



THE BFUU COMMUNICATOR

Berkeley Fellowship of Unitarian Universalists

September 2017

Upcoming Sunday Services

Services at 10:30 a.m.

September 3: Water Communion *Rev. Elena Rose Vera, Worship Leader*



The waters of the world cycle through spring and cloud, river and sea, lake and dew, through living creatures and our own bodies. Join Rev. Elena Rose Vera as we celebrate the Unitarian Universalist tradition of Water Communion, where we bring together the waters of our own lives as tributaries to a great shared reservoir of community. Please feel welcome to bring a vessel of water from somewhere you have visited or that is of personal significance to you.

Please note also that Rev. Elena will meet with visitors and prospective members of BFUU in the lobby after the service, from 12:15 to 1:15PM.

September 10: Helpers and Heroes: the Sept. 11th Legacy

Holly Harwood, Lay Worship Leader

During a disaster, a time when most people are frozen in shock, the helpers and heroes jump into action. Where does their courage come from? In the aftermath of terrorism, how do we turn our grief and rage into effective action for peace? How do we keep from hating? How do we heal? We will explore these questions as we remember the heroes and helpers of Sept. 11th.



September 17: Spiritual Sentience *Rev. Marsh Agobert, Worship Leader*



What is sentience? It was once thought, in the western world at least, to be the dividing line between humans and all other living creatures (save God, for those who accepted that possibility). Are WE the only sentient beings on earth? Is there even one more species that is sentient in our galaxy, or perhaps in the vastness of The Universe? Are WE sentient? Do you care? If you're curious, show up for this. If you're not the least bit curious...well, maybe there's a good reason for that too.

September 24: Claire Eustace, Guest Worship Leader

We all benefit from play! Some of us recovering or still serious people need tools to help us integrate more play into our daily lives. This participatory service will include forms learned through InterPlay workshops. InterPlay is an affirmative movement and storytelling modality that helps integrate body, mind, and spirit. Practicing InterPlay forms is one way to counter stress and cynicism so that we can be strong warriors for peace.





Clergy & Staff

Reverend Marsh Agobert, *Minister*

Reverend Earl Koteen,
Community Minister

Reverend Elena Rose Vera, *Minister*

Susan T. Mashiyama, *Music Director*

Deborah Hamouris,
Event Space Coordinator

Susan Macke, *Office Coordinator*

Ed Keating, *Facilities Manager*

Richard Sandling, *Custodian*

Board of Trustees

Doug Chambers, *President*

Elayne Ryder, *Vice President*

Nanci Armstrong-Temple

Michael Gardner

Jeff Palmer

Judith Granada-Dewey, *Treasurer*
(Alternate)

Elinor Roberts (Alternate)

Committees

Aesthetics Subcommittee of B&G
Joanna Foley, *Chair*

Building & Grounds Committee
Abbot Foote, *Co-Chair*
Ben Burch, *Co-Chair*

Caring Community
Kathy Riehle, *Chair*

Committee on Ministry

Finance Committee
Ben Burch, *Co-Chair*
Abbot Foote, *Co-Chair*

Hospitality Committee

Membership Committee
Doug Chambers, *Chair*

Music Committee
Holly Harwood, *Chair*

Personnel Committee
Kathy Riehle, *Chair*

Poetry Committee
Holly Harwood, *Poet Laureate*

Religious Education (RE) Committee
Sharon Colligan, *Chair*

Social Justice Committee (SJC)

Sunday Services Committee
Joanna Foley, *Chair*

Hospitality Corner

We Welcome You. Are you an early bird? Come for early coffee and socializing, and help us prepare the Hall for worship. Mingle afterwards and visit the Welcome Table to sign cards, volunteer a dish for Second Sunday Potluck, and see what's coming up in the life of our Fellowship. Or just say hello! We're always happy to see you -- newcomers, old-timers, and everyone in between!

We Need You. We welcome donations of snacks and finger foods on Sunday, as well as heartier dishes for Second Sunday potluck. (Next Potluck is Sept. 10.) Remember to include a list of ingredients so all may enjoy safely. We often need extra hands in the kitchen: setting out goodies, and retrieving stray cups as we're winding down, are just a couple of ways to pitch in.

We Need Each Other Most of All. A warm greeting means a lot. Talk to people. It's good to be together.

Have questions or want to talk? See Elinor Roberts or Kathy Riehle after the service.

BFUU Board of Trustees - Officers

The BFUU Board of Trustees elected officers for FY 2017-2018 comprise:

Doug Chambers will continue as President.
email: BOTDoug@bfuu.org

Elayne Ryder will continue as Vice President.
email: BOTElayne@bfuu.org

Judith Granada-Dewey (Alt) will continue as Treasurer.
email: BOTJudith@bfuu.org

Nanci Armstrong-Temple continues as Board Member
BOTNanci@bfuu.org

Mike Gardner continues as Board Member
(BOTMike@bfuu.org)

Jeff Palmer continues as Board Member
BOTJeff@bfuu.org).

Elinor Roberts (Alt) continues as Board Member (Alt)
(BOTElinor@bfuu.org).

Soon, we will have Board of Trustees info on the website!

Community Voices

HAPPY
BIRTHDAY

Doug Chambers
Ruth Clifford
Chris Macy

Notes from the Hardly Strictly Acoustic Jam

Hi everyone, what a great time we had Friday night the 11th of August at our Jam session. We had a record turn out of 19 music lovers. Participants consisted of several of our regulars, which we are always happy to see, as well as some long time friends of Doug's from his school days in Massachusetts, how fun!



Members of our fast growing Ukulele Club joined us, we went around the circle taking turns and, as we did this, everyone else joined in to play along. It was great. We not only had music, but a few poets were present and shared their poetry with the group.

Of course our wonderful Christine Dickson prepared fantastic dishes to be shared by all.



If you missed this event please join us in September on the 8th.

Be happy, smile and play some music!



Regular Committee Meetings

Aesthetics(Subcom. of B&G)
1st Wednesday at noon
in the Benjy Room

Buildings & Grounds
Meets once per month,
contact Ben Burch

Caring
4th Sunday at 12:30 PM
in Fellowship Hall

Committee on Ministry
Meets as needed,
contact Abbot Foote

Finance
3rd Thursday at 4:30 PM
in the Fireside Room

Hospitality,
4th Sunday at 12:30 PM
in Fellowship Hall

Membership
4th Sunday at 12:30 PM
in Fellowship Hall

Music
1st Sunday 12:30 PM
in Fellowship Hall

Poetry Committee
Meets as needed
contact Holly Harwood

Social Justice
1st & 3rd Sunday 12:30 PM
in the Preschool Room

Sunday Svc
1st Tuesday at 6:30 PM
in the Preschool Kitchen

Featured BFUU Events



Fellowship Hall (1924 Cedar St) is accessible by a ramp on the Bonita Avenue side. The Preschool rooms are only reservable by BFUU groups and are accessible on the ground level of our Religious Education Building (1606 Bonita Ave). At this time the Connie Barbour, Fireside, and Benjy Rooms on the 2nd floor of our Religious Education Building are not wheelchair accessible.

Transition Berkeley Presents: Open Meeting & Discussion

“REPORTING BACK – LOOKING FORWARD”

SHARING WISDOM AND SHAPING THE FUTURE OF TRANSITION BERKELEY - JOIN US!

Thursday, September 7 at 6:30 PM refreshments, 7 PM program, in Fellowship Hall – 1924 Cedar St.



Transition Berkeley member **Bonnie Boruki**, will share insights from the US National Gathering in St. Paul, MN on approaches from different Transition Towns.

Transition Movement founder Rob Hopkins highlights the successes of the movement in his address to the conference.

Standing Rock leaders **Phyllis Young** and **Pearl Means** share inspiration via video.

Berkeley Transition Steering Committee member **Ayako Nagano** will report on the Transition work she witnessed going on in Cambridge, England this summer, while on sabbatical with her family. With a clearer view of what the Transition Movement can be around the world, we'll invite everyone to **envision what they would like the future of Transition Berkeley to be and how they can be part of it**. What new films would you like to see, what projects can we get involved with, how can we best influence our local government, businesses and organizations? Let's tap into the collective genius of ordinary people working together.

This event is sponsored by: Transition Berkeley and BFUU SJC. Email: info@transitionberkeley.com

Suggested Donation: \$5-20 to cover event costs. No one turned away for lack of funds!

Bring: A healthy vegetarian snack to share at 6:30 pm if you like!

Hardly Strictly Acoustic Jam

Friday, September 8 at 7 PM in Fellowship Hall—1924 Cedar St.



Join us for BFUU's new jam session format. Come sit in our circle, share music, songs, poetry, excerpts from your new book, jokes and stories. We welcome all entertainers and entertainees to fill the Hall with performance, connection and appreciations for all forms of art.

Suggested donations of \$5 – \$20

No one turned away for lack of funds! Volunteers appreciated!

Conscientious Projector for the 99% Presents A Special Film

Thursday, September 14 at 7 PM in Fellowship Hall – 1924 Cedar St.

Our social justice committee stalwarts have a great idea for a film and speaker and are trying to make it happen! Hopefully, it will be finalized by the time you read this. Please check www.bfuu.org/events

Ordination of Tom McAninley

Saturday, September 23 from 2:00 PM - 5:00 PM – BFUU Fellowship Hall – 1924 Cedar St.



Ordinations are a milestone marking the culmination of a faith journey that an individual and a congregation have taken together. Tom McAninley, his mentors, family, fellow political activists, and longtime friends will join The Berkeley Fellowship Of Unitarian Universalists in joyfully celebrating Tom's ordination to the Unitarian Universalist ministry. A social hour featuring food and fellowship will follow.

Featured BFUU Events, continued

A Night for the Buffalo: Buffalo Field Campaign

Friday, September 29 at 7 PM in Fellowship Hall—1924 Cedar St.

Marking 2 decades of front line action for the wild buffalo, the Buffalo Field Campaign 2017 Roadshow is coming to the Bay Area with a special 20th anniversary presentation. Co-founder Mike Mease brings engaging stories and films straight from the field, in the land of the buffalo, with music by Native American flutist Mignon Geli and special guests.

This event benefits the Buffalo Field Campaign.

Sliding scale at the door—no one turned away for lack of funds.

Sponsored by BFUU, Earth First! and the Bay Area Coalition for Headwaters

Info: 510-548-3113; bach@headwaterspreserve.org; buffalo fieldcampaign.org

The mission of the Buffalo Field Campaign (BFC) is to stop the harassment and slaughter of Yellowstone's last wild buffalo herds; protect the natural habitat of wild, free-roaming buffalo and other native wildlife; and work with all people—especially Indigenous Nations—to honor and protect the sacredness of the wild buffalo.



photo by: Stephany Seay, BFC

Recurring/Ongoing BFUU Events



T'ai Chi & Qi Gong with Gene Herman - No class on Labor Day Mon 9/4

Mondays, 4-5 PM in Fellowship Hall – 1924 Cedar St.

Wednesdays, 3-4 PM in Fellowship Hall – 1924 Cedar St.

This practice improves health and well-being at any age.



BFUU Choir Practice and Neighborhood Sing!

Wednesdays at 7 PM in the Preschool Kitchen – 1606 Bonita Ave.

We learn songs and arrangements (7-8pm), then sing those songs and others informally together (8-8:30pm). Join us for either or both parts of the evening! Please invite your friends and neighbors.

Elders Circle

Tuesday, September 5 at 11 AM in Fellowship Hall – 1924 Cedar St.

The BFUU Elders Circle meets at 11:00 AM on first Tuesdays in Fellowship Hall.

Orientation for Newcomers

First Sundays at 12:15 PM (after service) in the lobby of Fellowship Hall – 1924 Cedar St.

The Rev. Elena Rose Vera conducts an orientation for newcomers after service on the first Sunday of each month in the Fellowship Hall lobby. All are welcome, whether or not you are considering membership.

BFUU Second Sundays Potluck*

Sunday, September 10 after service (12:30 PM) in Fellowship Hall– 1924 Cedar St.

Come one, come all! Whether you have a dish to share* or not, we invite you to join us as we break bread in the spirit of loving community. If you can, please help us set up tables and chairs before and put them away afterward. In between, join in the bounty provided by members and friends. Members, friends, neighbors, and the wider community are welcome!

*If you bring a dish, please also bring a printed list of all ingredients so those with allergies, interactions and dietary restrictions can enjoy the dishes they can eat and avoid those they can't eat.



Recurring/Ongoing BFUU Events, continued



BFUU Writers Groups

1-Sunday, September 10 at 12:30 PM in the Preschool Room – 1606 Bonita Ave.-no animals

2-Sunday, September 24 at 12:30 PM in the Preschool Room – 1606 Bonita Ave.-service animals

Wheelchair accessible. Beginners welcome! Group 1 (2nd Sundays) is for those who are allergic to animals, and/or don't need to bring service dogs. Group 2 (4th Sundays) allows service animals. We include all levels and genres. After a 7-minute writing exercise, we write for an agreed-upon period of time. Then we read our work aloud and give each other positive feedback.

BFUU Board Meeting

Thursday, September 28 at 7:00 PM in Fellowship Hall – 1924 Cedar St.

Other Community Events held at BFUU



Women & Song, a women's singing group

Directed by Deborah "DJ" Hamouris

2nd & 4th Thursdays, 7 - 8:30pm, Preschool Kitchen, 1606 Bonita Ave.

\$20-\$10, sliding scale

Women & Song are looking for a few good women to sing & laugh with us! At each rehearsal we learn traditional and contemporary songs & rounds, including some originals. Women & Song have been meeting regularly for over a decade and welcome new singers. If you can hold your own on a round or maybe read a bit of music, you're welcome!

Reserve your space! 510/910-2574 or deborahj@djhamouris.com

UU Wider Community Events

The Justice Council and Young Adults of **First Unitarian Church in Oakland** invite you to a film showing on Tuesday September 12th at 8PM in Wendte Hall (685 14th St. Oakland.)

Indivisible: Love Knows No Borders is an award winning feature-length documentary film about the people at the heart of our nation's immigration debate and the fight to reunite families separated by deportation.

Donation requested. No one turned away! RSVP: oakland-indivisible.eventbrite.com

You are welcome to attend just the movie. We also encourage you to consider joining us for any part of the evening's activities:

6pm: Community Dinner; Taco Tuesday! Optional: bring a side to share.

6:45: A simple and soulful worship service.

7:30: Black Lives Matter vigil led by Pastor Jacqueline on the front patio.

7:45: Our guest speaker will say a few words before the movie.

8pm: INDIVISIBLE: Love Knows No Borders

For questions or more information, please contact Helen Duffy: helenmarrieduffy@gmail.com or Michelle Ma: m.michelle.ma@gmail.com

Fellowship Calendar September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Monday September 4 Labor Day BFUU Office CLOSED No BFUU Qigong/T'ai Chi Class					1 7 pm Soul Motion	2 9 am ASCA 6 pm Augustine Fellowship
3 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:15 Newcomer Orientation* 12:30 pm SJC Mtg* 12:30 pm MusCom* 8 pm AA Mtg	4 6 pm AA Men's Mtg 6:30 pm Soul Motion Labor Day Holiday BFUU Office CLOSED	5 7:30 am Augustine Fellowship 11 am Elders Circle* 6:30 pm Sunday Svcs Cttee Mtg* 7 pm AA Men's Mtg	6 12 pm Aesthetics Subcommittee Mtg* 3 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Choir Sing!*	7 11:45 am AA Meditation 7 pm Transition "Reporting Back - Looking Forward"	8 7 pm Hardly Strictly Acoustic Jam*	9 9 am ASCA 6 pm Augustine Fellowship
10 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm 2nd Sunday Potluck* 12:30 BFUU Writers Group 1 (no animals)* 8 pm AA Mtg	11 4 pm Tai Chi/Qigong* 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6:30 pm Soul Motion	12 7:30 am Augustine Fellowship 7 pm AA Men's Mtg	13 3 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Choir Sing!*	14 11:45 am AA Meditation 7 pm Women & Song 7 pm Conscientious Projector for the 99% Film*	15	16 9 am ASCA 6 pm Augustine Fellowship
17 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 pm SJC Mtg* 8 pm AA Mtg	18 4 pm Tai Chi/Qigong* 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6:30 pm Soul Motion 7 pm Ukulele Jam	19 7:30 am Augustine Fellowship 7 pm AA Men's Mtg	20 3 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Choir Sing!* October Communicator Deadline	21 11:45 am AA Meditation 7 pm Women & Song 7 pm BFUU Board of Trustees Mtg*	22	23 9 am ASCA 2 pm Ordination of Tom McAninley* 6 pm Augustine Fellowship
24 9:30 am Choir Rehearsal* 10:30 am Sunday Service* 12:30 BFUU Writers Group 2 (svc animals)* 12:30 Hospitality, Caring and Membership Mtg* 8 pm AA Mtg	25 6 pm Tai Chi Chuan 6 pm AA Men's Mtg 6:30 pm Soul Motion	26 7:30 am Augustine Fellowship 7 pm AA Men's Mtg	27 3 pm Tai Chi/Qigong* 7 pm NA Men's Mtg 7 pm Choir Sing!*	28 11:45 am AA Meditation 7 pm Women & Song 7 pm BFUU Board of Trustees Mtg*	29 7 pm Buffalo Field Campaign*	30 9 am ASCA 6 pm Augustine Fellowship

* denotes Fellowship event

Spiritual Growth and Social Justice in the Heart of Berkeley

Building character, enriching spirits, promoting community, and serving humankind through spiritual growth and social action.

BFUU OFFICE HOURS

Monday - Friday: 11 a.m. to 5 p.m.

BFUU OFFICE STAFF

Deborah Hamouris - Event Space Coordinator
Phone: 510-841-4824, ext. 3
Office Days: Tue, Wed & Fri
Email: rooms@bfuu.org

Susan Macke - Office Coordinator
Phone: 510-841-4824, ext. 1
Office Days: Mon, Tue, Thu & Fri
Email: office@bfuu.org

SUBMISSION DEADLINE FOR NEXT *COMMUNICATOR*: September 20

Please email newsletter@bfuu.org with submissions.

Address Correction Requested

Berkeley Fellowship of Unitarian Universalists

1606 Bonita Ave.
Berkeley, CA 94709