

THE BFUU COMMUNICATOR

Berkeley Fellowship of Unitarian Universalists

November 2018

Upcoming Sunday Services

Services at 10:30 a.m.



November 4: Thoughts and Reflections on Thanksgiving From a Native American Perspective

Wally Ogi Johnson, Guest Worship Leader
Wally Ogi Johnson of the Potawatomi Tribe will share thoughts and
reflections on his experiences of Thanksgiving from yesteryear and today.
Wally will also play Native American flute joined by Manny Lieras,
Manny's wife Yvonne Marshall, and their two young daughters in
traditional dance, song, drumming, and story telling.

November 11: Planting More Justice through Gardening?

Anthony Forrest, Guest Speaker

Anthony Forrest's family had the best looking yard in Hayward when he was young. They made him cut the grass with scissors. Later in life Anthony ended up in San Quentin, where he joined the training program of Planting Justice, an organization that teaches gardening skills to help people turn their lives



around after incarceration. After his release, he got a job at Planting Justice. He has since opened his own business, which hires and trains formerly incarcerated people and at-risk youth. Anthony's compelling story of putting down roots in his community provides a ray of hope for many people in a time of Mass Incarceration...and he still has the best looking yard in Hayward.



November 18: Ingathering

Rev. Marsh Agobert, Worship Leader

You may be thinking that it is customary for the celebration of "Ingathering" to take place at the very onset of the church year; and you are right. Yet, there is more to the meaning of this tradition; more that calls us to plumb its core values and celebrate who we are now.

They call us together to celebrate and give thanks for the person sitting next to us, for the ones your eyes seek when you enter the 'Hall of Fellowship.' Today, let us love these closest neighbors as if they are divine.

November 25: An Attitude of Gratitude

Jeff Palmer, Lay Leader

Why is gratitude recommended by all the great religions around the world? Most agree that it is a powerful expression of love which can bring miracles into your life. Among the benefits of practicing gratitude are increased levels of happiness and life satisfaction, improved health and stronger relationships.



In this lay-led service, you will learn how other members of the Fellowship increase their sense of well being by living with an attitude of gratitude.



Clergy & Staff

Reverend Marsh Agobert, *Minister*Reverend Earl Koteen, *Community Minister*Dr. Susan T. Mashiyama, *Music Director*Deborah Hamouris, *Event Space Coordinator*Susan Macke, *Office Coordinator*Ed Keating, *Facilities Manager*

Board of Trustees

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Committees

Aesthetics Subcommittee of B&G Joanna Foley, Chair

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Hospitality Committee Elinor Roberts, Chair

Membership Committee Doug Chambers, Chair

Music Committee
Margaret Hurlbert, Chair

Personnel Committee Kathy Riehle, Chair

Poetry Committee Holly Harwood, Chair

Religious Education (RE) Committee Sharon Colligan, Chair

Social Justice Committee (SJC) Cynthia Johnson, Chair Phoebe Sorgen, Vice Chair

Social Justice Ministry Jeff Palmer, Convener

Sunday Services Committee Joanna Foley, Chair

Congregational Meeting Report

At the Semi Annual Congregational Meeting on Oct. 14, Virginia Hollins-Davidson, chair of the Retreat Committee, reported on the September Retreat and summarized its conclusions:

"Here we are again, back where we've been several times over the years, trying to decide what Ministerial Plan will best serve our needs as a Fellowship.

It's a challenging process because we all care so much about making the best decision but we differ in our views of what that best decision should be.

The good news is that the retreat on Sept. 22 was well attended with lots of lively discussion, facilitated by our own Barbara Chan. The even better news is that we agreed upon four areas of service that will support BFUU as a thriving historic Unitarian Universalist congregation.

The four areas are:

- (1) spiritual and pastoral care,
- (2) music,
- (3) social justice
- (4) religious education/exploration for all ages.

These are the same areas of focus that we have chosen in every discernment and decision-making process going back at least at least to 2006. At our core, we're solidly committed to spirituality and social justice.

The conclusion was that BFUU wants two or three ministers who will collaborate with our lay leadership in supporting these important areas of service."

After lengthy discussion, the Congregational Meeting passed a motion to form a Search Committee, which will seek candidates for part-time ministerial positions at BFUU. The Search Committee met on Oct. 19 at Mike and Jinky Gardner's home with 6 members attending. Jeff Palmer accepted the responsibility to lead the Committee in seeking part-time ministers to serve the Fellowship to the end of the fiscal year (June 30, 2019).

Nominating Committee

Newly elected to the nominating committee at the Congregational Meeting are: Jesse Ingber, Marge Turngren, Phoebe Sorgen, Gene Herman, Sylvia Scherzer, and Virginia Hollins-Davidson.

Committee Activities

Sunday Services Committee





Rev. Tom McAninley spoke about Leonard Cohen's poetry when the Conspiracy of Beards performed his music to a full house at BFUU on Oct. 14.

Aesthetics Subcommittee



BFUU's Aesthetics Committee visited a garden designed by Planting Justice at MyClymonds High School in West Oakland. Showing them around and offering samples of veggies and fruit was Anthony Forrest, a staff member of Planting Justice who works at this garden 3 days a week. He will be BFUU's guest worship leader Nov. 11.



Healing Service / Sharing Circle and Healing Ceremony

In a year of political news which many BFUU members find deeply upsetting, September's hearings on the Supreme Court nomination triggered even more upset.

Seeking a safe space to share feelings, eleven BFUU women gathered on a Saturday in October for a Sharing Circle and Healing Ceremony. The group was facilitated by Claire Eustace, the substitute pastoral care provider.

Participants took turns sharing what they were currently feeling and memories from their own experiences of intimidation and assault. The group emphasized that being heard and believed is an important part of surviving and healing from trauma. As each woman spoke, participants responded, "We believe you. We hold you in our love." The Healing Ceremony featured singing and poetry, including some original poems by members of the group. A collection was taken to benefit the Bay Area Transformative Justice Collective.

Participants decided to meet again on the Saturday after the upcoming election.

All BFUU members who identify as women are invited to get together: Saturday, Nov. 10, at 1 pm in the Preschool rooms. Please think about how you can benefit from taking part in this BFUU group. Confirm to Joanna Foley (so we will have enough snacks): jfoleynyc@aol.com.



Blanket Drive

In collaboration with CODEPINK and Solidaridad con los Ninos, BFUU members are collecting blankets for detained immigrant children. Shadow Rock UCC (https://www.shadowrockucc.org/) in Phoenix, AZ, is providing services for the children. They need

blankets, as the buses ICE puts the children on are very cold. The blankets should be clean, preferably new, and throw, Afghan, or lapghan size. They may be handmade or store bought. Please bring the new or freshly laundered blankets to the BFUU office, or to a Sunday service.

Community Voices



Vic Sadot

We are planning and will let you know when we have set the date to celebrate, in our historic BFUU Hall, the life of our beloved former Social Justice Committee chair, truth troubadour and broadside balladeer, VICTOR SADOT.

Vic was a giant of an activist who defended his values/beliefs with admirable passion, a fine musician and songwriter, and a dear friend.

Here he is speaking and singing at BFUU: https://www.youtube.com/watch?v=s6YHDdvgxSA

Vic has been one of the Social Justice Committee's most productive chairs. He regularly produced an attractive one-page flyer for each month's upcoming events, which was useful in recruiting. He brought in new BFUU members, such as Virginia Hollins-Davidson who is still a BFUU asset. Vic helped the SJC grow into the digital age via Facebook and a YouTube channel. Via his vast network of contacts, he got many SJC events recorded and posted for posterity. He was instrumental in getting our "Spirituality and Social Justice in the Heart of Berkeley" T-shirts made and sold. The BFUU logo is prominent on them, so we are immediately recognizable at events such as the recent huge Climate March. Visibility, too, helps recruit.

Here he is speaking and then performing after Cynthia McKinney spoke re Haiti in Santa Rosa:

https://www.youtube.com/watch?v=13Qsd7jf9FQ

He was always ready to perform relevant music, lifting our spirits--also with his humor-while tackling some of the world's biggest probs. He regularly called out hypocrisy, so we mention that he came on too strong at times and we did not all agree with him re all conspiracies or speakers. Live and let live, we generally agreed to disagree and still got along!

About 20 BFUU members attended a tribute at Redwood Gardens, where Vic lived, that was hastily organized while Vic's brother was in town.

Photos:

https://www.facebook.com/MichaelKerrMEKorganic/media_set?set=a.10156986258308912&type=3 This beautiful video tribute was created by Vic's friend Claudio by setting violinist Eric Galub's photos of Vic to a lovely song Vic wrote and sings:

https://www.youtube.com/watch?v=vcJeXrCYZ-o&feature=youtu.be

Audio of same song with a nice headshot of Vic: https://soundcloud.com/broadsideballadeer/lori

Eric's photo album of Vic: https://www.flickr.com/.../sirqi.../albums/72157628270374843



Soup for the Homeless

On the last Sunday in October, BFUU members are making gallons of soup for "Consider the Homeless" to distribute to our unhoused neighbors. If this goes well, we may have a monthly soup-making session.

The BFUU Social Justice Ministry is congregation-wide. The congregation chose the issues they want to work on: economic justice, racial justice, and environmental justice. Fellowship committees participate as well as individuals. An example is the current art exhibit organized by the Aesthetics committee, with works by youth of color in the Social Justice Sewing Academy. Social Justice Ministry organizing meetings are held after services on the first Sunday of the month.

Community Voices



Norman Frank Christine Dickson Nancy Reynolds Gordon Waugh



Music Committee members and musicians with Annie. Left to right: Jesse Ingber, Margaret Hurlbert, Mary Witt, Annie Patterson, Susan T. Mashiyama, Jeff Palmer, and Christine A. Lucas. Not pictured: Phoebe Anne Sorgen (SJC).





BFUU had a surprise celebration for our wonderful musician, Andy Jamieson, on Sunday September 23.





Rise Again Sing-Along!

Annie Patterson, co-creator of the famous and much loved "Rise Up Singing" songbooks gave a sing-along concert at the Fellowship on Sunday evening, October 21, 2018. It was a rousing good time as Annie played her banjo and guitar and led the room in singing from the newest book, "Rise Again," ranging in songs from social justice to Broadway melodies. Mary Witt joined Annie on bass and singing harmonies and the BFUU ukulele singers were featured on one song. The event was co-sponsored by the Music and Social Justice Committees.

Regular Committee Meetings

Aesthetics (Subcom. of B&G) 2nd Friday at 11:30 AM in Fellowship Hall

Buildings & Grounds

Meets once per month,

contact Ben Burch or Abbot Foote

Caring

4th Sunday at 12:30 PM in Fellowship Hall

Committee on Ministry meets as needed contact Abbot Foote

Finance

Meets as needed contact Ben Burch or Abbot Foote

Hospitality,

4th Sunday at 12:30 PM in Fellowship Hall

Membership

4th Sunday at 12:30 PM in Fellowship Hall

Music

2nd Sunday 12:30 PM Fellowship Hall

Personnel

3rd Thursdays 2:30 PM Mike Gardner's house

Poetry

Meets as needed contact Holly Harwood

Religious Education

Meets as needed contact Sharon Colligan

Social Justice Ministry 1st Sunday 12:30 PM in Fellowship Hall

Social Justice

3rd Sunday 12:30 PM in Fellowship Hall

Sunday Services

2nd Tuesday at 10:00 AM in Fellowship Hall

Community Voices







Wyndy's Personal Theology Talk

Where are you on the soul's path from "Here I Am, Lord," to "Time for the Furies?" FREE TALK, Q & A. This is Personal Theology, Social Justice, Feminism, UU and local politics and community all rolled together, including POSSIBLE JOINT ACTIONS FOR BAY AREA UU ORGANIZATIONS with other faith and social orgs.

Wyndy J. Knox Carr, The Berkeley Times' "Book Beat" Author, FREE TALK, Q & A

One Woman's Journey to Self-Worth & Community, Sunday, November 18th, 9:30 am

Unitarian Universalist Church of Berkeley, Fireside Room, 1 Lawson Rd., Kensington, CA

(catch #7 bus North, dtn Berkeley @ 8:18, up Arlington, off @ Moeser, uphill 3 blocks on right)

Gratitude Practice & Totally Outrageous Action Planning, same time/place the following Sunday, November 25th, 2018 When They Go Local, We Get Vocal!



Susan, Deborah, Kathy, and Doug

BFUU Events -How We Do It Here

Deborah and Susan from the office gave a presentation to Board members and Committee Chairs

on September 30th on the way sponsored events are managed at BFUU.

Please let us know if there are any topics we should cover in future in-services.

Poetry Corner

Reverie

I'm hanging clothes on the line In my back yard After the big firestorm As I did the night of the earthquake Just two years ago.

This corner of the back yard
Shared by day with birds and squirrels and cats
At night with raccoons, possums and skunks
Speaks to me of Gaia
The power of Mother Earth
And the universe we're part of.

In the act of hanging clothes to dry
As my mother and grandmother did
Under the bright blue sky
Breeze scented with fall leaves
Ground firm underfoot
A revelation overtakes me
Here, in the corner of my back yard
As I hang clothes to dry in the sweet air.

A fusion with nature
With people and other beings
Who've lost their homes
Or their lives
From fires
From earthquakes
From poverty
From starvation
And other disasters of systems
Natural and unnatural.

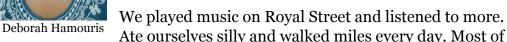
Contemplating the human condition Sorrow, loss and grief mingle with Hope and grateful breath As I fasten a sheet with clothespins In this sacred corner Of my back yard.

Marianne Robinson, Berkeley, 1991

View From Rooms@bfuu.org



It's been a very busy month in the BFUU office for the staff, but I still managed to get away for a long-awaited vacation to my happy place - New Orleans! The Crescent City didn't fall prey to Hurricane Michael, who's trail we watched closely. But it was Hot, and Humid, and I think I know what prickly heat feels like, now.





DJ & Buff in the French Quarter

the trip can be summed up in this great photo taken by a friend who joined us for the last half of our stay.

And while there, our roomie sent a photo of blooming mums in our yard. This was one of Jim Beatty's plants I was so happy to give a home to. They clearly like where they landed.

Happy to be home and in the routine, again. Much appreciation to Kathy Riehle and Susan Macke for taking care of last minute emergencies so I could enjoy my time away.

All the best,

Deborah



Featured BFUU Events





The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.



CUBA presentation

Thursday November 1 from 7 PM - 9 PM in Fellowship Hall

gg Winter and Cindy Sheehan have a slide presentation and report from their recent trip to Cuba, including a celebration with four of the released Cuban 5 where Cindy was honored for her work in helping get them

released. It was an amazing musical and dancing program put on for her and our group. Nice pictures of the occasion, and many others of the trip will be shown. Please attend and ENJOY.

Sponsored by the Berkeley Fellowship of Unitarian Universalist Social Justice Committee.

Suggested donation of \$5 - \$20. Everyone welcome; no one turned away for lack of funds.

Sharing Circle

Saturday November 10 at 1 PM in the Preschool Rooms

All BFUU members who identify as women are invited to join together after the election, in this safe space, to share our spiritual community and support. You may share your story, and the group will affirm: "We believe you. We love you." You may instead sit quietly to write about or draw your feelings in a separate space. We will all gather together for healing community with readings, poetry and music. We will affirm our resiliency as we pledge to continuing supporting each other and all the brave people coming forward now to tell their stories. Confirm to Joanna Foley (so we will have enough snacks): jfoleynyc@aol.com

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IGHANT KPFA Local Station Board Listener Candidate Forum

📕 🖍 🐪 🧣 Saturday November 17 at 2 PM in Fellowship Hall

The KPFA Local Election Supervisor Renée Peñaloza and members of the KPFA Outreach Committee will host a public forum with Listener Candidates for the KPFA Local Station Board. Candidates will share their experience, goals and vision for KPFA. People participating in the audience will have an opportunity to ask questions on topics such as: KPFA finances, governance, news, public affairs, music and cultural programming, fund raising, outreach, use of social media and technology, internships and training programs, diversity, staff rights and responsibilities, the Pacifica Foundation, and more.

This event will be facilitated with group agreements for respectful interactions, honoring the agenda and facilitator decisions and time-sharing. This event is wheelchair accessible and free to the public. It will be recorded for sharing. For more information about this forum please email les_kpfa@pacifica.org and/or outreach@kpfa.org



Vintage Invasion Old Fashioned Dance Party

Friday November 23 at 7 PM in Fellowship Hall

7 – 8 pm Beginning waltz lesson

8 – 10 pm DJ dance party

10 – 11 pm Dance to live music!

Full of waltz songs new and old, swing dance, and other ballroom dances \$10, \$6 students with ID No one turned away for lack of funds. Class free with dance www.ViDanceParty.com Sponsored by the BFUU Music Committee

Weekly BFUU Events



Qi Gong & T'ai Chi with Gene Herman

Mondays, 4-5 PM in the Connie Barbour Room Wednesdays, 3-4 PM in the Connie Barbour Room This practice improves health and well-being at any age.



BFUU Choir Practice

Wednesdays at 7-8:30 PM in Fellowship Hall

We practice songs for the Sunday services, learning melodies, and working on musicality. During the first part of the evening, we focus on choir numbers with harmonies. From about

8 pm on, we practice the hymns we'll lead on Sunday. Everyone is welcome to join in for fellowship and to be able to sing more confidently and joyously on Sundays. Please invite your friends and neighbors. There's no pressure to sing in the choir on Sundays. These gatherings are something BFUU offers as a service to build community.

Monthly/BiMonthly BFUU Events



Uke Practice / Uke Jam / Uke Practice

Fridays - November 2, November 16, and November 30 at 7 PM in the Fireside Room BFUU holds a uke jam on $3^{\rm rd}$ Fridays for those who want to experience more music in their lives. First-time players are welcome and if you need to borrow a ukelele, let us

know because we might be able to loan you one. We also meet on 1st Fridays and 5th Fridays to practice. If you have questions or want to let us know you're attending, please send your name and email address to jeffpalmer123@comcast.net for details on next meeting. Otherwise, please just drop in and join us!

Orientation for Newcomers

Sunday, November 4 after service in the lobby of Fellowship Hall
There is an orientation for newcomers after the service on the first Sunday of each month. All are welcome, whether you are considering membership or not.

Elders Circle

Tuesday, November 6 at 11 AM in Fellowship Hall

The Hardly Strictly Acoustic Jam

Friday, November 9 at 7 PM in Fellowship Hall

Join us for BFUU's new jam session format. Come sit in our circle, share music, songs, poetry, excerpts from your new book, jokes and stories. We welcome all entertainers and entertainees to fill the Hall with performance, connection, and appreciation for all forms of art. Suggested donations of \$5 – \$20 No one turned away for lack of funds! Volunteers appreciated!

BFUU Second Sundays Potluck*

Sunday, November 11 after service (12:30 PM) in Fellowship Hall

Come one, come all! Whether you have a dish to share* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome!

*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can eat and avoid those they can't eat.



BFUU Writers Groups 1 and 2

1-Sunday, November 11 at 1 PM in the Preschool Room - no animals 2-Sunday, November 25 at 1 PM in the Preschool Room - service animals

Wheelchair accessible. Beginners welcome! Group 1 (2nd Sundays) is for those who are allergic to animals, and/or don't need to bring service dogs. Group 2 (4th Sundays) allows service animals. We include all levels and genres. After a 7-minute writing exercise, we write for an agreed-upon period of time. Then we read our work aloud and give each other positive feedback.

BFUU Board Meeting - this date is confirmed

Thursday, November 15 at 7:15 PM in Fellowship Hall

Other Community Events held at BFUU





The Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side of the Hall, and has a T-Loop system to enhance audio for those with hearing aids. The Preschool Room is only reservable by BFUU groups and is accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms are not wheelchair accessible.



Women & Song, a women's singing group

Directed by Deborah "DJ" Hamouris $2^{nd} & 4^{th}$ Thursdays 7 - 8:30pm in the Preschool Kitchen \$20-\$10, sliding scale

Women & Song is looking for a few good women to sing & laugh with us! At each rehearsal we learn traditional and contemporary songs & rounds, including some originals. Women & Song has been meeting regularly for over a decade and welcomes new singers. If you can hold your own on a round or maybe read a bit of music, you're welcome!

Reserve your space: 510/910-2574 or deborahj@djhamouris.com

Sound Spirit

2nd Wednesdays each month 6:30 PM - 8:30 PM in the Connie Barbour Room



What does it mean to be a sound body, to be conscious & present? Intimate, fun sound/music exercises to discover your unique musical and alchemical powers! Explore to deepen your sense of self, and connection to 'other,' in community. Music, Improvisation, Circle Singing, Sound Games, Deep Listening, Discovery. Experiment and play. Grow with, and in, the support of community.

Meetup Group: https://www.meetup.com/East-Bay-Sing-Sound-Listen-Connect-Community/ Advance tix required @ Eventbrite. https://www.eventbrite.com/e/sing-sound-listen-connect-community-tickets-45054323695 More information at https://clarehedin.com

Malaga The Magic Of Flamenco

Sunday, November 11 at 7:30 PM in Fellowship Hall



Through this Magical Flamenco performance, you will experience a short 2-hour trip to Malaga, Spain. It will feature Special Guests: Miguel Infate (Dancer), from Malaga and Senen Sentio (Singer), from Andalucía. Both Guests will be accompanied by Carola Zertuche, lead dancer and a director of Theater Flamenco SF, and Bianca Rodriguez (Dancer), including Gopal Slavonic (Guitarist) and Miguel's students.

Fellowship Calendar November 2018						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Rainy Season New School h Fellowship H afternoons (1 5PM) from N through April case of rainy o	olds Bi all PM - Wo ov 1 r 30 in Co	Related Note: FUU Qigong/ T'ai Chi on Mondays and ednesdays has noved to the onnie Barbour Room!	1 11:45 am AA Meditation 7 pm Cuba presentation*	7 pm Uke Practice*	3 9 am ASCA 6 pm Augustine Fellowship
4 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12 mm Newcomer Orientation* 12:30 pm SJM Mtg* 8 pm AA Mtg	5 4 pm BFUU Qigong/ T'ai Chi* 6:30 pm Soul Motion	6 7:30 am Augustine Fellowship 11 am Elders Circle* 7 pm AA Men's Mtg	7 3 pm BFUU Qigong/ T'ai Chi* 7 pm NA Men's Mtg 7 pm Choir Practice*	8 11:45 am AA Meditation 7 pm Women & Song	9 11:30 am Aesthetics Subcttee Mtg* 7 pm The Hardly Strictly Acoustic Jam*	10 9 am ASCA 1 pm Sharing Circle* 6 pm Augustine Fellowship
11 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 2nd Sunday Potluck* 12:30 pm MusCom mtg* 1 pm BFUU Writers Group 1 no animals* 7 pm Malaga Flamenco 8 pm AA Mtg	12 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	13 7:30 am Augustine Fellowship 10 am Sunday Svcs Cttee Mtg* 7 pm AA Men's Mtg	14 3 pm BFUU Qigong/ T'ai Chi* 6:30 pm Sound Spirit 7 pm NA Men's Mtg 7 pm Choir Practice*	15 11:45 am AA Meditation 2:30 pm Personnel Committee (at Mike Garder's house)* 7:15 pm BFUU Board of Trustees Mtg* (this date is confirmed)	16 7 pm Uke Jam*	17 9 am ASCA 2 pm KPFA Listener Candidate Forum* 6 pm Augustine Fellowship
18 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm SJC Mtg* 8 pm AA Mtg	19 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	20 7:30 am Augustine Fellowship 7 pm AA Men's Mtg 11 am Communicator Deadline	21 3 pm BFUU Qigong/ T'ai Chi* 7 pm NA Men's Mtg 7 pm Choir Practice*	22 11:45 am AA Meditation 7 pm Women & Song Thanksgiving Holiday BFUU Office CLOSED	23 7:00 pm Vintage Invasion Dance Party* BFUU Office CLOSED	24 9 am ASCA 6 pm Augustine Fellowship
9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 HMC-Hospitality, Membership and Caring-Cttees Mtgs* 1 pm BFUU Writers Group 2 svc animals* 8 pm AA Mtg	26 4 pm BFUU Qigong/ T'ai Chi* 6 pm Tai Chi Chuan 6:30 pm Soul Motion	27 7:30 am Augustine Fellowship 7 pm AA Men's Mtg	28 3 pm BFUU Qigong/ T'ai Chi* 7 pm NA Men's Mtg 7 pm Choir Practice*	29 11:45 am AA Meditation 6:30 pm Berkeley Disaster Prep*	30 7 pm Uke Practice*	

Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

BFUU OFFICE HOURS

Monday - Friday: 11 a.m. to 5 p.m.

BFUU OFFICE STAFF

Deborah Hamouris - Event Space Coordinator

Phone: 510-841-4824, ext. 3 Office Days: Tue, Wed & Fri

Email: rooms@bfuu.org

Susan Macke - Office Coordinator

Phone: 510-841-4824, ext. 1 Office Days: Mon, Tue, Thu & Fri

Email: office@bfuu.org

SUBMISSION DEADLINE FOR NOVEMBER COMMUNICATOR: November 20

Please email newsletter@bfuu.org with submissions.

Address Correction Requested

Berkeley Fellowship of Unitarian Universalists 1606 Bonita Ave. Berkeley, CA 94709