

THE BFUU COMMUNICATOR

Berkeley Fellowship of Unitarian Universalists

April 2018

Upcoming Sunday Services

Services at 10:30 a.m.



April 1: In Hope of Resurrection

Rev. Elena Rose Vera, Worship Leader

What is the difference between rebirth and resurrection? In commemoration of Easter Sunday, join Rev. Elena Vera for a service about how we can find our way through grief, loss, and failure to fresh hope. How can we renew and resurrect ourselves and our world? How can we get back up once again to make it to a new way of being? Once we've made it together through the night, how do we learn to recognize the morning and embrace it? Let's rise up and find out.

April 8: Rahula, the Lucky: Original Monologue from the Point of View of the Buddha's Son

Alessandro Gagliardi, Guest Worship Leader

When Siddhartha left his home in search of enlightenment, he left behind his wife and his newborn son, Rahula. Seven years later, he initiated his son into the Noble Eightfold Path, making Rahula the first novice monk. These are the thoughts of Rahula, ten years after he met his father for the first time, one year before he is said to have attained enlightenment, on his dad's 37th birthday.



April 15: The Law of Correspondence

Rev. Marsh Agobert, Worship Leader

...is an ancient proposal, by Hermes Trismegistus, that states that what is true for the large is vis-a-vis true for the small. This is the very thought that confounds modern physics in its quest for a Unified Theory; an idea that some think may connect science and spirit!

Yet, in its simplest form we can use this paradigm toward greater effectiveness and advantage in life. Hmmm – let's see how that works.



April 22: Earth Day 2018 and Bike East Bay

Dave Campbell, Advocacy Director of Bike East Bay, Guest Worship Leader

Earth Day 2018 is April 22! Dave Campbell will tell us about efforts to increase access to safe biking and bikeways, and how biking could dramatically reduce our carbon footprint, improve health, support local businesses, and increase traffic safety. Whether you're a cyclist, cyclist at heart, and even a driver, you'll learn about programs to protect our planet and promote equal rights to a healthy environment.



April 29: Addiction: A Path to Recovery for the whole USA

Rev. Tom McAninley, Guest Worship Leader

Rev. Tom will debunk the major, and still pervasive, myths about addiction. Then drawing on the work of Dr. Gabor Maté, and Rev. Tom's personal and professional experience, he will address a humane analysis and plan for systemic remedy for both individuals and our addictive society.



Board Report: Letter from the President

Clergy & Staff

Reverend Marsh Agobert, *Minister*

Reverend Elena Rose Vera, *Minister*

Reverend Earl Koteen,
Community Minister

Dr. Susan T. Mashiyama, *Music Director*

Deborah Hamouris,
Event Space Coordinator

Susan Macke, *Office Coordinator*

Ed Keating, *Facilities Manager*

Richard Sandling, *Custodian*

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(Alternate)

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Aesthetics Subcommittee of B&G
Joanna Foley, *Chair*

Building & Grounds Committee
Abbot Foote, *Co-Chair*
Ben Burch, *Co-Chair*

Caring Community
Kathy Riehle, *Chair*

Finance Committee
Ben Burch, *Co-Chair*
Abbot Foote, *Co-Chair*

Hospitality Committee

Membership Committee
Doug Chambers, *Chair*

Music Committee
Margaret Hurlbert, *Chair*

Personnel Committee
Kathy Riehle, *Chair*

Poetry Committee

Religious Education (RE) Committee
Sharon Colligan, *Chair*

Social Justice Committee (SJC)
Cynthia Johnson, *Chair*
Phoebe Sorgen, *Vice Chair*

Sunday Services Committee
Joanna Foley, *Chair*

Who Is Our Congregation?

Recently while registering the Fellowship with the UUA (Unitarian Universalists Association) I came across an interesting piece of data on their website. It was stated there that our membership is 50 pledging members. This number does not take into account the category of financial contributors who choose not to be listed as members for various reasons. (We list them as friends.) Now I know that many of the people on my members list don't come to service every Sunday. I know the vast majority by sight and I rarely miss a Sunday myself. Moreover, the volunteers that staff the Welcome Table count heads once the service is up and running. The average attendance as noted on the UUA website is 51, it's actually higher than the number of members. Now, there could be any number of reasons for this, but it got me thinking, "Who are these people sitting among us?" When I mention BFUU to my Berkeley friends, they often recognize the name. They've been to a service or an event, or seen members and friends speak out on some justice issue in a public or private forum. Maybe they've attended a class, meeting, or other gathering in one of the Fellowship's buildings and not even realized that a church meets regularly on this property. While pondering this larger community one day – I was on an AC Transit bus (the 51B) – and the thought crossed my mind to shout out to my fellow passengers, "Who here has benefited from the Berkeley Fellowship of Unitarians?" Fortunately I didn't, because that would have generated a story much too long to include in these pages.

Working on a church's membership and budgeting issues in this day and age, it's easy to become obsessed with getting more people with more money inside the church more of the time. My old General Manager at Zellerbach Auditorium, where I use to work, had this "Butts in Buckets" philosophy. Given that (a) pledges collected from our members account for only a small portion of our operating budget, (b) growth for a community of this nature is measured not by a nose count at the door, but by the quality of the transformation we are able to trigger in ourselves and in the larger community (within and beyond these walls), and (c) according to congregational size theory, (see the UUA website for more information) we are at the growth level called "Family Church." Best practice suggests that growth for us will be to consolidate and stabilize at the size we are. Focusing on this ability will draw like-minded persons to what we have created here.

Thank you all for all your hard work and hard play! There is definitely more to come.

Doug Chambers
President. Board of Trustees
Chair, Membership Committee

Reflection on Covenant

(from Sunday Service February 11, 2018)

Joanna Foley

Today as we celebrate Black History, we will look at how covenants created a sense of unity and shared spiritual purpose for Black churches in their pursuit of racial justice. After researching three historic African American churches, here is some of the wisdom I found in their writing and thinking about covenant.



Abyssinian Baptist Church in New York City is one of the most famous Black churches in this country. Born out of rebellion against racial discrimination, it dates back to 1809. It is honored for its activist ministeries and ministers, including the Rev. Adam Clayton Powell, Jr. and the Rev. Dr. Calvin Butts.

Most covenants address the relationship of the congregants to God and to each other. Abyssinian adds another dimension, stating clearly it “believes that advocating for social justice is part of a Christian’s duty. God expects the church to be a voice against injustice and inequity in the world, and He also wants us to work towards ensuring justice for the oppressed.” Amen to that!

Mount Level Missionary Baptist Church in Durham, NC is another historic Black church that was founded in 1864. Pastor William Turner raised an important question: “Does the covenant live in the life of the church? Does it give dynamic direction to the fellowship of the saints?”

One answer to this question of how a church can make a covenant a living document rather than a mere piece of paper comes from Capitol Hill Baptist Church in Washington, DC. It is another long-surviving African American congregation, dating from a prayerful vision in 1867, which created a church by 1878.

By tradition, covenants are “commonly taken verbally by new members of the church (sometimes signed) and are regularly read together by members of the church before taking communion. In fact, in the late 19th century, it was the practice at Capitol Hill “to meet together the Thursday evening before communion was taken to have ‘Covenant Meetings’ where members would reaffirm their commitment to God and to each other in the words of the covenant.”



Capitol Hill calls its covenant “equal parts promise, summary of expectations, ethical statement and biblical standard.”

What can we learn from these African American churches’ approach to covenant that might benefit us at BFUU as a fellowship?

Here are some warm words from the covenant of the Capitol Hill Baptist Church:

“We will walk together in brotherly love, as becomes the members of a Christian church; exercise an affectionate care and watchfulness over each other; and faithfully admonish and entreat one another as occasion may require.”

“We will rejoice at each others’ happiness and endeavor with tenderness and sympathy to bear each other’s burdens and sorrows. We will contribute cheerfully and regularly to the support of the ministry and the expenses of the church.”

Doesn’t this sound like a more detailed version of what our Third Principal recommends when it calls for “Acceptance of one another and encouragement to spiritual growth in our congregations”? What a wise and heartwarming approach to “right relations” and a firm foundation for building a strong covenant!

As we continue celebrating Black History, may these examples of the role of covenant in historic Black churches inspire us to create a living and growing covenant which supports our work “within and beyond these walls.”

Reflection on Science and Spirituality

(from Sunday Service March 18, 2018)

Susan T. Mashiyama, PhD

The hymn we just sang was about building bridges between our divisions. It seems an appropriate song for these times.

I was trained as a scientist, in biochemistry and molecular biology to be specific, and I believe in science. I also believe in spirituality and think the two are not mutually exclusive. Like many, I am disturbed by what appears to be a widening gap between those who believe in science, and those who are science deniers.



I'd like to explain why I think that spirituality and science can not only co-exist peacefully, but can actually be related.

When I was a child, being among nature with beautiful trees around me made me feel as if I was close to a great living spirit of the world. My inspiration to study science started in high school when I learned how DNA has the same basic chemical structure in all living things ranging from bacteria to trees to humans. I felt wonder and awe when I read about how there were only four basic building blocks of DNA and yet these coded for instructions for making whole, self-sustaining organisms. Learning more about the details underlying nature heightened for me the miraculous-ness of life. To me, this is evidence of a mysterious, powerful, and intelligent force in the universe. Recently, I went to a free lecture at UC Berkeley where an astrophysicist told us that heavier elements are created when massive neutron stars collide. The heavy elements are spewed out into space where they mix with lighter elements into gaseous clouds that eventually condense and become planets. That's why every cell in our bodies contains a few gold atoms. "We are made of star-stuff," as Carl Sagan put it. The more science tells me, the deeper the mystery about the universe becomes, and the more awe-struck, lifted up, and yet humbled I feel.

I find it disturbing when I hear phrases today like "I don't want a highfalutin scientist to tell me what to do or think." Science, like religion, can be used for good or ill. But statements denying science don't come from knowledge or spirituality but seem rooted in pride. We live in a culture where self-worth is often based on monetary and social status. People have been known to kill to get fancy sneakers. And the effects of this culture extends further. People may use their vote to spite a snotty politician who thinks they are better than us. A culture of pride leads to bloated and fragile egos, and this is dangerous because it makes us easy prey for politicians or marketers to manipulate us into voting against our own interests or getting material things no matter the cost.



In contrast to this, Ahmed Salah, an Egyptian peaceful activist who spoke here recently, told me the Koran says that all people are equal before God. Race, gender, money is not important. He said that what matters to God is that you strive to become a better person by practicing humility, kindness, and compassion. How beautiful is this, and what a contrast to a society that bases self-worth on fancy sneakers.

I'd like to tell you now one of my favorite stories about Star Trek, a show that celebrates science.

Creator Gene Roddenberry envisioned using Star Trek to explore social issues such as sexism, racism, nationalism, and global war. He cast actors of different genders and races in roles of officers. Nichelle Nichols was cast as Lt. Uhura, chief communications officer. She was one of the first black women in a major television series where her role was not that of a servant. After the first year, though, Nichols wanted to resign to pursue a Broadway career. But then she met Dr. Martin Luther King, Jr. He told her he was her biggest fan and that Star Trek was the only TV show that he and his wife Coretta allowed their three little children to watch. When Nichols told MLK, Jr. that she planned to leave the show, he said,

Reflection on Science and Spirituality – continued from page 4

“You can’t. You’re part of history.” He said she “could not give up” because she was playing a vital role model for black children and young women across the country, as well as for others who would see blacks appearing as equals. When she told Roddenberry what MLK, Jr. had said, he cried because it meant so much to him. Obviously, she didn’t quit the show. Mae Jemison, who was an avid Trekkie, has said that Lt. Uhura was her inspiration to become an astronaut in real life.

And I have to say that Lt. Sulu made a big impression on me.

Role models on TV and in real life that promote equality. Celebrating science that does good. Such things are important. As are efforts to promote other spiritual qualities such as humility, kindness, compassion, and doing good for each other. I see no reason why these can’t be compatible with science.

Malala Yousafzai

(from Sunday Service March 18, 2018)

Safiya O’Brien

Malala is a girl who stands up for girls’ education rights. She was shot in the head because of what she believed and is still fighting for what she wants. Malala is interesting because she is so brave and even though she got shot, she is still fighting and rebelling against the Taliban. I found out about her by reading some articles and hearing people talk about her as the “Pakistani girl who won the Nobel Peace Prize.” It sounded interesting to me so I wanted to learn more about her so I read the book *I am Malala*. Other people would think she is interesting because she knows what she wants and will never stop thinking that women deserve education. No matter what, she will keep fighting for what she wants.



Malala Yousafzai was born in Mingora, Pakistan in 1997. When she was a child, she loved to play cricket outside with her brothers. Then the Taliban took over her town and she was only allowed to go outside if she was with a man. In addition, Malala loved going to school but the Taliban believed that girls should not get an education. The Taliban announced that they were going to close down the school Malala was going to. Malala was furious and she wanted to do something about it.

At the age of 11, Malala started blogging for the BBC channel about her life under control of the Taliban. It was posted publicly for people around the world to see. In the blogs, she went by the pseudonym of Gul Makai which means “cornflower” because if the Taliban found out it was actually her, she could have been badly beaten or even killed by the Talibs. However, in 2009, Gul Makai was revealed to be Malala. Also, Malala started a campaign to gain support for the rights of girls to get an education. She started winning prizes from all around the world. For example, she was awarded Pakistan’s first National Youth Peace Prize. Also a lot of journalists went to Pakistan just to interview Malala about her life and what it was like to be under the influence of the Taliban.

In 2012, on her way home from school, Malala was shot in the head by a Talib. She was in a coma for about a week and finally when she woke up, she could not talk and she could barely hear. There were many operations done on her head. After a month of lying in bed and doing therapy in the hospital, she was finally ready to go back home. As a result of the shooting, she became even more well-known around the world because people saw what she was ready to sacrifice just so that girls and women could have an education. In 2013, on Malala’s sixteenth birthday, she spoke at the United Nations and called for free education for all children. At the United Nations, Malala made a speech in which she said, “They thought that the bullets would silence us. But they failed. And then, out of that silence came thousands of voices.” About a year after this speech, on October 10th 2014, Malala Yousafzai, at the age of seventeen, the youngest recipient ever, was awarded the Nobel Peace Prize.

Community Voices



Wyndy Knox Carr Jean Marie Stine
Pam Norton Helena Liber
Ben Burch Deena Andrews

Hardly Strictly Acoustic Jam

Hello from the music world, our last Friday Jam session, which was on March 9th, was great fun. We had 12 to 14 wonderful participants in attendance, musicians, poets, and one great and amusing storyteller, who happens to be a well known KPFA personality and may well be returning next month.

Come one, come all, amazing company, great food, and wonderful comradery, a fun time for everyone.....keep music in your heart and sing out loud!

Doug Chambers, President BOT
Jam Master

Seder for Black Lives
Sunday, April 1st 2018

4:30pm to 7 pm (Firm start at 5pm)
Berkeley Fellowship Hall, 1924 Cedar Street.
Please call or text to RSVP: 510 301 5073.
Chicken, Matzah Ball Soup and Seder Plates provided. Please bring a dish representing your culture - however you define it.
Hosted by PEACE Out Loud and sponsored by Berkeley Fellowship of Unitarian Universalists and Kehilla Community Synagogue in partnership with the Jewish Community Relations Council.

Sunday Services Committee



Worship Team Sunday March 11, 2018

Jeff, John, Dr. Susan, Erik,
Autumn, and Brett

photo: Joanna Foley



Honoring Larens Imanyuel
for 20 years of volunteer service
at BFUU on March 11, 2018
larens, Doug, and Kathy

photo: Joanna Foley



Worship Team Sunday March 18, 2018

Andy, Gael, Rev. Marsh, and
Judith

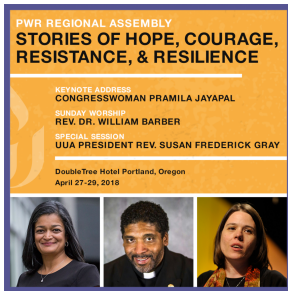
photo: Joanna Foley

Volunteer Appreciation!

Volunteer Luncheon was held at Long Life Veggie House by Doug Chambers, BOT President and Kathy Riehle, Chair, Caring Committee, for our four wonderful Greeters at Sunday Services. Simone Chiodini, Rachel Star, Marge Turngren and Syl Scherzer. However, Syl was unable to join us this time, but we will be doing this again at a later date. Had a fun time enjoying each other's company and getting to know each other better.

In appreciation of all volunteers,
Kathy Riehle, Chair, Caring Committee

2018 Pacific Western Region Assembly in Portland, Oregon



Pacific Western Region Assembly April 27-29, 2018 Double Tree Hotel, Portland, Oregon

Stories of Hope, Courage, Resistance, and Resilience

Join your fellow western Unitarian Universalists in Portland, Oregon, April 27-29. Registration for the Pacific Western Regional Assembly will be open through **April 15**. (<https://register.pwruua.org/regional-assembly-registration/>)

Still haven't decided if you're going? Take a look at the variety of workshops, dynamic speakers and other offerings via the Regional Assembly website. <https://www.uua.org/pacific-western/regional-assembly>

Got youngsters? Great! We have an exciting Kids' Camp planned for them. <https://www.uua.org/pacific-western/regional-assembly/childrens-program-childcare>

Got teens? Wonderful! They'll be Making CoUUrageous Connections together. <https://www.uua.org/pacific-western/regional-assembly/youth-ra>

Each district will hold their annual meeting on Saturday afternoon, April 28. If you will be attending Regional Assembly and would like to serve as a delegate for your congregation, contact your Board President (BOTDoug@bfuu.org). They have through April 20 to certify the delegates from your congregation.

Hope to see you in Portland!

Regular Committee Meetings

Aesthetics (Subcom. of B&G)

*2nd Friday at 1:30 PM
in the Fireside Room*

Buildings & Grounds

*Meets once per month,
contact Ben Burch*

Caring

*4th Sunday at 12:30 PM
in Fellowship Hall*

Finance

*Meets as needed
in the Fireside Room*

Hospitality,

*4th Sunday at 12:30 PM
in Fellowship Hall*

Membership

*4th Sunday at 12:30 PM
in Fellowship Hall*

Music

*1st Monday 3:00 PM
Fatapples 1346 MLK Jr. Way*

Personnel Committee

*3rd Thursdays 2:30 PM
Mike Gardner's house*

Poetry

*Meets as needed
contact BFUU office*

RE Committee

*Meets as needed
contact Sharon Colligan*

Social Justice

*1st & 3rd Sunday 12:30 PM
in Fellowship Hall*

Sunday Svc

*2nd Tuesday at 10:00 AM
in Fellowship Hall*

Poetry Corner

National Poetry Month Challenge

April is National Poetry Month. Please join me in writing a poem a day for the month of April. It's not as hard as you think! Within days, your brain will be trained to write poetry every day. Your poems can be long or short, formal or free verse. Don't worry about polishing them up -- that's for May. April is for fun.

I generally write very short poems in April, haiku and 5-line gogyoshi, or imagism. April is a wonderful time to observe nature in Berkeley. I like to carry a little notebook and collect images. A cellphone or tablet would also work. Even if you don't wind up with 30 poems, you will have written!

I would love you to share them at our twice monthly writer's group, or after services. We offer only positive feedback. Here's a little gogyoshi to whet your creative appetite:

Equinox Gogyoshi

Pink plum petals
puddle, gleaming,
on the ground,
beneath bare, reddened branches,
after rain.

3/20/18

Holly Harwood

TREE

I saw the tree
the tree full of crows and starlings
the tree with long needles in bunches of five
the tree where bush tits hung upside down and chattered
the tree that leaned over till its branches rooted in the ground
the tree that hugged the shape of the golden hill that gave it life the
tree whose hair was swept back and shaped by the salt sea winds the
tree that was cut back and lopped off till it grew defiantly above
the building roof where no human could reach it
the bent tree the gnarled and noble tree
the generous tree that was host to
blue jays and chickadees
raccoons and squirrels
the tree that lost its
venerable
branches
one night
in a crackling
roar outside my window
the tree with the glowing lights
the little tree that made Christmas a miracle
the tree of life.
I saw the tree.

© Marianne Robinson
Spring 1994



Julie Bidou

Julie Bidou passed peacefully in her sleep at the age of 100. She had been living at the Granada Care House in Pinole since the summer of 2016. Julie was an incredible force who cared about and added much to the folk community during her life, and was also a part of the Buddhist community. Quirky Berkeley has a wonderful page on “Julie’s Place” concerts, which took place in Julie’s living room, at <http://quirkyberkeley.com/folk-music-at-julies-place/>

A memorial will be held at the Berkeley Fellowship of Unitarian Universalists Fellowship Hall on Saturday, June 2. We’ll pass along details as we have them.

Featured BFUU Events

Seder for Black Lives

Sunday, April 1 at 4:30 PM in Fellowship Hall – 1924 Cedar St.



Please call or text to RSVP: 510-301-5073

Chicken, Matzah Ball Soup and Seder Plates provided. Please bring a dish representing your culture — however you define it.

Hosted by PEACE Out Loud and sponsored by BFUU, and Kehilla Community Synagogue in partnership with the Jewish Community Relations Council.

Transition Berkeley Presents:

TOMORROW



TOMORROW

Thursday April 5 at 6:30 pm in Fellowship Hall–1924 Cedar St.

Please join us for a showing of the French documentary Tomorrow (Demain), by actress Melanie Laurent and eco-activist Cyril Dion, a globetrotting documentary focused on solutions to our environmental crisis.

Tomorrow provides a comprehensive look at ways in which activists, organizers and ordinary citizens are trying to make the world a

better, more sustainable place. It takes an optimistic view of the future and visits every corner of the earth to meet with men and women who are taking concrete, positive action for the planet.

Tomorrow shows communities taking power back from governments and corporations — a form of grassroots activism which may be the best way to undo the top-down policies that have set us on the fast track to destruction.

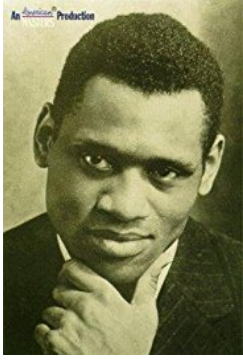
Come at 6:30 for meet-and-greet and bring vegetarian snacks or drinks to share if you can. Film begins at 7:00. Discussion will follow the film.

This event is cosponsored by Transition Berkeley and the BFUU SJC.

wwwTransitionBerkeley.org / Transition Berkeley Facebook page / info@transitionberkeley.com

Suggested Donation: \$5 – 20 to cover event costs. No one turned away for lack of funds.

Featured BFUU Events



Concious Projector for the 99% presents: **Here I Stand**

Thursday April 12 at 7PM in Fellowship Hall – 1924 Cedar St.

American Masters/Paul Robeson: Here I Stand presents the life and achievements of an extraordinary man. Athlete, singer, and scholar, Robeson was also a charismatic champion of the rights of the poor working man, the disenfranchised, and people of color. His story is one of the great dramas of the 20th century--spanning an international canvas of social upheaval and ideological controversy. Directed by St. Clair Bourne, narrated by Ossie Davis. 117 minutes.

Sponsored by the BFUU SJC. \$20 suggested donation. No one turned away for lack of funds.



ROY ZIMMERMAN: REZIST

Saturday April 21 at 7:30 PM in Fellowship Hall – 1924 Cedar St.

ReZist is ninety minutes of Roy Zimmerman's original songs, a funny and forceful affirmation of Peace and Social Justice. "Sometimes I think satire is the most hopeful and heartfelt form of expression," says Roy, "because in calling out the world's absurdities and laughing in their face, I'm affirming the real possibility for change."

Roy's songs have been heard on HBO and Showtime, and his videos have garnered tens of millions of views. He has recorded for Warner/Reprise Records. He's shared stages with Bill Maher, Ellen DeGeneres, Holly Near, Robin Williams, Arlo Guthrie, John Oliver, Kate Clinton and George Carlin, and tours the country constantly with his wife and co-writer Melanie Harby.

Sponsored by the BFUU SJC. \$20 suggested donation. No one turned away for lack of funds.

Recurring/Ongoing BFUU Events



T'ai Chi & Qi Gong with Gene Herman

Mondays, 4-5 PM in the Connie Barbour Room– 1606 Bonita Ave.

Wednesdays, 3-4 PM in the Connie Barbour Room– 1606 Bonita Ave.

This practice improves health and well-being at any age.



BFUU Choir Practice

Wednesdays at 7-8:30 PM in Fellowship Hall – 1924 Cedar St.

We practice songs for the Sunday services, learning melodies, and working on musicality.

During the first part of the evening, we focus on choir numbers with harmonies. From about 8 pm on, we practice the hymns we'll lead on Sunday. Everyone is welcome to join in for fellowship and to be able to sing more confidently and joyously on Sundays. Please invite your friends and neighbors. There's no pressure to sing in the choir on Sundays. These gatherings are something BFUU offers as a service to build community.

Orientation for Newcomers

Sunday, April 1 at 12:30 PM (after service) in the lobby of Fellowship Hall – 1924 Cedar St.

The Rev. Elena Rose Vera conducts an orientation for newcomers after service on the first Sunday of each month in the Fellowship Hall lobby. All are welcome, whether or not you are considering membership.

Recurring/Ongoing BFUU Events

Elders Circle

Tuesday, April 3 at 11 AM in Fellowship Hall – 1924 Cedar St.

BFUU Second Sundays Potluck*

Sunday, April 8 after service (12:30 PM) in Fellowship Hall– 1924 Cedar St.

Come one, come all! Whether you have a dish to share* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome!

**If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can eat and avoid those they can't eat.*



BFUU Writers Groups 1 and 2

1-Sunday, April 8 at 1 PM in the Preschool Room – 1606 Bonita Ave. - no animals

2-Sunday, April 22 PM in the Preschool Room – 1606 Bonita Ave. - service animals

Wheelchair accessible. Beginners welcome! Group 1 (2nd Sundays) is for those who are allergic to animals, and/or don't need to bring service dogs. Group 2 (4th Sundays) allows service animals. We include all levels and genres. After a 7-minute writing exercise, we write for an agreed-upon period of time. Then we read our work aloud and give each other positive feedback.

Pastoral Care

Tuesday, April 10 and Tuesday, April 24 at 2 - 6 PM in the Ministers' Office

Rev. Elena Vera will be offering open office hours for discussion and pastoral care at BFUU. She will also be available for pastoral meetings and visits by appointment. If you would like to schedule a time, please get in touch via RevElena@bfuu.org or contact the Caring Committee (caring@bfuu.org.)



The Hardly Strictly Acoustic Jam

Friday, April 13 at 7 PM in Fellowship Hall–1924 Cedar St.

Join us for BFUU's new jam session format. Come sit in our circle, share music, songs, poetry, excerpts from your new book, jokes and stories. We welcome all entertainers and entertainees to fill the Hall with performance, connection, and appreciation for all forms of art. Suggested donations of \$5 – \$20 No one turned away for lack of funds! Volunteers appreciated!



Uke Jam

Friday April 20 at 7 PM in the Preschool Room – 1606 Bonita Ave.

BFUU holds a uke jam once a month for those who want to experience more music in their lives. First time players are welcome and if you need to borrow a ukelele, let us know because we might be able to loan you one. If you have questions or want to let us know you're attending, please send your name and email address to jeffpalmer123@comcast.net for details on next meeting. Otherwise, please just drop in and join us! Welcome!

BFUU Board Meeting

Thursday, April 26 at 7:15 PM in Fellowship Hall – 1924 Cedar St.

2018 UUA General Assembly in Kansas City, Missouri



UUA GENERAL ASSEMBLY

UUA General Assembly June 20-24, 2018
Kansas City Convention Center, Kansas City, Missouri
Registration will open on March 1

All Are Called

Grounded in a deep belief that we are all prophets, Unitarian Universalists ask, “How can we faithfully meet the demands of our time?” The call to witness and act for justice in our society and in the world is clear. So, too, is the call to examine our structures and practices, dismantling and transforming those which fail to recognize the full humanity of all people and to honor the interdependent web of life. Join us in Kansas City as we dive deeply into questions of mission for our Unitarian Universalist Association, for our congregations and communities, and for each of us as individuals. Together, we’ll ask:

Who and how are we called to be at this time, individually and collectively?

How are we called to act and to live?

How does our Unitarian Universalist legacy strengthen us in living out our mission? In what ways does our legacy present challenges and impediments to answering our call?

The call of our faith has a place for each of us. Join us in Kansas City to build courageous, collective leadership with tools, skills, and connections.

Other Community Events held at BFUU



Benefit concert for Camp New Harmony

April 7 at 7pm, Fellowship Hall – 1924 Cedar St.

San Francisco Folk Music Club presents: Bob Reid, Occupella, Art Peterson, Doug Olsen (from Oak, Ash and Thorn), Amelia Hogan & Margaret Miles

A benefit for Camp Harmony’s campership fund, providing admission for folkies on limited incomes.

For more info, contact Amelia ameliaisaverb@gmail.com

\$20 suggested donation Catered food available for donation.



Women & Song, a women’s singing group

Directed by Deborah “DJ” Hamouris

April 26, 7 - 8:30pm in the Preschool Kitchen, 1606 Bonita Ave.

\$20-\$10, sliding scale

Women & Song is looking for a few good women to sing & laugh with us! At each rehearsal we learn traditional and contemporary songs & rounds, including some originals. Women & Song has been meeting regularly for over a decade and welcomes new singers. If you can hold your own on a round or maybe read a bit of music, you’re welcome!

Reserve your space: 510/910-2574 or deborahj@djhamouris.com

Fellowship Calendar April 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 Newcomer Orientation* 12:30 pm SJC Mtg* 4:30 pm Seder for Black Lives* 8 pm AA Mtg	2 3 pm MusCom (at Fatapples on MLK)* 4 pm T'ai Chi/ Qigong* 6 pm Tai Chi Chuan 6:30 ASCA 6:30 pm Soul Motion	3 7:30 am Augustine Fellowship 11 am Elders Circle* 7 pm AA Men's Mtg	4 3 pm T'ai Chi/ Qigong* 7 pm NA Men's Mtg 7 pm Choir Practice*	5 11:45 am AA Meditation 7 pm Transition Berkeley presents "Tomorrow"*	6 7 pm Soul Motion	7 9 am ASCA 6 pm Augustine Fellowship 7 pm Benefit for Camp New Harmony
8 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm 2nd Sunday Potluck* 12:30 BFUU Writers Group 1 no animals* 8 pm AA Mtg	9 4 pm T'ai Chi/ Qigong* 6 pm Tai Chi Chuan 6:30 ASCA 6:30 pm Soul Motion	10 7:30 am Augustine Fellowship 10 am Sunday Svcs Cttee Mtg* 2 pm Pastoral Care* 7 pm AA Men's Mtg	11 3 pm T'ai Chi/ Qigong* 7 pm NA Men's Mtg 7 pm Choir Practice*	12 11:45 am AA Meditation 7 pm Consc. Proj. for the 99% "Here I Stand"*	13 1:30 pm Aesthetics Subcttee Mtg* 7 pm The Hardly Strictly Acoustic Jam*	14 9 am ASCA 6 pm Augustine Fellowship
15 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm SJC Mtg* 8 pm AA Mtg	16 4 pm T'ai Chi/ Qigong* 6 pm Tai Chi Chuan 6:30 ASCA 6:30 pm Soul Motion	17 7:30 am Augustine Fellowship 7 pm AA Men's Mtg	18 3 pm T'ai Chi/ Qigong* 7 pm NA Men's Mtg 7 pm Choir Practice*	19 11:45 am AA Meditation 2:30 pm Personnel Committee (at Mike Garder's house)*	20 7 pm Uke Jam* 11 am Communicator Deadline	21 9 am ASCA 6 pm Augustine Fellowship 7:30 pm Roy Zimmerman: Resist*
22 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 BFUU Writers Group 2 svc animals* 12:30 Hospitality, Caring and Membership Mtg* 8 pm AA Mtg	23 4 pm T'ai Chi/ Qigong* 6 pm Tai Chi Chuan 6:30 ASCA 6:30 pm Soul Motion	24 7:30 am Augustine Fellowship 2 pm Pastoral Care* 7 pm AA Men's Mtg	25 3 pm T'ai Chi/ Qigong* 7 pm NA Men's Mtg 7 pm Choir Practice*	26 11:45 am AA Meditation 7:15 pm BFUU Board of Trustees Mtg* 7 pm Women & Song	27	28 9 am ASCA 6 pm Augustine Fellowship
29 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 BFUU Writers Group* 12:30 Hospitality, Caring and Membership Mtg* 8 pm AA Mtg	30 4 pm T'ai Chi/ Qigong* 6 pm Tai Chi Chuan 6:30 ASCA 6:30 pm Soul Motion					

* denotes Fellowship event

Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

BFUU OFFICE HOURS

Monday - Friday: 11 a.m. to 5 p.m.

BFUU OFFICE STAFF

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Susan Macke - Office Coordinator
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SUBMISSION DEADLINE FOR NEXT *COMMUNICATOR*: April 20

Please email newsletter@bfuu.org with submissions.

Address Correction Requested

Berkeley Fellowship of Unitarian Universalists

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