissa Felsenstein, Sound Practitioner

Rediscover the art of relaxation, rejuvenation, and reflection through a live meditative soundscape. Explore why sound has been celebrated globally as a healing agent for thousands of years. Listen, relax, and feel a sense of inner tranquility.

### March 17: Faith in Science, Faith and Science

Rev. Marsh Agobert, Worship Leader

I find that some people take offense when I refer to Science as the most widespread religion of the 20th and 21st centuries. I think this is pretty solid proof that humans are still partially rational and partially irrational



creatures. I see nothing wrong with this. I don't hold this balancing act as a weakness...as long as we can maintain a dynamic balance. I AM concerned that we are battling a substantial slide toward the irrational in an untutored manner. Let's look at how both the rational and the irrational are important to living as a whole human being and how we can reconcile this delicate dynamic.



photo: Lorie Schaul

## March 24: Sex, Sins and Souls: Roe v. Wade Turns Forty Six

Rev. Dr. Carrie Knowles, Guest Worship Leader

The Supreme Court decision that established women's right to control their reproductive lives was a hard-won victory that grew out of years of women's political activism. Now women's bodily autonomy again is under threat from an increasingly conservative judiciary. In the words of Coretta Scott King, the lesson for our lives today is that freedom must be won anew by each generation's struggle.

## March 31: Fluid and Multitudes

Lauren Way, Guest Worship Leader

Join is for an exploration of identity and expression as we consider what it means to be seen on this Transgender Day of Visibility.





#### Clergy & Staff

Reverend Marsh Agobert, Minister
Lincoln Statler, M.A.S.C., Pastoral Care
Dr. Susan T. Mashiyama, Music Director
Deborah Hamouris,
Event Space Coordinator
Susan Macke, Office Coordinator
Ed Keating, Facilities Manager
Guy Colwell, Sexton
Michael Simpkins, Jr., IT Consultant

#### **Board of Trustees**

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Nanci Armstrong-Temple, Vice President Michael Gardner Jeff Palmer Judith Granada-Dewey, Treasurer Ben Burch (Alternate), Secretary Joanna Foley (Alternate)

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Marianne Robinson, Poet Laureate

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Social Justice Committee (SJC) Cynthia Johnson, Chair

Social Justice Ministry Subcom of SJC Jeff Palmer, Convener

Worship Services Committee Joanna Foley, Chair

**Disclaimer:** The views and opinions expressed in The Communicator are those of individuals and are not necessarily those of BFUU, its officers, or its trustees.

## Ministers' Corner



# What is Our Covenant and Why Does It Matter?

It's that time of year again! And I, for one, love it. This is the time when we remember our Covenant and reinstate it. It's a bit like spring. What is a covenant? Simply put, a covenant is an agreement between beings that articulates HOW we choose to

be with each other; the promise to strive to be so. And that can be anyway that a group of people chooses to be.

If, for example, a group determines they wanted to be a nation that wars amongst themselves, down to the last person standing – well, we'd expect to see that group, whenever they come together, suit up in all their best armor, pick up their deadliest weapons and go at it until "There can be only one." Or, on the other hand you might have a covenant like the UU Berkeley Fellows. There are days when, if you didn't know our actual covenant, you might think it was the warring covenant mentioned above. Yet, indeed it is not. It is filled with love and service and trust. If you're not thoroughly familiar with it...you can find it in the order of service each week, tucked quietly in the Chalice Lighting. Look it up and read it slowly, as if for the first time, and you will find the cure for all that ails this community. Ingest it and make it your own and we may never need another facilitator or special consultant to heal our self-inflicted wounds. Embody it and you will live Beloved Community and create in your wake.

The Registration for Covenant Groups 101 and 202 are now open! Each group will include UP TO 10 members at which point the group is closed. Last year people would ask, weeks after the group was filled, how they might join. By then it's too late. So TODAY is the best time to register by:

- Email to me: <a href="mailto:RevMarsh@BFUU.org">RevMarsh@BFUU.org</a> (put in the subject line: Covenant Group!)
- Text to me: (707) 557-5707 (place in first line: Covenant)

After the email subject line or the first line of the text place whatever message you wish.

"Nuff said." - Stan Lee

This month's Podcasts are from Radiolab and are about our Borders. Click on the titles below:

## **Border Trilogy Part 1: Hole in the Fence**

# **Border Trilogy Part 2: Hold the Line**

## **Border Trilogy Part 3: What Remains**

If you have trouble with the links above, copy the following into your browser:

Part 1: https://www.wnycstudios.org/story/border-trilogy-part-1

Part 2: https://www.wnycstudios.org/story/border-trilogy-part-2-hold-line

Part 3: <a href="https://www.wnycstudios.org/story/border-trilogy-part-3-what-remains">https://www.wnycstudios.org/story/border-trilogy-part-3-what-remains</a>

Rev. Marsh

# Worship Services



Worship Team plus! Feb 3, 2019 back, l to r: Clovice, Jinky, Doug, Virginia, Margaret, Dr. Susan, Sue, and Danny front: standing: Arlo, seated: Andy



Worship Leader/Team Feb 10, 2019 left: Edythe (Guy in background) right: l to r: Edythe, Joanna, Mo, Dr. Susan



**Friends of Adeline** 

Sunday February 10 was a whirlwind of words, music, art, and community. Edythe Boone led the worship service, and Guest Musicians Sharp Five Jazz Band brought their smooth sound. We had a potluck and artist reception, then watched Mo Morris' film, "A New Color." The collection plate was donated to Friends of Adeline.



**Sharp Five Jazz Band** 

Where's Arlo? When we were looking over pictures of the worship team for the Sunday service on December 23, 2018, we noticed that in one of the pictures, the adorable face of Arlo, Doug Chambers' daughter, is peeping between two of the team members. Can you spot her? Awhile back, the BFUU kids were "quizzing" congregants to see if they knew their names. Don't forget to say "hello" to the kids when they attend services! This picture is from the service where we bid a fond farewell to retiring community minister Earl Koteen and prospective community minister Tom McAninley was there to help us thank him for his service to BFUU.

# Hear Hear – Here!



back, l to r: Rev. Earl, Rev. Tom, Dr. Susan, Arlo!, Doug, Christine, Rev. Marsh front: Andy



Could you use a little help to hear the Sunday service more clearly? Help is now available— in the form of personally adjustable headphones. Each Sunday, several headphones will be available at the Greeter's Table near the front door. Just tell the greeter if you'd like to try one and decide for yourself how helpful they can be.

# Poetry Corner

#### little stones

she must have found them in the woods and streams near the places she lived found each one as she found four-leaf clovers said "I find one and it gives me the good luck to find another" picked up each stone each round stone each oval or flat stone this one smooth, this one rough all of them small they had to be small and turned them over in the palm of her hand each one as familiar as each old bottle in the window the spidery driftwood found long ago the pewter plate, bent with age each stone chosen for its smallness its roundness its smooth worn-ness or its roughness like her hands after working in the garden

#### Marianne Robinson BFUU Poet Laureate





# Elinor Roberts Marge Turngren

# Aesthetics Subcommittee Artist Reception/Exhibit

#### "Hearts on Our Sleeves – Gender Expansive Community in America"

Photo Exhibit by Richard Man 3/31/19-5/31/19 Artist Reception March 31 at 12:30 - 1:30 pm in Fellowship Hall follows BFUU's Transgender Day of Visibility Worship Service

Richard is a photographer interested in fine arts, documentary, portraits, and just about anything other than macros and sports. He does a lot of work for the communities in which he is involved. Richard has been the official photographer for anime conventions, Costume Cons, multiple Worldcon's Hugos and Masquerade, and Nebulas. He specializes in 4 x 5 large format photography. For more information about this project, see <a href="https://richardman.photo/PICS/HeartsOnOurSleeves-Portfolio/">https://richardman.photo/PICS/HeartsOnOurSleeves-Portfolio/</a>



Photo: BJ, 2016
BJ was born
intersex. The doctor
said "it's easier to
remove bits than
add things," so BJ
grew up as female
despite having a
stocky physique,
going as far as
playing high school
football as a girl.
Biology caught up

with him in his 20s and his body began to shut down until he had corrective surgery. BJ is a lawyer, spending 20% of his time working pro bono on children's cases. The rule is that the kids can play with the toys they can reach on the shelves and he has a couple cases of toys.

## Social Justice Committee NEWS & VIEWS

#### by Phoebe Sorgen

On the morning of Feb. 17, before Vic Sadot's (former SJC chair) fabulous memorial Open Mic in the BFUU Hall, Social Justice Committee members and other congregants were inspired by Rev. Marsh's sermon on Selma. Then, 14 members (and 1 guest) attended part or all of the 90 minute, cordial SJC meeting.

#### We agreed to:

- 1. accept the Social Justice Ministry's request to become a subcommittee (SJM Task Force) of the SJC.
- 2. approve the SJM Task Force's budding plan to start a Homeless Choir and to recruit a probono choir director. (Jeff P is convener.)
- 3. endorse local and national peaceful actions on Sat. Feb. 23 against US intervention in Venezuela. (Noon to 2pm Oscar Grant Plaza, Oakland.)
- 4. endorse local and national peaceful actions on March 30 & 31 for peace re the 70th anniversary of NATO. 3/30 Oakland Fed Bldg., Clay St. 1pm. <a href="https://www.unacpeace.org/">https://www.unacpeace.org/</a>
- 5. send the Berkeley Mayor and City Council a letter requesting an urgency ordinance that:
  - a. bans 5G (5th Generations wireless telecom) "small" cell installations in residential neighborhoods, and
  - b. includes a 1500 foot minimum setback from businesses, schools, healthcare facilities, and scenic corridors.
- 6. elect Jesse, Phoebe, and Cynthia J as SJC co-chairs, Gene as liaison with the BFUU office, and Virginia as secretary.

SJC is aligned with the Poor People's Campaign: 2pm April 6 at Taylor Memorial Church, Oakland. Hearing on homelessness, mass incarceration, and the criminalization of poverty.

Everyone who is interested in potentially helping any of our social justice efforts is welcome at the 3rd Sunday SJC meetings in the foyer around 12:30 (or when socializing seems to be waning after the service, as we want to avoid interrupting connections.) The next SJC meeting is Sunday March 17. You are also welcome at the SJM Task Force meetings after services on 1st Sundays. We are grateful that Rev. Marsh and Rev. Claire facilitated two healing circles, which some SJC members participated in and which efforts may continue, TBD.

## **Regular Committee Meetings**

Aesthetics (subcom. of B&G) 2<sup>nd</sup> Friday at 11:30 AM in Fellowship Hall

Buildings & Grounds (B&G)

Meets once per month,
contact Ben Burch or Abbot Foote

Caring 4th Sunday at 12:30 PM in Fellowship Hall

Committee on Ministry meets as needed contact Abbot Foote Finance

Meets as needed contact Ben Burch or Abbot Foote

Hospitality

4<sup>th</sup> Sunday at 12:30 PM in Fellowship Hall

Membership

4<sup>th</sup> Sunday at 12:30 PM in Fellowship Hall

Music

2<sup>nd</sup> Sunday 12:30 PM Fellowship Hall Personnel

3rd Thursdays 2:30 PM Mike Gardner's house

Poetry

Meets as needed contact Frances Hillyard

Religious Education
Meets as needed
contact Sharon Colligan

Social Justice Ministry (subcom of SJC)

1st Sunday 12:30 PM in Fellowship Hall

Social Justice (SJC) 3<sup>rd</sup> Sunday 12:30 PM in Fellowship Hall

Worship Services 2<sup>nd</sup> Tuesday at 10:00 AM

<sup>na</sup> Tuesday at 10:00 AN in Fellowship Hall

# SJC Request to Oppose 5 G

Like the BFUU Social Justice Com, please consider asking our Mayor/City Council to oppose 5G.

Emailing them has more impact if you let them know that you live, work, and/or worship in Berkeley: council@cityofberkeley.info, clerk@cityofberkeley.info

From a letter signed by 40 residents:

Please ban 5<sup>th</sup> Generation "small" cell installations in residential neighborhoods. An urgency ordinance should include a 1500 ft. minimum setback from businesses, schools, and healthcare facilities to prevent:

- 1. decreased reliability of the communications system as a whole
- 2. loss of our City's resilience when disaster strikes (if our reliable communication network is replaced with wireless which fails during emergencies)
- 3. related fires and potential electrocutions
- 4. privacy and security breaches
- 5. increased energy use
- 6. unsightly and hazardous industrial clutter in our neighborhoods
- 7. property devaluation due to landowners' concerns re health, environment, and esthetics
- 8. harmful health impacts
- 9. danger to workers
- 10. an economic boondoggle
- 11. less equality in internet access than wired systems can provide (no rural revolution)
- 12. slower internet speeds than wireline cable or fiber optic to the premises
- 13. loss of local sovereignty and the right to defend constituents from Big Telecom greed. (Partial remedy proposed by Anna Eshoo HR 530)
- 14. exorbitant expenses for our town

For all of these reasons, and more, please place bold restrictions on 5G asap.

## Musical Notes: New Faces in Music at BFUU



Bandleader Guy Gash's students perform with members of The Sharp Five Jazz Band.

Musical highlights at
BFUU for February
included some wonderful
new musicians who
performed for us at the
Sunday services. On Feb.
10, when muralist/activist
Edythe Boone came to talk
about how she uses art to
build community, Guy



Harmony singers (left to right): Danny, Sue, Dr. Susan, and Margaret

Gash returned to BFUU to lead "The Sharp Five Jazz Band" in playing smooth jazz music for us during the service. As a new treat, he brought several of his young jazz students and they performed lively music while the potluck lunch was being prepared. Congregants danced away while a row of beaming parents watched attentively and took videos and photos.

On Feb. 3, Dr. Susan led a quartet of harmony singers that included BFUU newcomer Danny Botello who lent his lovely tenor/bass voice to a reflective performance of "The 23rd Psalm" set to music by Bobby McFerrin. Danny says he hopes to come to BFUU more often and sing for us.

# View From Rooms@bfuu.org



Have you noticed the screen in the east-facing foyer window? It's what we're calling our "Electronic Wayside Pulpit" and it has been nearly two years in the making. You'll see Worship Service descriptions and other public BFUU events rotating through the slides, which will change with the times. Already, passersby are stopping to read what's going on at the Fellowship. Big thanks to Michael Simpkins, Jr., IT Consultant, and Susan Macke, Office Coordinator, for getting this project off the ground!

This past month we've served many communities within our larger community. These include the Tibetan Culture Center, Down Syndrome Connection (Peer

Development Classes), Non-Violent Communication Classes, and the heart-warming memorial for our own Vic Sadot - appropriately celebrated with an open mic in our Fellowship Hall.

Upcoming events include two weeks of Summer Performing Camp for kids K-8, an evening of Laughter & Inspiration from Swami Beyondananda, a folk music celebration and benefit for Camp Harmony, and the 7th Annual Berkeley Dulcimer Gathering (my fave, for reasons!) – all in the Historic Fellowship Hall. Feel free to contact me for more information about these public events.

In the meantime, enjoy the plum blossoms, the lengthening days, and the beautiful, beautiful rain. All the best,

Deborah

## Featured BFUU Events





The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.



Potluck, Film & Panel Discussion:

### What is Humane Meat?

Slow Food East Bay presents a screening of "Eating Animals"

Thursday March 14 – 6 PM potluck, 7 PM program in Fellowship Hall

Join Slow Food East Bay and Transition Berkeley to delve into the prickly questions involved in raising livestock for food.



**The truth is - people eat meat.** Instead of arguing that it shouldn't be so, let's talk about how to do it better. How we serve those needs and desires determines the welfare of many animals, the health of the planet and ourselves. Is there such a thing as 'humane meat'? Can a small group of dedicated farmers change the agricultural industry? How can we encourage people to eat less, but better quality, meat?

**Start at 6pm with a potluck** demonstrating Slow Food values of Good Clean and Fair, then watch "**Eating Animals**", a documentary by Jonathan Safran Foer and Natalie Portman.

**After, hear from & ask questions of a panel** made up of both omnivorous and plant-based guests, all involved in the good food movement from the production to the policy side.

Event sponsored by: Transition Berkeley, Slow Food East Bay and BFUU Social Justice Comm.

Info/RSVP: fb event: https://bit.ly/2SqGP6K eventbrite: https://bit.ly/2RVk31u email: slowfoodeastbay@gmail.com Transition Berkeley Info: www.TransitionBerkeley.org email: info@transitionberkeley.org

Potluck: Bring a dish true to Slow Food USA values of Good Clean and Fair Food and Plastic-Free if possible! Suggested donation \$5-\$20 to cover event costs. No one turned away for lack of funds.

## Featured BFUU Events





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### **Vintage Invasion Old Fashioned Dance Party**

Friday March 22 at 7 PM in Fellowship Hall

- 7 8 pm Beginning waltz lesson
- 8 10 pm DJ dance party
- 10 11 pm Dance to live music!

Full of waltz songs new and old, swing dance, and other ballroom dances \$10, \$6 students with ID No one turned away for lack of funds. Class free with dance www.ViDanceParty.com Sponsored by the BFUU Music Committee



photo: BJ, 2016 by Richard Man

### **Hearts on Our Sleeves – Gender Expansive Community in America**

Photo Exhibit by Richard Man (3/31-5/31-19 in Fellowship Hall) Artist Reception March 31 from 12:30 - 1:30 PM in Fellowship Hall

Richard is a photographer specializing in 4 x 5 large format photography who is interested in fine arts, documentary, and portraits of people in the communities in which he is involved. This exhibit features 20+ images from his project of portraits and stories of transgender people. https://richardman.photo/PICS/HeartsOnOurSleeves-Portfolio/

# Weekly BFUU Events



### Qi Gong & T'ai Chi with Gene Herman

Mondays, 4-5 PM in the Connie Barbour Room Wednesdays, 3-4 PM in the Connie Barbour Room This practice improves health and well-being at any age.

#### **Pastoral Care with Lincoln Statler**

Tuesdays from 10 AM - 12 noon in Fellowship Hall

Contact BFUU pastoral care team via voicemail at 510-841-4824 x2 or pastoralcare@bfuu.org.

#### Ministerial Office Hours with Rev. Marsh

Wednesdays from 10 AM - 3 PM in the Ministers Office

Contact Rev. Marsh at revmarsh@bfuu.org for an appointment.



#### **BFUU Choir Practice**

Wednesdays at 7-8:30 PM in Fellowship Hall

We practice songs for the worship services, learn melodies, and work on musicality and harmonies.

Everyone who practices with us is invited to sing with the choir at the front of the hall on Sundays, but no pressure! Everyone is also welcome to just join in on Wednesday practice for fellowship and/or to be able to sing more confidently and joyously in the congregation on Sundays. Please invite your friends and neighbors. These gatherings are offered by BFUU as a service to build community.

# Monthly/BiMonthly BFUU Events

#### **Orientation for Newcomers**

Sunday, March 3 after service in the lobby of Fellowship Hall

There is an orientation for newcomers after the service on the first Sunday of each month. All are welcome, whether you are considering membership or not.

#### **Elders Circle**

Tuesday, March 5 at 11 AM in Fellowship Hall

### The Hardly Strictly Acoustic Jam

Friday, March 8 at 7 PM in Fellowship Hall

Join us for BFUU's new jam session format. Come sit in our circle, share music, songs, poetry, excerpts from your new book, jokes and stories. We welcome all entertainers and entertainees to fill the Hall with performance, connection, and appreciation for all forms of art. Suggested donations of \$5 – \$20 No one turned away for lack of funds! Volunteers appreciated!

#### **BFUU Second Sundays Potluck\***

Sunday, March 10 after service (12:30 PM) in Fellowship Hall

Come one, come all! Whether you have a dish to share\* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome!

\*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can eat and avoid those they can't eat.

### **BFUU Writers Group**

Sunday, March 10 at 1 PM in the Preschool Room - no animals

Wheelchair accessible. Beginners welcome! Our Writers Group includes all levels, from beginner to advanced, and all genres, including fiction, short story, poetry and more. After a 7-minute writing exercise, we write for an agreed-upon period of time. Then we read our work aloud and give each other positive feedback.



#### Uke Jam

Friday March 15 at 7 PM in the Fireside Room

BFUU holds a uke jam on  $3^{\rm rd}$  Fridays for those who want to experience more music in their lives. First-time players are welcome and if you need to borrow a ukelele, let us

know because we might be able to loan you one. If you have questions or want to let us know you're attending, please send your name and email address to <a href="mailto:jeffpalmer123@comcast.net">jeffpalmer123@comcast.net</a> for details on next meeting. Otherwise, please just drop in and join us!

## **BFUU Board Meeting**

Thursday, March 28 at 7:15 PM in Fellowship Hall

# **General Assembly**

UUA General Assembly will be in Spokane Washington on Wednesday, June 19, 2019 to Sunday, June 23, 2019. Do you want to be a delegate to GA this year? BFUU will pay your registration fees! If you are interested, please speak with a Board member (Doug, Nanci, Mike, Judith, Jeff, Ben, or Joanna).

# Other Community Events held at BFUU





The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.

### The Swinging Singing Seniors

Thursdays from 11 am to 12 noon in Fellowship Hall

We are an open sing-along group (for any age, in fact) accompanied by piano, and often other instruments. We have multiple books with the words of songs from every era—gay nineties to ragtime, folk, swing, show tunes, etc. Led by Frances Kandl & Sally Reyes, we invite everyone to join us.



#### Women & Song, a women's singing group

Directed by Deborah "DJ" Hamouris

2<sup>nd</sup> & 4<sup>th</sup> Thursdays 7 - 8:30pm in the Preschool Kitchen

\$20-\$10, sliding scale

Women & Song is looking for a few good women to sing & laugh with us! At each rehearsal we learn traditional and contemporary songs & rounds, including some originals. Women & Song has been meeting regularly for over a decade and welcomes new singers. If you can hold your own on a round or maybe read a bit of music, you're welcome!

Reserve your space: 510/910-2574 or deborahj@djhamouris.com



**Our Revolution East Bay** is now meeting at BFUU on the first Sunday of the month at 4-6pm in the Connie Barbour Room

On January 6, our focus will be on the upcoming election of delegates for the California Democratic Party. Please join us to be part of democracy in action and meet some of the candidates.



## Seele Stars Summer Camp

Summer is the time for friendship, imagination, and fun! Taught by a credentialed teacher with her Master Degree of Education, keep your students' scholastic-based learning going as we incorporate singing, dancing, and acting into language arts curriculum in an engaging environment resulting in a musical theater showcase! June 17-21 & July 15-19 from 9-4pm M-F at 1924 Cedar Street Berkeley, \$450. https://www.seelestars.com/

Fellowship Calendar March 2019					
Mon	Tue	Wed	Thu	Fri	Sat
				1 6 pm Soul Motion	9 am ASCA 6 pm Augustine Fellowship
4 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	5 7:30 am Augustine Fellowship 10 am Pastoral Care* 11 am Elders Circle* 7 pm AA Men's Mtg	6 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T'ai Chi* 7 pm NA Men's Mtg 7 pm Choir Practice*	7 11 am Swinging Singing Seniors 11:45 am AA Meditation 8 pm AA Dignitaries	8 11:30 am Aesthetics Subcttee Mtg* 7 pm The Hardly Strictly Acoustic Jam*	9 9 am ASCA 6 pm Augustine Fellowship
11 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	12 7:30 am Augustine Fellowship 10 am Pastoral Care* 10 am Worship Svcs Cttee Mtg* 7 pm AA Men's Mtg	13 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T'ai Chi* 7 pm NA Men's Mtg 7 pm Choir Practice*	14 11 am Swinging Singing Seniors 11:45 am AA Meditation 6 pm Transition Berkeley: What is Humane Meat?* 7 pm Women & Song 8 pm AA Dignitaries	15 7 pm Uke Jam*	16 9 am ASCA 6 pm Augustine Fellowship
18 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	19 7:30 am Augustine Fellowship 10 am Pastoral Care* 7 pm AA Men's Mtg	20 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T'ai Chi* 7 pm NA Men's Mtg 7 pm Choir Practice*  11 am  Communicator Deadline	21 11 am Swinging Singing Seniors 11:45 am AA Meditation 2:30 pm Personnel Committee (at Mike Garder's house)* 8 pm AA Dignitaries	22 7:00 pm Vintage Invasion Dance Party*	23 9 am ASCA 6 pm Augustine Fellowship
25 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	26 7:30 am Augustine Fellowship 10 am Pastoral Care* 7 pm AA Men's Mtg	27 10 am Rev. Marsh office hours* 3 pm BFUU Qigong/ T'ai Chi* 7 pm NA Men's Mtg 7 pm Choir Practice*	28 11 am Swinging Singing Seniors 11:45 am AA Meditation 7 pm Women & Song 7:15 pm BFUU Board of Trustees Mtg* 8 pm AA Dignitaries	29 6 pm Soul Motion	30 9 am ASCA 6 pm Augustine Fellowship
	4 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  18 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  18 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  25 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion  ## A pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Augustine Fellowship 10 am Pastoral Care*  ## A pm BFUU Qigong/ T'ai Ch	Tue   Wed	Tue   Wed   Thu	Mon   Tue   Wed   Thu   Fri

9:30 am Choir Rehearsal\* 10:30 am Worship Service\* 12:30 pm Artist Reception: Richard Man\*

8 pm AA Mtg

## Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

#### **BFUU OFFICE HOURS**

Monday - Friday: 11 a.m. to 5 p.m.

#### **BFUU OFFICE STAFF**

Deborah Hamouris - Event Space Coordinator

Phone: 510-841-4824, ext. 3 Office Days: Tue, Wed & Fri

Email: rooms@bfuu.org

Susan Macke - Office Coordinator

Phone: 510-841-4824, ext. 1 Office Days: Mon, Tue, Thu & Fri

Email: office@bfuu.org

#### SUBMISSION DEADLINE FOR APRIL COMMUNICATOR: March 20

Please email newsletter@bfuu.org with submissions.

### **Address Correction Requested**

Berkeley Fellowship of Unitarian Universalists 1606 Bonita Ave. Berkeley, CA 94709